

# Mail Order Catalog

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Season 2011  
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Shirley Price  
*professional*  
AROMATHERAPY



Essential Oils, College kits, Care For synergies, Carrier oils, Hydrolats, Essentia Skincare, Body Balms and Hair care, Special products, Mother and child, Gifts, Vaporisers, Books and DVDs, Shirley Price International College of Aromatherapy, Essential Oils Therapists List

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2 Shirley Price Aromatherapy Limited, The Ol'Factory, 8 Hawley Road, Hinckley, Leicestershire LE100PR  
T: 01455 615466 F: 01455 615054 [www.ShirleyPrice.com](http://www.ShirleyPrice.com) [www.ShirleyPriceEssentia.com](http://www.ShirleyPriceEssentia.com)



Essentia by matt

## INTRODUCTION

Shirley Price Aromatherapy is devoted to providing products and training to the highest standards. The entire company ethos is built around the essential oils and herbal extracts and actives which are imported from all over the world. Much of our time is spent travelling the world visiting suppliers and customers in 40 countries to ensure only the best oils reach our Factory in Hinckley.

Quality control is exercised at all levels of production – right from the planting of the seeds to the day the finished bottle arrives safely in your hands.

We can confidently provide you with a product which reflects all our knowledge and expertise, and offer you excellent before and after-sales support., whether you need a specialised GLC trace or simply require advice on which product would suit your needs – we are here to help.

### The benefits to you

- The experience and care of hundreds of traditional farmers around the world growing plants with the minimum of interference under contract to produce specifically for aromatherapy.
- Stringent quality tests and procedures so strict suppliers have used them as a quality guarantee to their own customers. We ensure plants are grown in areas well away from pollution. We insist on high technical standards and checks and every single oil is double checked by the 'noses' in the lab.
- The guarantee that what you are buying is genuine. The quality of our oils is unsurpassed for their therapeutic effectiveness.
- There are cheaper grades of essential oils and carrier oils but we do not keep or handle in any way oils which are part synthetic or not of the first quality. Being natural products the costs tend to vary but by being a significant buyer of first quality oils we attempt to keep the price and availability to our customers as stable and consistent as possible.
- Our company has always had a policy of not using products tested on animals. Now it is possible to test cosmetic products in alternative more humane ways.

ORDERS DIRECT LINE 01455 615436

## ESSENTIAL OILS



### BENZOIN (RESINOID 50%) WILD CRAFTED

#### Styrax benzoin styraceae

Extracted from the tree grown in Sumatra, benzoin (a resin diluted in 50% benzyl alcohol) is a soothing, warming and rejuvenating oil with a sweet balsamic aroma. Ideal in massage or the bath to calm the mind and comfort the emotions. Blends well with cypress, orange and rose absolute.

#### BERGAMOT ORGANIC Citrus bergamia

Extracted from the rind of the fruit grown in Italy, bergamot is a bright, fresh and invigorating oil with a mellow citrus aroma. Ideal for vaporisation to freshen a room and uplift the emotions. Blends well with frankincense, geranium and lemongrass.

#### BLACK PEPPER ORGANIC Piper nigrum

Extracted from the peppercorn grown in India, black pepper is a fortifying, warming and penetrating oil with a woody spicy aroma. Ideal in massage or the bath to stimulate the mind and rejuvenate tired muscles. Blends well with bergamot, frankincense and rose absolute.

#### CEDARWOOD Cedrus Atlantica

This light brown to transparent oil has a delicate woody spicy aroma. Cedarwood was used as a preservative in the process of mummification. Cedar oil has a reputation for helping maintain healthy vibrant skin. It also aids respiration and encourages normal digestion.

#### CHAMOMILE (ROMAN) ORGANIC Chamaemelum nobile

Extracted from the flowers grown in England, this pale yellow oil when freshly distilled has a sharp fruity herbaceous odour "the still odour". Allow this odour to 'blow off' before use. Chamomile (Roman) is used in calming skin preparation ideal for young and older dry skin. Blends well with lavender, orange blossom (neroli) and rosewood-tomar.



#### CITRONELLA ORGANIC

##### Cymbopogon nardus

Extracted from the grass grown in Nepal, citronella is a fresh, antibacterial and deodorising oil with a fresh green aroma. Ideal for vaporisation to freshen a room and soothe the senses. Also an effective insect repellent. Blends well with frankincense, orange and lime.

##### CLARY SAGE ETHICALLY HARVESTED *Salvia sclarea*

Extracted from the herb grown in France, clary sage is a rich, warm and euphoric oil with a sweet herby aroma. Ideal in massage or the bath to soothe the skin and relax the mind. Blends well with sandalwood, bergamot and rosewood-tomar.

##### CYPRESS WILD CRAFTED *Cupressus sempervirens*

Extracted from the leaves of the tree grown in France, cypress is a purifying, uplifting and strengthening oil with a fresh woody aroma. Ideal in massage or the bath to regulate the skin and balance the emotions. Blends well with juniper, lemon tea-tree and frankincense.

##### EUCALYPTUS ORGANIC *Eucalyptus globulus*

Eucalyptus is a strong, fresh and stimulating oil with a piercing balsamic aroma. Ideal for vaporisation. Best known for its role in maintaining effective respiration. Eucalyptus is antiseptic and is known to soothe still joints and muscles after exercise. *E. Globulus* is not suitable for use with children and *E. staigeriana* is milder alternative. Blends well with grapefruit, peppermint and rosemary.

##### FRANKINCENSE WILD CRAFTED *Boswellia sacra*

Extracted from the resin of the tree grown in Somalia, frankincense is a spiritual, warm and tranquil oil with an oriental balsamic aroma. Ideal in massage or the bath to elevate the mind and bring peace to the senses. Blends well with bergamot, black pepper and sandalwood.



#### GERANIUM ETHICALLY HARVESTED

##### Pelargonium graveolens

This greenish oil has a heavy sweet aroma. Geranium is a balancing oil with uplifting qualities. Traditionally used to maintain a vibrant skin. The harmonising properties are favoured by women. May cause irritation to those with sensitive skin. Blends well with bergamot, lavender and lemongrass.

##### GINGER ORGANIC Zingiber officinale

Extracted from the root of the plant grown in Sri Lanka, ginger is a cheering, stimulating and comforting oil with a spicy and sharp aroma. Known for its warming and stimulating properties it aids digestion. Its warming effect makes it effective for soothing muscle aches. Ginger may irritate sensitive skin. Blends well with orange, geranium and rosemary.

##### GRAPEFRUIT ORGANIC Citrus x paradisi

Extracted from the rind of the fruit grown in South Africa, grapefruit is a sharp, refreshing and euphoric oil with a bittersweet citrus aroma. Ideal for vaporisation to rejuvenate the spirit and revive the senses. Blends well with frankincense, rosemary and lemon tea-tree.

##### JASMINE ABSOLUTE ETHICALLY HARVESTED Jasminum grandiflorum

Extracted from the flowers grown in India, jasmine is a deep, rich and exotic oil with a voluptuous floral aroma. Ideal in luxury massage preparations to rejuvenate the skin and stimulate the senses. Blends well with mandarin, rose absolute and ylang-ylang.

##### JUNIPER ORGANIC Juniperus communis

Extracted from the berries of the fruit grown in Nepal, juniper is a refreshing, purifying and strengthening oil with a woody green aroma. Ideal in massage or the bath to invigorate the mind and purify the skin. Blends well with cypress, clary sage and sandalwood.

Lavendula Angustifolia Oil is widely used due to its antiseptic, soothing, relaxing properties. ShirleyPrice true essential oil, resins and absolutes are the finest available. As supplied to professional aromatherapists. Your purchase supports the Shirley Price International College of Aromatherapy. Thankyou. SAFETY Material Safety Data see [www.ShirleyPrice.com](http://www.ShirleyPrice.com), leaflet or carton. Store in a cool dark place. Best within 12 months of opening. USE: 4-5 drops on a tissue,vaporiser or bath. For massage blend 15 drops (0.75ml) in 50ml of carrier oil or white lotion. R10 INFLAMMABLE. HARMFUL: For diluted external use only. R38, R52/53, R65. S62 If swallowed drink water do not induce vomiting which may cause lung damage. Seek medical attention immediately and show this label or carton. BEFORE USE: If you have a medical condition, skin allergies, are pregnant, consult your Doctor, health visitor or qualified aromatherapist. See [www.IFPAroma.org](http://www.IFPAroma.org) for a therapist local to you. Keep away from children and the eyes. Asthmatics should not inhale essential oils.

10ml e 0.33 US Fl. Oz.

100% Pure with no synthetics added. Contains 38-42% Esters. Naturally contains max Limonene 1%, Linalool 47%, Geraniol 1%. Against animal testing. MANUFACTURER Shirley Price Aromatherapy Ltd, Hinckley, England. T:01455 615466

Batch No: Expiry: Certification: Origin: Barcode

SOIL ASSOCIATION ORGANIC

HARMFUL

#### LAVENDER ORGANIC *Lavandula angustifolia*

Lavender's pale yellow to transparent oil has a typically sweet, floral and herbaceous odour. Lavender is noted for its ability to stimulate the regenerative process and relieve the pain of burns. Distilled from the flowers grown in France (or whole plant in an officinalis), Ideal in massage or the bath to soothe the skin and calm the mind. Blends well with bergamot, c1ary sage and geranium.

#### LEMON ORGANIC *Citrus limon*

Extracted from the rind of the fruit grown in Italy, lemon is a light, Yellow green refreshing and cheering oil with a sharp citrus aroma. The oil is antiseptic, stimulates circulation and helps maintain a more alert responsive attitude to life. Ideal for vaporisation to freshen a room and invigorate the mind and senses. Some people may be sensitive to lemon and this sensitivity increases in sunlight or under tanning lights. Blends well with ginger, lavender and lemon tea-tree.

#### LEMON TEA-TREE ORGANIC *Leptospermum petersonii*

Extracted from the leaves of the herb grown in South Africa, lemon tea-tree is a fresh, boosting and antibacterial oil with a vigorous fruity aroma. Ideal in skin care preparations to deep cleanse and purify the skin. Blends well with cypress, juniper and rosemary.

#### LEMONGRASS ORGANIC *Cymbopogon flexuosus*

Distilled from the grass grown in India, lemongrass is a sharp, zesty and lively oil with a sweet fruity aroma. Ideal for vaporisation to freshen a room and invigorate the senses. Blends well with grapefruit, geranium and rosemary.



#### LIME ORGANIC

##### Citrus x aurantifolia

Extracted from the rind of the fruit grown in South Africa, lime is a lively, stimulating and uplifting oil with a bittersweet citrus aroma. Ideal for vaporisation to freshen a room and restore a tired mind. Blends well with clary sage, lavender and sandalwood.

##### MANDARIN ORGANIC Citrus reticulata

Extracted from the rind of the fruit grown in Italy, mandarin is a sweet, gentle and soothing oil with a tangy citrus aroma. Ideal in massage or the bath to soothe the mind and comfort the emotions. Blends well with orange blossom (neroli), lemon and sandalwood.

##### MARJORAM (SPANISH) WILD CRAFTED Thymus mastichina

Extracted from the herb grown in Spain, marjoram (Spanish) is a stimulating, fortifying and warming oil with a rich herby aroma. Ideal in massage or the bath to strengthen the mind and relieve tired muscles. Blends well with rosemary, lemongrass and grapefruit.

##### MAY CHANG ETHICALLY HARVESTED

##### Litsea cubeba

Extracted from the rind of the fruit grown in China, may chang is a positive, bright and happy oil with a fizzy fruity aroma. Ideal for vaporisation to bring cheer and revitalise the senses. Blends well with geranium, rosewood-tomar and orange.

##### ORANGE ORGANIC

##### Citrus sinensis

Extracted from the rind of the fruit grown in Italy, orange is a zesty, refreshing and sunny oil with a rounded citrus aroma. Ideal for vaporisation to uplift the mind and revitalise the senses. Blends well with frankincense, citronella and ginger.



#### ORANGE BLOSSOM (NEROLI) ETHICALLY HARVESTED

*Citrus x aurantium*

Extracted from the flowers grown in Tunisia, orange blossom (otherwise known as neroli), is an exquisite, euphoric and soft oil with a delicate floral aroma. Ideal in luxury massage preparations to uplift the mind and calm the senses. Blends well with bergamot, chamomile (Roman) and rose absolute.

#### PATCHOULI ORGANIC

*Pogostemon cablin*

Extracted from the leaves of the herb grown in Indonesia, patchouli is an earthy, spicy and mystical oil with a sweet woody aroma. Ideal in massage or the bath to unwind the mind and relax the body. Blends well with bergamot, geranium and lavender.

#### PEPPERMINT ORGANIC

*Mentha piperita*

Extracted from the herb grown in France at the foot of the pyrenees, peppermint is a strong, menthol-rich and refreshing oil with a sharp herby fragrance. Ideal for vaporisation to cleanse a room and alert the senses. Blends well with eucalyptus, lavender and rosemary.

#### PINE (FOREST) WILD CRAFTED *Pinus sylvestris*

Extracted from the tree grown in Hungary, forest pine is a bracing, clear and bright oil with a fresh green aroma. Ideal in massage or the bath to refresh the mind and rejuvenate the skin. Blends well with juniper, lavender and cypress.

#### ROSE (ABSOLUTE) ETHICALLY HARVESTED *Rosa centifolia*

Extracted from the flowers grown in France, rose absolute is a deep, sweet and euphoric oil with an intense floral aroma. Ideal in luxury massage preparations to nurture and balance the emotions. Blends well with jasmine, lavender and orange blossom (neroli).

#### ROSE OTTO ETHICALLY HARVESTED *Rosa damascena*

Extracted from the flowers grown in Bulgaria, rose otto is a soft, warm and sensual oil with a sweet floral aroma. Ideal in luxury skin care preparations to soothe, nourish and tone. Blends well with geranium, jasmine and sandalwood.

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## ROSEMARY ORGANIC

### Rosmarinus officinalis

Distilled from the herb grown in Tunisia and France, rosemary is a bright, refreshing and penetrating oil with a bracing herby aroma. Ideal in massage or the bath to stimulate the mind and relieve tired muscles. Blends well with grapefruit, lavender and lemongrass.

### ROSEWOOD-TOMAR ORGANIC Zanthoxylum armatum

Extracted from the seed of a bush grown in Nepal, rosewood-tomar is a supportive, soothing and uplifting oil with a fresh floral aroma. Ideal in Blends well with ylang-ylang, lavender and rose absolute.

### SANDALWOOD WILD CRAFTED Santalum album

Extracted from the wood grown in India, sandalwood is a serene, calming and spiritual oil with a rich woody aroma. Traditionally burnt by middle eastern drides on honeymoon it is an ideal oil for male use to relax and ground the mind. We offer New Caledonian grown sandalwood as an alternative to Indian sandalwood. Blends well with patchouli, bergamot and geranium.

### TEA-TREE ORGANIC Melaleuca alternifolia

Distilled from the leaves of the tree grown in Australia, tea-tree is a powerful, bracing and anti-bacterial, anti-fungal and anti-viral oil with a fresh herby aroma. Ideal in skin care preparations to deep cleanse and improve the balance of the skin. Blends well with eucalyptus, lemon and rosemary.

### YLANG-YLANG ORGANIC

#### Cananga odorata

Distilled from the flowers of the tree grown in Madagascar, ylang-ylang is an exotic, sensual and euphoric oil with a sweet floral aroma. Ideal in massage or the bath to relax the mind and stimulate the senses. Blends well with bergamot, lavender and clary sage.

## COLLEGE KITS

We are proud to have supplied 150 colleges with college kits.

Shirley Price products are the first choice for college lecturers, students and professional aromatherapists in 40 countries around the world. For 24 years our founders Shirley and Len Price worked to advance the art and science of aromatherapy to a point where it attracts the serious attention of medical professionals, work continued today by Dr Jane Buckle who in recent years has done so much to advance the aromatherapy profession in the United States. Partnerships with health professionals throughout the world has led to further research and progress.

This information is continuously taught and advanced by the Shirley Price International College of Aromatherapy and its satellite schools worldwide. Together these schools have trained more students for a career in professional aromatherapy than any other.

A full list of college kits is on [www.ShirleyPrice.com](http://www.ShirleyPrice.com).

[Students handout](#)



## SHIRLEY PRICE CARE FOR RANGE

The essence of aromatherapy is creating blends of essential oils for specific purposes. Shirley Price developed a unique range of pre mixed oils which are ready to use straight from the bottle and which have been found deal with the most common ailments in theory and in practice.

Each mix is a synergistic blend of carefully chosen pure essential oils. Instructions for use of the Care For range are indicated on the label. One of Shirley Price's books is called Aromatherapy for Common Ailments. It describes how essential oils with similar and complimentary properties can be combined and used to help us. Sp provides premixed Care For oils. Care for synergies are also available blended in parabens free bases with organic moisture cream, organic white lotion and grapeseed oil. Also in organic sunflower or sesame oil in sizes of 100ml, 200ml to our distributors order:



### AIRWAYS – NOSE, SINUS, THROAT

Essential oils of Basil, Eucalyptus, Lavender and Peppermint. Inhale this cleansing blend of oils or add a few drops to your bath daily. Use in a carrier lotion on the face, particularly on the nose and cheek bones, to free your nasal passages.

Size: 10ml / 125ml Code: 2080 / 2081 (lotion)



### AFTER FLIGHT, TRAVEL BOOST

Essential oils of Juniper, Eucalyptus and Lemongrass. After flight and travel  
An invigorating, energising blend of uplifting oils which can help reduce the effects of differing time zones.

Size: 10ml Code: 2005



### CELLULITE

Essential oils of Fennel, Juniper, Patchouli, Rosemary and Sage. A blend of oils specially selected for their cleansing properties. Used regularly, this blend will reduce the unsightly dimples associated with cellulite.

Size: 10ml / 125ml Code: 2010 / 2014 (oil) / 2017 (lotion)



#### CIRCULATION

Essential oils of Benzoin, Black pepper, Juniper, Rosemary. A stimulating blend of oils to help maintain a healthy circulation and bring tone to the body and skin. Available as a pure essential oil mix to add to the bath or a ready mixed oil to be applied daily for best results.

Size: 10ml / 125ml Code: 2020 / 2024 (oil)



#### CLEAR HEAD

Essential oils of Eucalyptus, Lavender, Peppermint and Marjoram. Clear head  
This blend combines oils known for their clarifying properties. This natural preparation revives, refreshes and soothes the mind.

Size: 10ml / 125ml Code: 2035 / 2037 (lotion)



#### EASY BREATHE

Essential oils of Eucalyptus, Hyssop, Peppermint, Pine and Thyme.  
Inhale this cleansing blend of oils or add a few drops to your bath daily. Use in a carrier lotion on the face, particularly on the nose and cheek bones, to free your nasal passages.

Size: 10ml / 125ml Code: 2080 / 2081 (lotion)



#### FATIGUE

Essential oils of Bergamot, Black Pepper, Eucalyptus and Lemongrass. This blend will keep the mind alert and responsive even at the end of the day. Especially appropriate for use in the car. Use in a vaporizer or inhale directly by placing a few drops of oil on a tissue.

Size: 10ml / 125ml Code: 2030 / 2030 (oil)



### MUSCLES

Essential oils of Eucalyptus, Juniper, Lemon, Rosemary and Marjoram. This blend is ideal for tired and stiff muscles if used in the bath or in a ready mixed oil/lotion. It is effective for use before and after sport, helping to prevent cramp and induce relaxation as well as for everyday aches and pains.

Size: 10ml / 125ml Code: 2060 / 2064 (oil) / 2067 (lotion)

### Problem skin

To care for problem skins, this normalizing blend of essential oils in a lotion is ideal. Use daily as required on dry, flaky or itchy skin.

Size: 125ml Code: 2075 (lotion)



### JOINTS

Essential oils of Eucalyptus, Juniper, Rosemary and Origanum. Available as a pure essential oil mix at add directly to the bath. Also available as a carrier oil or lotion to massage into appropriate areas twice daily.

Size: 10ml / 125ml Code: 2040 / 2044 (oil) / 2047 (lotion)



### REST

Essential oils of Basil, Juniper, Lavender and Marjoram. Known for their soothing and relaxing characteristics, these oils have been blended to help you rest naturally and deeply during the night. A few drops on a tissue and placed either within your pillowcase or in the pocket of your pyjamas is the most effective, or use 4—6 drops of the mix in a warm bath

Size: 10ml Code: 2085



#### RESPIRATORY

Essential oils of Basil, Eucalyptus, Hyssop, Lavender and Peppermint. A tranquil, soothing blend. Inhale to help maintain healthy lungs. This blend is used for aiding effective respiration.

Size: 10ml Code: 2075



#### STRESS

Essential oils Basil, juniper, Lavender and Sandalwood. This popular blend is an invaluable aid to relaxation during a busy or stressful day. It eases feelings of tiredness, leaves you more relaxed, lessens tension and restores calmness

Size: 10ml / 125ml Code: 2090 / 2094 (oil) / 2097 (lotion)



#### STRETCHMARKS

Essential oils Frankincense, Lavender, Lemongrass and Neroli. This carefully selected blend of essential oils, when used in the bath, will help keep skin supple and elastic. Use 4 - 5 drops in a warm bath from the 4th month of pregnancy. It can also be applied, in a carrier oil, twice daily from the 4<sup>th</sup> month of pregnancy or during weight loss to maintain skin tone.

Size: 10ml / 125ml Code: 2100 / 2104 (oil)

#### VISIBLE VEINS

Essential oils Frankincense, Lavender, Lemongrass and Neroli. To care for your legs, we have prepared a blend of especially selected essential oils. Especially useful where veins are visible in the calves and thighs

Size: 10ml / 125ml  
Code: 2110 / 2114 (oil)

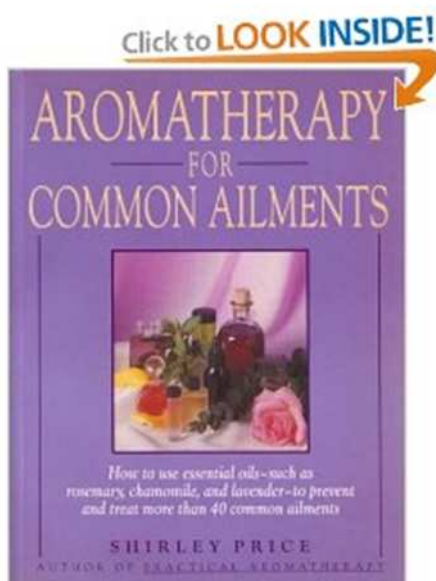


#### WOMEN

Essential oils of Roman Chamomile, Clary Sage, Lavender, Sage and Melissa. This special blend is formulated with oils noted for their balancing and normalizing effects.

Size: 10ml / 125ml Code: 2120 / 2127 (oil)

you can find many more care for mixes including antimicrobial, immune boost on [www.ShirleyPrice.com](http://www.ShirleyPrice.com)



## **Aromatherapy for Common Ailments: How to Use Essential Oils--Such as Rosemary, Chamomile, and Lavender--To Prevent and Treat More than 40 Common Ailments**

Click to look inside on Amazon.com

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Sp also recommends a download from Essential Training

#### HOW ESSENTIAL OILS ARE USED

44 oils for 46 conditions For students and practitioners alike we recommend this online training manual. Just just £8.99 [Buy now](#)

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## PRODUCT SUMMARY OF CARE FOR BESTSELLERS

data	barcode	code	CARE FOR COMMON AILMENTS FOR DIFFUSERS AND BODY OIL
165	96015070	2105	Abdominal discomfort true e.o. mix
166	96015087	2005	After flight pure essential oil mix
167	96015094	2080	Airways pure essential oil mix
168	96015100	2010	Cellulite true essential oil mix
169	96015117	2020	Circulation Boost true essential oil mix
170	96015124	2035	Clear head true essential oil mix
171	96015131	2070	Easy breathe winter chills true e.o. mix
172	96015148	2030	Fatigue true essential oil mix
173	96015155	2032	Feet Easy true essential oil mix
174	96015162	2083	Immune Boost true essential oil mix
175	96015179	2040	Joints mobility true essential oil mix
176	96015186	2001	Naturally antimicrobial true essential oil mix
177	96015193	2060	Muscle Ease true essential oil mix
178	96015209	2073	Problem skin true essential oil mix
179	96015216	2050	Respiratory Special P.true e.o. mix
180	96015223	2085	Rest true essential oil mix
181	96015230	2090	Stresses & strains true e.o. mix
182	96015247	2100	Stretch marks true essential oil mix
183	96015254	2110	Visible veins true essential oil mix
184	96015261	2120	Woman Special M true essential oil mix
			BODY OILS - CARE FOR COMMON AILMENTS READY MIXED IN OIL OR WHITE LOTION - Bestsellers
185	96015278	2081	Airways winter chills ready mixed lotion
186	96015285	2017	Cellulite ready mixed lotion
187	96015292	2014	Cellulite ready mixed oil
188	96015308	2024	Circulation ready mixed oil
189	96015315	2037	Clear head ready mixed lotion
190	96015322	2034	Fatigue ready mixed oil
191	96015339	2047	Joints ready mixed lotion
192	96015346	2044	Joints ready mixed oil
193	96015353	2067	Muscles after sport ready mixed lotion
194	96015377	2064	Muscles after sport ready mixed oil
195	96015384	2075	Problem skin ready mixed lotion
196	96015391	2097	Stresses & strains ready mixed lotion
197	96015407	2094	Stresses & strains ready mixed oil
198	96015414	2104	Stretch marks ready mixed oil
199	96015421	2114	Visible veins ready mixed oil
200	96015438	2127	Woman ready mixed lotion

## CARE FOR THE SENSES

			CARE FOR THE SENSES FOR DIFFUSERS AND BODY OIL		
201	96015445	CFM01	Uplifting essential oil mix		10
202	96015452	CFM02	Relaxing essential oil mix		10
203	96015469	CFM03	Anxiety essential oil mix		10
204	96015476	CFM04	Agitation essential oil mix		10
205	96015483	CFM05	Confidence essential oil mix		10
206	96015490	CFM06	Despair essential oil mix		10
207	96015506	CFM07	Detox essential oil mix		10
208	96015513	CFM08	Exotic essential oil mix		10
209	96015520	CFM09	Feet easy essential oil mix		10
210	96015537	CFM10	Forgiveness essential oil mix		10
211	96015544	CFM11	Guilt essential oil mix		10
212	96015551	CFM12	Motivation essential oil mix		10
213	96015568	CFM13	Panic essential oil mix		10
214	96015575	CFM14	Restlessness essential oil mix		10
215	96015582	CFM15	Sensuality essential oil mix		10
216	96015599	CFM16	Abdominal care massage oil		
			READY MIXED MASSAGE OILS		
217	96015605	LA04	Cellulite massage oil		100
218	96015612	LA05	Destress massage oil		100
219	96015629	LA06	Detoxify massage oil		100
220	96015636	LA07	Just coconut		100
221	96015643	LA08	Relaxing massage oil		100
222	96015650	LA09	Sensuality massage oil		100
223	96015667	LA10	Sensuality massage Oil for him		100
224	96015674	LA11	Sensuality massage Oil for her		100
225	96015698	LA12	Muscles ready mixed oil		100

## CARRIER OILS

SP supply a wide range of carrier oils including our signature oil of jojoba obtained freshly from the argentine plantations of Eco-Oils.



**Perfectly Complementary**  
Organic Carrier Oils from  
Shirley Price Aromatherapy  
and *Carrier Oils for Aromatherapy  
and Massage* by Len Price

Our range of Organic Carrier Oils bearing the Soil Association Certification:

- Almond Sweet, Apricot
- Argan, Arnica in Sunflower
- Avocado, Borage, Calendula
- Calophyllum, Carrot seed in Sunflower, Jojoba, Macadamia, Olive, Rosehip, Sesame, Sunflower, St Johns Wort in Sunflower, Wheatgerm



The first and still the best text on the use and chemistry of carrier oils, currently in an expanded 4th edition



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## Shirley Price - Carrier oils and lotions

All our carrier oils are produced by natural methods, without extreme heat, chemical interference or additives of any kind.

General instructions for use: add 15 drops of essential oil to 50ml of carrier oil or lotion.



Almond, *prunus dulcis*

Almond (sweet) is one of the most commonly used cold pressed carrier oils. It is known for its revitalizing and gently soothing properties.

Size: 125ml Code: 3005

Apricot, *prunus armeniaca*

Apricot is rich in vitamins. It is a natural moisturizer and helps to prevent itchy skin.

Size: 125ml Code: 3010

Avocado, *persea gratissima*

Avocado is a penetrating oil and invaluable when added to massage preparations for dry skin. It is rich in lecithin and vitamins A, B and D and sometimes appears cloudy due to the oil not being refined.

Size: 125ml Code: 3015

Calendula, *calendula officinalis*

Calendula oil is produced by steeping marigold blossoms in sunflower oil. It is known for its gentle and soothing qualities that aid the natural regenerative process.

Size: 125ml Code: 3020

Carrier oil mix, *persea gratissima*, *vitis vinifera* and *triticum vulgare*

This blend is formulated by Shirley Price Aromatherapy, consists of avocado, grapeseed and wheatgerm. It penetrates the skin easily, leaving it feeling smooth and soft. The added wheatgerm acts as a natural preservative and the avocado enriches the mix.

Size: 125ml Code: 3021



Carrot, *daucus carota*

True carrot oil is rich in beta-carotene and vitamins A, B, C, D, E and F. It makes an excellent skin tonic and is particularly good for delaying the ageing process.

Size: 50ml Code: 3025

Evening primrose, *oenothera biennis*

In aromatherapy evening primrose oil is used for its naturally soothing and regenerative properties on the skin.

Size: 50ml Code: 3030

Grapeseed, *vitis vinifera*

A fine, light oil it is not too greasy and is quickly absorbed into the skin, making it an excellent medium for massage without leaving the skin feeling greasy.

Size: 125ml Code: 3035

Hazelnut, *corylus avellana*

Hazelnut is particularly beneficial to a combination or oily skin. It is astringent and stimulating to the circulation.

Size: 125ml Code: 3040

Hypericum, *hypericum perforatum*

Also known as St John's Wort. It is produced by steeping the St John's Wort flower in olive oil, with added plant properties.

Size: 125ml Code: 3045

Joboba, *simmondsia chinensis*

Joboba, in fact, is not an oil but a liquid wax. It is extracted from the seed of the plant and is noted for its protective barrier properties when rubbed onto the skin.

Size: 50ml Code: 3050

Lime blossom, *tilia europaea*

Lime blossom has been said to help wrinkles and can be used as an emollient.

Size: 50ml Code: 3055



Macadamia, *macadamia integrifolia*

Macadamia helps to replenish lost sebum in a dry skin and is highly emollient, making it essential for the older woman.

Size: 125ml Code: 3060

Melissa, *melissa officinalis*

Melissa is beneficial for use on dry and mature skins.

Size: 50ml Code: 3065

Peachnut, *prunus persica*

Peachnut oil comes from the kernel and is revitalizing and luxurious. It is a moisturizing oil, which will soften the skin.

Size: 125ml Code: 3070

Rosehip, *rosa canina*

Being a tissue regenerator, rosehip is ideal to use on the skin to help prevent premature ageing, minimize wrinkles and reduce scar tissue.

Size: 50ml Code: 3075

Sunflower, *helianthus annuus*

Sunflower oil is ideally suited for its use in aromatherapy for a normal to dry skin. It gives a smooth satin finish and is rich in vitamin E.

Size: 125ml Code: 3080

Wheatgerm, *triticum vulgare*

Wheatgerm is a rich oil and is excellent for dry, mature skin. It contains proteins and vitamins, including vitamin E. It can be too heavy to use on its own, being easier to use if a small amount is added to a lighter oil such as grapeseed. Wheatgerm is a natural preservative.

Size: 125ml Code: 3085

White lotion

This is a unique blend made up entirely of vegetable products and has been especially formulated by Shirley Price Aromatherapy. It is a perfect carrier for essential oils, being non-greasy and easy to apply. White lotion is easily absorbed into the skin, leaving it smooth and grease free.

Size: 125ml Code: 3090

			CARRIER OILS		
226	96013311	3005	Almond ( <i>Prunus dulcis</i> )		125
227	96013311	3006	Almond ( <i>Prunus dulcis</i> )		500
228	96013311	3007	Almond ( <i>Prunus dulcis</i> )		1000
229	96013328	3010	Apricot ( <i>Prunus armeniaca</i> )		125
230	96013335	3011	Argan Oil ( <i>Argania spinosa</i> )		125
231	96013342	3015	Avocado ( <i>Persea gratissima</i> )		125
232	96013359	3016	Blackseed		125
	*	3017	Borage		125
233	96013366	3020	Calendula ( <i>Calendula officinalis</i> )		125
234	96013373	*	Camellia Oil infused Oil		125
235	96013380	3024	Camellia seed Oil Expressed		125
236	96013397	3021	Carrier oil mix (avacado, grapeseed & wheatgerm)		125
237	96013397	3022	Carrier Oil Mix		500
238	96013397	3023	Carrier oil mix		1000
239	96013403	3025	Carrot ( <i>Daucus carota</i> )		50
240	96013410	3028-125	Coconut (fractionated)		125
241	5025412002683	3028-500	Coconut (fractionated)		500
242	5025412002690	3028-1000	Coconut (fractionated)		1000
243	96013427	3030	Evening primrose ( <i>Oenothera biennis</i> )		50
244	96013434	3031	Flax (Linseed)		125
245	96013441	3035	Grapeseed ( <i>Vitis vinifera</i> )		125
246	5025412002706	3036	Grapeseed ( <i>Vitis vinifera</i> )		500
247	5025412002713	3037	Grapeseed ( <i>Vitis vinifera</i> )		1000
248	96013458	3040	Hazelnut ( <i>Corylus avellana</i> )		125
249	96013465	3041	Hemp seed		125
250	96013472	3050-50	Jojoba Golden ( <i>Simmondsia chinensis</i> )		50
251	5025412002720	3050-125	Jojoba Golden ( <i>Simmondsia chinensis</i> )		125
252	5025412002737	3050-500	Jojoba Golden ( <i>Simmondsia chinensis</i> )		500
253	5025412002744	3050-1000	Jojoba Golden ( <i>Simmondsia chinensis</i> )		1000
254	96013489	3051-50	Jojoba Clear ( <i>Simmondsia chinensis</i> )		50
255	5025412002751	3051-125	Jojoba Clear ( <i>Simmondsia chinensis</i> )		125
256	96013496	3055	Lime blossom ( <i>Tilia europaea</i> )		50
257	96013502	3060	Macadamia ( <i>Macadamia integrifolia</i> )		125
258	96013519	3065	Melissa ( <i>Melissa officinalis</i> )		50
259	96013526	3062	Mustard		125
260	96013533	3063	Moringa oil		125
261	96013540	3064	Neem		125
262	96013557	3045	Hypericum ( <i>Hypericum perforatum</i> )		125
263	96013564	3067	Passionflower		125
264	96013571	*	Passionfruit		125
265	96013588	3070	Peachnut ( <i>Prunus persica</i> )		125

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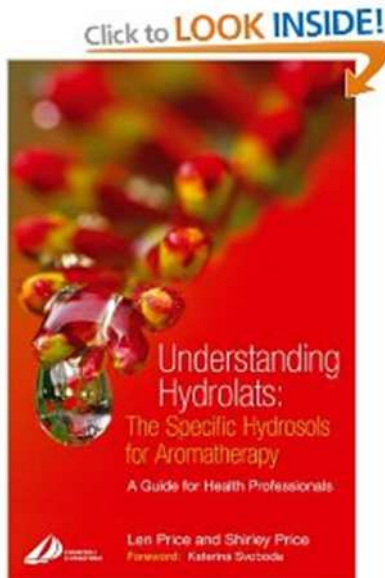
266	96013595	3071	Pomegranate	125
267	96013601	3074	Pumpkin seed	125
268	96013618	3075	Rosehip (Rose canina)	50
269	96013625	3080	Rosehip organic	125
270	96013632	3081	Safflower	125
271	96013649	3085	Sesame	125
272	96013656	3090	Soya	125
273	96013663	3091	St Johns Wort/Hypericum	125
274	96013670	3092	Starflower (Borage)	125
275	96013687	3080G	Sunflower (Helianthus annuus)	125
276	5025412002768	3080J	Sunflower (Helianthus annuus)	500
277	96013694	3091-PF	Wheatgerm (Triticum vulgare)	125
278	96013700	3092-PF	White lotion	125
			White lotion	150
279	96013717	*	White lotion	500
280	5025412002775	*	White lotion	1000
281	5025412002782	*	White lotion (paraben free)	125
			White lotion (paraben free)	150
282	5025412002799	*	White lotion (paraben free)	500
283	5025412002805	*	White lotion (paraben free)	1000

#### ORGANIC CARRIER OILS

284	96014455	3005O	Organic Almond Sweet	125
285	96014462	*	Organic apricot	125
286	96014479	3018O	Organic Argan	125
287	96014486	3019O	Organic Arnica in Sunflower Oil	125
288	96014493	3015O	Organic Avocado	125
289	96014509	3019O	Organic Borage	125
290	96014516	3020O	Organic Calendula	125
291	96014523	3024O	Organic Calophyllum	125
292	96014530	3025O	Organic Carrot seed in Sunflower Oil	125
293	96014547	3050O	Organic Jojoba	125
294	96014554	3060O	Organic Macadamia	125
295	96014561	3065O	Organic Olive Oil	125
296	96014578	3075O	Organic Rosehip Oil	125
297	96014585	3079O	Organic Sesame	125
298	96014592	3080O	Organic Sunflower	125
299	96014608	3084O	Organic St Johns Wort in Sunflower Oil	125
300	96014615	*	Organic Wheatgerm Å	125

## HYDROLATS

A wide variety of hydrolats for cosmetic use.



Melissa hydrolat

Melissa can be used to lift despondency and despair. It can be used on its own or in a mix as a skin clarifier.

Size: 200ml Code: 7007

### Lavender hydrolat

Lavender makes this hydrolat ideal for all skin types. Its gentle nature also makes it safe to use on children, calming them and temper tantrums.

Lavender hydrolat also makes a refreshing room spray.

Size: 200ml Code: 7008

### Rose hydrolat

Added to the bath, rose hydrolat aids relaxation. Its mildly antiseptic and cooling properties make it useful for many applications. In fact, if rose is used in conjunction with the hydrolats of lavender and chamomile, you will be able to promote good general

health.

Size: 200ml Code: 7009

Neroli hydrolat

Being astringent makes neroli the ideal treatment for delicate, sensitive and oily skins. It can be used as a toner.

Size: 200ml Code: 7010

Chamomile Roman hydrolat

One of the best all-round hydrolats. Its gentle nature makes it ideal for use on young babies and children. Chamomile Roman's astringent properties make it the best all-in-one make-up remover, cleanser and toner.

Size: 200ml Code: 7011

	HYDROLATS				
301	96014622	*	Organic Basil	plastic	250
302	96014639	*	Organic Chamomile Roman	plastic	250
303	96014646	*	Organic Cistus	plastic	250
304	96014653	*	Organic Cypress	plastic	250
305	96014660	*	Organic Juniper	plastic	250
306	96014677	*	Organic Geranium Bourbon	plastic	250
307	96014684	*	Organic Geranium	plastic	250
308	96014691	*	Organic Helicrysum	plastic	250
309	96014707	*	Organic Inula	plastic	250
310	96014714	*	Organic Laurel	plastic	250
311	96014721	*	Organic Spike Lavender	plastic	250
312	96014738	*	Organic Lavender Fine	plastic	250
313	96014745	*	Organic Lemon Balm	plastic	250
314	96014752	*	Organic Peppermint	plastic	250
315	96014769	*	Organic St Johns Wort	plastic	250
316	96014776	*	Organic Myrtle	plastic	250
317	96014783	*	Organic Neroli	plastic	250
318	96014790	*	Organic Pine	plastic	250
319	96014806	*	Organic Ravensara	plastic	250
320	96014813	*	Organic Rosemary	plastic	250
321	96014820	*	Organic Rosemary Verbenone	plastic	250
322	96014837	*	Organic Santoline	plastic	250
323	96014844	*	Organic Rosewater	plastic	250
324	96014851	*	Organic Savory	plastic	250
325	96014868	*	Organic Sage	plastic	250
326	96014875	*	Organic Clary Sage	plastic	250
327	96014882	*	Organic Thyme	plastic	250
328	96014899	*	Organic Thyme Thymol	plastic	250
329	96014905	*	Organic Vetiver	plastic	250
338	5025412002898	7014	Witchazel Hydrolat	plastic	250
339	5025412002904	*	Tea tree hydrolat	plastic	250

340	5025412002911	*	Chamomile german hydrolat	blue glass	200
341	5025412002928	7008	Lavender Hydrolat	blue glass	200
342	5025412002935	7007	Melissa Hydrolat	blue glass	200
343	5025412002942	7010	Neroli Hydrolat	blue glass	200
344	5025412002959	7012	Peppermint Hydrolat	blue glass	200
345	5025412002966	7009	Rose Otto Hydrolat	blue glass	200
346	5025412002973	7013	Rosemary Hydrolat	blue glass	200
347	5025412002980	7014	Witchazel Hydrolat	blue glass	200
348	5025412002997	*	Tea tree hydrolat	blue glass	200
349	5025412003000	7011	Chamomile Roman Hydrolat	salon size	500
350	5025412003017	7008	Lavender Hydrolat	salon size	500
351	5025412003024	7007	Melissa Hydrolat	salon size	500
352	5025412003031	7010	Neroli Hydrolat	salon size	500
353	5025412003048	*	Rose Otto Hydrolat	salon size	500
354	5025412003055	7011	Chamomile Roman Hydrolat	salon size	1000
355	5025412003062	7008	Lavender Hydrolat	salon size	1000
356	5025412003079	7007	Melissa Hydrolat	salon size	1000
357	5025412003086	7010	Neroli Hydrolat	salon size	1000
358	5025412003093	*	Rose Otto Hydrolat	salon size	1000
359	5025412003109	7011	Chamomile Roman Hydrolat	salon size	5000
360	5025412003116	7008	Lavender Hydrolat	salon size	5000
361	5025412003123	7007	Melissa Hydrolat	salon size	5000
362	5025412003130	7010	Neroli Hydrolat	salon size	5000
363	5025412003147	*	Rose Otto Hydrolat	salon size	5000



## SHIRLEY PRICE BALMS, MOTHER & CHILD, REFLEXOLOGY CREAM

### Lip balm

Chamomile, geranium, lavender and tea tree essential oils are blended into beeswax base to produce this uniquely natural, nourishing and restoring lip balm. The lip balm includes a factor 12 sunscreen.

Size: 15ml Code: 5512

### After bath lotion

This light, non-greasy lotion is ideal for moisturizing your whole body after a bath or shower. A luxurious blend of special essential oils enhance the youthful appearance of the skin.

Size: 125ml Code: 6007

### Sun milk

A soothing milk designed to moisturize and nourish the skin when exposed to the sun. Sun milk is specially formulated to care for the skin while tanning and should be applied regularly. It does not contain a sun filter.

Size: 200ml Code: 6008

### Peppermint balm

A light, moisturizing balm blended with essential oils renowned for their cooling properties. This balm is useful for soothing and cooling the skin.

Size: 125ml Code: 6010

### After shave balm

Prepared for the man whose skin is dry or irritable after shaving, this light, moisturizing balm is blended with lavender, peppermint and sandalwood to soothe and cool the skin.

Size: 125ml Code: 6011

### Scalp tonic

The invigorating and restorative properties of cedarwood, juniper, lavender and rosemary are combined in orange flower water to produce our special formula to care for thinning and impoverished hair. Used regularly in conjunction with scalp massage, this tonic can improve the appearance of fine, thinning hair.

Size: 30ml Code: 6012

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### Foot reflex cream

A rich, thick massage cream containing essential oils of juniper, lavender and rosemary. Reflex cream was initially designed to nourish the hard areas of skin on the feet. However, it is effective for elbows and knees too and can be used as a massage cream for other areas of the body where the skin is dry.

Size: 30ml Code: 6017

SHIRLEY PRICE BALMS COLLECTION					
364	5025412003178	5512	Lip balm		15
365	5025412003185	6007	After bath lotion		200
366	5025412003192	6011	After shave balm		200
367	5025412003208	*	After Sun milk		100
368	5025412003215	6008	After Sun milk		200
369	5025412003222	6010	Peppermint balm		200
370	5025412003239	6010A	Peppermint Balm		500
MOTHER AND CHILD					
371	5025412003246	BA1	Baby bath oil		125
372	5025412003253	BA2	Baby body lotion		125
373	5025412003260	BA3	Baby massage oil		125
374	5025412003277	BA4	Mum To Be Care for Stretchmarks Oil in Jojoba		100
REFLEXOLOGY					
375	5025412003284	6017	Foot reflex cream		30
376	5025412003291	6017A	Foot reflex cream		50
377	5025412003307	6040	Warming Foot Cream		50
378	5025412003314	6041	Relaxing Foot Cream		50
379	5025412003321	6042	Deodorising Foot Cream		50
380	5025412003338	7001-50	Foot reflex cream base		50
381	5025412003345	7001	Foot reflex cream base		150
382	5025412003352	7002	Foot reflex cream base		500

## ESSENTIA SKIN CARE

'Essentia' skin care has built up a tremendous reputation over the years for being effective with all skin types, normal, sensitive, oily, dry. Special creams for care purposes are also available in this range. We manufacture a full range of skin care products. To celebrate our 35th year of worldwide operations and training excellence we continue to develop our gentle range of Sp Essentia skincare with parabens free and organic cosmetic bases wherever possible



ESSENTIA's guide to essentia range products suitable for different skin types

Dry Skin -

Cleansing Cream,

Rose Hydrolat, Honey Mask, Classic Moisture Cream , Pretty Serum

Normal -

Cleansing Milk,

Lavender Hydrolat, Revitalizing Minute gel, Moisture Cream, Pretty Serum

Oily - Cleansing Milk,

Witch Hazel hydrolat, Cypress Exfoliating Cream, Moisture Lotion

Mature Skin -

Cleansing Cream,

Neroli Hydrolat, Honey Mask, Classic Moisture Cream, Rejuvenating Night Cream

Sensitive skin,

Cleansing Milk,

Chamomile Hydrolat, Special E Cream

Combination and teen skin - the following could be used for a teenage skin

Cleansing Milk,

Witch hazel Hydrolat, Moisture Lotion

Mens - cleansing milk and moisture lotion.

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## Shirley Price Essentia skin care

Essentia skin care combines the essential beauty and power of plants and flowers into a range of specific, effective products. Essentia products do not contain synthetic perfumes, animal products or lanolin and are not tested on animals.

Wherever possible we use parabens free natural organic cosmetic bases

Essentia classic beautifully compliments the Shirley Price essential oils range by blending natural skin care bases with true essential oils.

The Essentia classic range offers a solution to all skin care requirements with the added value of aromatherapy oils to enhance and refresh the skin.

### Chamomile eye drops

A gentle product that helps to relieve tired, dry or gritty eyes. Ideal to use before and after working at the computer and during the summer season to relieve itching and irritation of the eyes and eyelids.

Size: 10ml Code: 6022

### Cleansing cream

Normal to dry skin

With geranium, lavender and rosemary essential oils, this light and fluffy cream will cleanse without drying. It maintain the natural pH balance of the skin and leaves the skin feeling clean and soft.

Size: 50ml Code: 5501

### Cleansing milk

Normal to oily skin

A natural plant based milk blended with essential oils of geranium, lavender and rosemary to gently lift impurities and make-up. Cleansing milk will thoroughly cleanse the skin whilst maintaining its correct pH balance.

Size: 200ml Code: 5502

### Toning lotion

All skin types

A highly effective natural toner with essential oils of geranium and lavender to freshen, tone and revitalize the skin. Completes the cleansing process without drying. Refreshes and cools the skin and tones the facial muscles.

Size: 200ml Code: 5503

### Moisture lotion

Normal to oily skin

This fine, light lotion blended with essential oils of geranium, juniper and lavender will help to keep the skin supple and moist and preserve its natural elasticity. Moisture lotion protects the skin from harmful environmental conditions and regular use will normalize an oily skin.

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Size: 125ml Code: 5507

#### Moisturising cream

Normal to dry skin

A beautiful blend of natural moisturizing ingredients, including carrot oil, which helps to maintain the skin's natural moisture balance and elasticity. Contains specially selected essential oils of frankincense, lavender and rose absolute to normalize a dry skin. Regular use will gently deter fine lines and wrinkles.

Size: 50ml Code: 5508

#### Rejuvenating night cream

All skin types

This smooth, regenerative cream softens and nourishes the skin and helps prevent signs of premature ageing and wrinkling. If it is used every night it restores suppleness and rejuvenates the appearance of the skin. Contains essential oils of frankincense, lavender, patchouli and sandalwood.

Size: 50ml Code: 5509

#### Hand and body lotion

All skin types

This rich blend of benzoin, cypress, lavender and patchouli in a light moisturising lotion is absorbed quickly into the skin, instantly softening and protecting. Gently massage into the skin as often as required, particularly after washing or bathing for truly beautiful hands.

Size: 125ml Code: 5511

#### Pretty serum

All skin types

Contains essential oils of frankincense and neroli and rose otto. This easily absorbed serum contains essential oils that give the skin a silky smooth feel, increasing softness and elasticity. Normalising and revitalising.

Size: 30ml Code: 5704

#### Cypress exfoliating cream

Normal to dry skin

This creamy mask, containing bergamot, cypress and lavender, cleanses, smoothes and invigorates. Its exfoliating action eliminates impurities, refines pores and helps to maintain a clear and healthy complexion.

Size: 50ml Code: 5705

#### Sleeping beauty cream

All skin types

Containing essential oils of jasmine, lavender and rose otto, this regenerating cream softens, soothes and tones the skin. With a nourishing and anti-oxidant action, this cream helps prevent the signs of ageing and wrinkles. If used every night it restores suppleness and rejuvenates the appearance of the skin.

Size: 50ml Code: 5725

## Body & hair care

### Clear skin moisture cream

#### For blemished skin

Formulated specifically for an oily or blemished type skin. This cream includes essential oils of cedarwood, geranium, juniper and lemon and helps to normalize the oil producing glands in the skin, giving a clear appearance to the complexion.

Size: 30ml Code: 5019

### Special E moisture cream

#### All problem skin

This natural moisturizer, based on avocado oil, is blended with essential oils of bergamot, geranium, juniper, lavender and sandalwood to normalize a blotchy skin with dry patches, thus helping to clear problematic skin.

Size: 30ml / 50ml Code: 5020 / 5021

### Jasmine aromatic body oil

Jasmine aromatic body oil, with its exotic aroma is useful for relaxing a stressed skin, minimizing fine lines and tense muscles, helping the skin to appear smoother and healthier.

Size: 30ml Code: 6001

### Neroli aromatic body oil

Neroli aromatic body oil is nourishing for dry and flaky skin. Because it is so deeply moisturizing, the skin appears younger, healthier and fresher.

Size: 30ml Code: 6002

### Rose aromatic body oil

Rose aromatic body oil is rejuvenating, calming, nourishing and helps the delicate skin in the chest, face and neck area to appear smoother and younger.

Size: 30ml Code: 6003

### Facial treat rejuvenator

This luxurious blend contains essential oils of fennel, frankincense, lavender and lemon in a base of grapeseed and wheatgerm. The facial treat blend reduces the appearance of wrinkles and scarring. This special mixture is also effective for reducing puffiness around the eye area, and maintains skin tone and sebum production.

Size: 30ml Code: 6004

### Post epilation moisture cream

Formulated specifically for use immediately after hair removal, this soothing cream includes essential oils of lavender, peppermint and sandalwood.

Size: 30ml Code: 6018

### Scar care moisture cream

Formulated specifically for scarred and pitted skin, this nourishing cream includes the feeding and regenerative essential oils of frankincense, lavender and myrrh. Used over a period of time the scar care moisture cream will give a smoother appearance to the complexion.

Size: 30ml Code: 6019



### Airways moisture cream

A superb, moisturizing cream with the addition of basil, eucalyptus, lavender and peppermint to maintain smooth and effective respiration.

Size: 30ml Code: 6020

### Visible veins moisture cream

Specifically formulated for 'rosy cheeks' that become hot and uncomfortable, or are sensitive. This soothing, cooling cream includes essential oils of cypress, lemon and orange sweet which help to give a clear appearance to the complexion.

Size: 30ml Code: 6021

			EYECARE	
383	5025412003154	5510	SCNo7 Superlight eye cream	15
384	5025412003161	6022	Chamomile eye care	10
			ESSENTIA SKINCARE ROUTINE	
385	5025412003369	*	SCNo1 'Essentia Classic' Cleansing cream	50
386	5025412003376	5002	SCNo1 'Essentia Classic' Cleansing cream	150
387	5025412003383	*	SCNo2 'Essentia Classic' Cleansing Milk	200
388	5025412003390	5004	SCNo2 'Essentia Classic' Cleansing Milk	500
389	5025412003406	*	SCNo3 'Essentia Classic' Toning lotion	125
390	5025412003413	*	SCNo3 'Essentia Classic' Toning lotion	200
391	5025412003420	5006	SCNo3 'Essentia Classic' Toning lotion	500
392	5025412003437	5007	SCNo3 'Essentia Classic' Toning lotion	1000
393	5025412003444	*	SCNo4 Frankincense Pretty Serum	30
394	5025412003451	*	SCNo5 'Essentia Classic' Moisture Lotion	200
395	5025412003468	*	SCNo6 'Essentia Classic' Moisture Cream	30
396	5025412003475	*	SCNo6 'Essentia Classic' Moisture Cream	50
397	5025412003482	5018	SCNo6 'Essentia Classic' Moisture Cream	150
398	5025412003499	5510	SCNo7 Superlight eye cream	15
399	5025412003505	*	SCNo8 'Rejuvenating' Night Cream	50
400	5025412003512	5025	SCNo8 'Rejuvenating' Night Cream	150
401	5025412003529	5026	SCNo9 'Sleeping Beauty' Night Cream	50
402	5025412003536	5514	Moisturising honey masque	50
403	5025412003543	5023	Moisturising honey masque	150
404	5025412003550	5024	Moisturising Minute Gel Masque	150
405	5025412003567	5515	Moisturising Minute Gel Masque	50
406	5025412003574	5705	Cypress exfoliating Cream mask	50
407	5025412003581	5705-150	Cypress Exfoliating Cream mask	150
408	5025412003598	5705-200	Cypress Exfoliating Cream mask	200
409	5025412003604	5705-500	Cypress Exfoliating Cream mask	500
410	5025412003611	6004	Facial treat rejuvenator	30
411	5025412003628	5511-1000	Hand & Body Lotion	1000
412	5025412003635	5511	Hand & body lotion	200
413	5025412003642	*	Hand & body lotion	100
414	5025412003659	*	Hand & body lotion	50
415	5025412003666	6001	Jasmine aromatic body oil	30
416	5025412003673	6002	Neroli aromatic body oil	30
417	5025412003680	6003	Rose aromatic body oil	30
418	5025412003697	*	Neck and chest toning serum	30
419	5025412003703	5499	Essentia Skincare kit - cleanse, tone, moisturise - dry skin	
420	5025412003710	5500	Essentia Skincare kit - cleanse, tone, moisturise - oily skin	
			SHIRLEY PRICE SKINCARE COLLECTION	
421	5025412003727	*	STNo1 OLEA 'Sensitive' Organic EO Free base	30
422	5025412003734	*	STNo1 OLEA 'Sensitive' Organic EO Free base	50
423	5025412003741	*	STNo2 'Hydrating' Organic Frankincense	30

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424	5025412003758	*	STNo3 Dry to Normal SCNo6 'Essentia Classic'	30
425	5025412003765	*	STNo3 Dry to Normal SCNo6 'Essentia Classic'	50
426	5025412003772	5018	STNo3 Dry to Normal SCNo6 'Essentia Classic'	150
427	5025412003789	*	STNo4 Mature Organic Nourishing F&M	30
428	5025412003796	*	STNo4 Mature Organic Nourishing F&M	50
429	5025412003802	*	STNo4 Mature Organic Nourishing F&M	150
430	5025412003819	5019	STNo5 Oily to Normal Special A Clear Skin	30
431	5025412003826	5020	STNo6 Special E moisture cream	30
432	5025412003833	5021	STNo6 Special E moisture cream	50
433	5025412003840	5022	STNo6 Special E moisture cream	150
434	5025412003857	6019	ST No7 Scar care moisture cream	30
435	5025412003864	*	ST No7 Scar care moisture cream	50
436	5025412003871	6018	Post epilation moisture cream	30
437	5025412003888	6020	Skin Remedy Special S Airways	30
438	5025412003895	6021	Skin Remedy Visible veins moisture cream	30

SALON AND SPA BASE ITEMS



			SALON/SPA BASE ITEMS	
463	5025412004144	3021	Carrier oil mix	5000
464	5025412004151	3022	Grape seed oil	5000
465	5025412004168	*	Liquid soap	500
466	5025412004175	7014	Shampoo base	500
467	5025412004182	7004	Shampoo base	1000
468	5025412004199	7015	Shampoo base	5000
469	5025412004205	*	Organic Shampoo base	500
470	5025412004212	*	Organic Shampoo base	1000
471	5025412004229	*	Organic Shampoo base	5000
472	5025412004236	7016	Conditioner base	500
473	5025412004243	7005	Silky bath oil base	1000
474	5025412004250	*	Organic Showergel/Bodywash base	500
475	5025412004267	*	Organic Showergel/Bodywash base	1000
476	5025412004274	*	Organic Showergel/Bodywash base	5000
477	5025412004281	*	Handwash base	500
478	5025412004298	*	Handwash base	1000
479	5025412004304	*	Handwash base	5000
480	5025412004311	*	Olea No.1 Organic Moisture cream base	150
481	5025412004328	*	Olea No.1 Organic Moisture cream base	200
482	5025412004335	*	Olea No.1 Organic Moisture cream base	500
483	5025412004342	*	Organic lotion base	200
484	5025412004359	*	Organic lotion base	500
485	5025412004366	*	Organic lotion base	1000
486	5025412004373	7003	Moisture cream base	150
487	5025412004380	7006	Avocado moisture cream base	150

## SHIRLEY PRICE ORGANIC BASES, COSMETIC GELS AND CREAMS

### Shirley Price Organic bases

At the core of our product range is our classic organic cosmetic bases which are also available for purchase.



## Shirley Price classic gels

### Clear aloe hydrating gel

An aqueous blend of containing natural aloe vera producing a clear, colourless gel. Aloe vera is a sun loving plant that grows in dry conditions. It is cultivated commercially for the sap that can be extracted from its leaves. The sap is used for its healing and moisturising properties. The aloe vera sap taken from the fleshy leaves of the aloe vera has given this plant a reputation for almost miraculous soothing, healing and moisturising properties. It appears as an ingredient in many creams, suntan lotions and hair-care products. Aloe vera has soothing, healing and moisturising properties.

### Aloe and seaweed gel

Aloe vera and seaweed gel is suitable for direct application on the skin or can be used as a base gel for adding essential oils and/or carrier oils to to make your own luxury gel. Ingredients: aqua, aloe vera gel, PEG 6 caprylic/capric triglyceride, seaweed extract, glycerine, polysorbate 20, triethanolamine, carbomer phenoxyethanol, methylparaben, ethylparaben, propylparaben, butylparaben.

### Borage gel

Borage gel contains borage officinalis. Borage gel can be used for dry scaly skin and is especially useful for revitalisation of ageing skin.

### Lavender Gel

Lavender gel contains the essential oils of lavender (soothing & rejuvenating) as well as the extracts of chamomile (relaxing & antibacterial), lavender, panax ginseng (a tonic) and comfrey (helpful for itchy, rough and very dry skin).

### Muscle and Joint Gel

Muscle and joint gel contains the essential oils of eucalyptus (a stimulant), peppermint (invigorating), rosemary (helpful with muscular fatigue) and camphor (helpful for muscular aches and pains) as well as strawberry, black currant, red raspberry and grapefruit fruit extracts. Ingredients: Aqua (Water), Glycerin, Triethanolamine, PEG-40 Hydrogenated Castor Oil, Glyceryl Acrylate/Acrylic Acid Copolymer, Eucalyptus Globulus (Eucalyptus) Leaf Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Fragaria Vesca (Strawberry) Fruit Extract, Ribes Nigrum (Black Currant) Fruit Extract, Rubus Idaeus (Red Raspberry) Fruit Extract, Vitis Vinifera (Grape) Fruit Extract, Piper Nigrum (Black Pepper) Seed Oil, Cinnamomum Camphora (Camphor) Bark Oil, Alcohol DENAT., Carbomer, Sodium PCA, Propylene Glycol, Disodium EDTA, Methylparaben, Propylparaben, Methylchlorisothiazolinone, Methylisothiazolinone, Limonene, Linalool

### Neroli Hydrating Gel

Neroli hydrating gel is great for use as a hydrating eye gel or is suitable for direct application on the body.

### Rose Hydrating gel

Rose hydrating gel combines the rejuvenating properties of rose essential oil (rosa damascena) in a wonderfully hydrating aloe vera base gel.

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### Soothing peppermint foot gel

Soothing peppermint foot gel contains the essential oils of peppermint (*mentha piperita*) as well as extracts of evening primrose, honey, henna and wheat germ.

### Tea tree gel

Tea tree gel contains the essential oil of tea tree (*melaleuca alternifolia*) as well as extracts of oat, eyebright, mallow and goldenrod. Tea Tree essential oil is a deeply cleansing and antibacterial and is useful in body skincare blends for problem skin. Tea tree essential oil has a warm, fresh and spicy aroma. Tea tree gel can be used daily.

### Essentia classic creams with herbal extracts

#### Almond and Sandalwood Cream

Almond & Sandalwood Cream contains the essential oil of *santalum album* (sandalwood) as well as the extracts of chamomile, lavender, panax ginseng and comfrey.

Almond and sandalwood cream is suitable for daily application on the skin.

Ingredients: Aqua, Cetearyl Ethylhexanoate, Stearic Acid, *Prunus amygdalus dulcis* (Sweet Almond) Oil, Glyceryl Stearate, Propylene Glycol, Cera Alba, Cetyl Acetate, Cetearyl Alcohol, *Anthemis nobilis* (Chamomile) Flower Extract, *Lavandula angustifolia* (Lavender) Flower, Extract, *Panax ginseng* Root Extract, *Symphytum officinale* (Comfrey) Leaf Extract, *Santalum album* (Sandalwood) Oil, Sodium PCA, Tocopheryl Acetate, Triethanolamine, Phenoxyethanol, Disodium EDTA, Sodium Borate, Dichlorobenzyl Alcohol, Methylparaben, Butylparaben, Ethylparaben, Isobutylparaben, Propylparaben

#### Aloe Vera cream

Aloe Vera Cream combines the therapeutic benefits of aloe vera with lavender, chamomile, panax ginseng, comfrey and vitamin e, in a wonderfully nourishing cream base.

Aloe vera cream is suitable for daily application on the skin.

Ingredients: Aqua, *Aloe barbadensis*, Glycerin, *Prunus Amygdalus Dulcis*, Stearic Acid, Cetearyl Alcohol, Magnesium Aluminum Silicate, Dimethicone, Glyceryl Stearate, *Anthemis nobilis*, *Lavandula angustifolia*, *Panax ginseng*, *Symphytum officinale*, Tocopheryl Acetate, Propylene Glycol, Triethanolamine, Sodium PCA, Disodium EDTA, Phenoxyethanol, Methylparaben, Butylparaben, Ethylparaben, Isobutylparaben, Propylparaben

#### Borage cream (parabens free)

Borage cream combines the therapeutic benefits of borage with lavender, chamomile, panax ginseng, comfrey and vitamin e, in a wonderfully nourishing PARABENS FREE cream base.

Borage cream is suitable for daily application on the skin. Ingredients: Aqua, *Aloe barbadensis*, *Borago Officinalis*, Glycerin, Stearic Acid, Cetearyl Alcohol, Magnesium Aluminum Silicate, 41 Shirley Price Aromatherapy Limited, The Ol'Factory, 8 Hawley Road, Hinckley, Leicestershire LE100PR  
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Dimethicone, Glyceryl Stearate, Anthemis nobilis, Lavandula angustifolia, Panax ginseng, Symphytum officinale, Propylene Glycol, Triethanolamine, Tocopheryl Acetate, Sodium PCA, Disodium EDTA, Phenoxyethanol, Ethyl Hexyl Glycerin, Methylisothiazolinine

#### Calendula Cream

Calendula Cream contains the therapeutic benefits of calendula (beneficial for dry and dehydrated skin), with chamomile, lavender, panax ginseng and comfrey in a wonderfully nourishing base cream. Calendula cream is suitable for daily application on the skin.

Ingredients: Aqua, Aloe barbadensis, Glycerin, Prunus Dulcis, Stearic Acid, Cetearyl Alcohol, Magnesium Aluminum Silicate, Calendula Officinalis, Dimethicone, Glyceryl Stearate, Anthemis nobilis, Lavandula angustifolia, Panax ginseng, Symphytum officinale, Propylene Glycol, Triethanolamine, Tocopheryl Acetate, Sodium PCA, Disodium EDTA, Phenoxyethanol, Ethyl Hexyl Glycerin, Methylisothiazolinine,

Shirley price classic creams with essential oils and active extracts for specific care purposes are progressively being reworked into Organic bases

			COSMETIC GELS, CREAMS	
488	96019252	5029	Organic white lotion, parabens free	50
		5029	Organic white lotion, parabens free	125
		5029	Organic white lotion, parabens free	150
489	96019269	5028	Organic moisture cream, parabens free	30
			Organic moisture cream, parabens free	50
490	96019276	7014	Organic shampoo, parabens free	250
491	96019283	6035	Organic bodywash/shower gel, parabens free	250
492	96019290	8050	Organic Body Butter	30
493	96019306	8051	calendula cream parabens free	30
494	96019313	8052	borage cream parabens free	30
495	96019320	8053	liquid soap parabens free	250
496	96019337	8054	arnica gel	50
497	96019344	8055	borage gel	50
498	96019351	8056	clear aloe gel	50
499	96019368	8057	lavender gel	50
500	96019375	8058	muscle gel	50
501	96019382	8059	neroli gel	50
502	96019399	8060	rejuvenating rose gel	50
503	96019405	8061	aloe and seaweed gel	50
504	96019412	8062	soothing peppermint foot gel	50
505	96019429	8063	tea tree gel	50
506	96019436	8064	vitamin E gel	50
507	5025412004397	9000B	beeswax block	200
508	5025412004403	9000P	Bees wax pellets	200
509	96019443	5027	avocado moisture cream base	30
510	96019450			
511	96019467	5502	cleansing milk, normal to oily skin	120
512	96019474	5501	cleansing cream, normal to dry skin	120
513	96019481	7016	conditioner base	250
514	96019498	7001	foot reflex cream	120
515	96019504	7003	moisture cream base	30
516	96019511	7014	No. 1 shampoo base	250
517	96019528	7005	Silky bath base	250
518	96019535	3084	vitamin e cream	30
519	96019542	3200	almond and sandalwood cream	30
520	96019559	3201	aloe vera cream	30
521	96019566	3202	anti cellulite cream	30
522	96019573	3203	arnica cream	30
523	96019580	3204	comfrey cream	30
524	96019597	3205	chamomile cream	30
525	96019603	3206	echinacea cream	30
526	96019610	3207	evening primrose cream	30
527	96019627	3208	frankincense and rose cream	30
528	96019634	3209	hypericum cream	30
529	96019641	3210	tea tree cream	30
530	96019658	3211	exfoliating foot cream	50
531	5025412004410		foam bath	0
532	96019665	3212	high foam bath	250

## HAIR AND HYGIENE

### Shampoo

Our highly effective, specially formulated shampoos are enriched with essential oils to help dry, greasy, normal hair or hair infested with headlice. The gentle cleansing action nourishes the hair while maintaining a natural pH balance, leaving hair feeling extra clean and manageable.

Size: 125ml Code: 6013 (dry) / 6014 (greasy) /  
6015 (normal) / 6023  
(head lice)

### Hair conditioner

A unique conditioner especially formulated with essential oils to help maintain healthy hair and scalp. The hair is left feeling soft and silky as the conditioner imparts a healthy shine to the hair while nourishing the scalp.

Size: 125ml Code: 6016 / 6024 (head lice)

			SHIRLEY PRICE HAIR	
439	5025412003901	6012	Scalp tonic	30
440	5025412003918	6013	Shampoo for dry hair	200
441	5025412003925	6014	Shampoo for greasy hair	200
442	5025412003932	6015	Shampoo for normal hair	200
443	5025412003949	6016	Hair conditioner	200
444	5025412003956	6024	Headlice repellent conditioner	200
445	5025412003963	6023	Headlice shampoo	200
446	5025412003970	6030	Lavender & Geranium shower gel	200
			HYGIENE	
447	5025412003987	*	Handwash	125
448	5025412003994	*	Hand lotion	125
449	5025412004007	*	Hand cream	125
450	5025412004014	*	Bodywash	125
451	5025412004021	*	Foam bath	125
452	5025412004038	*	Shower gel	125
453	5025412004045	*	Shampoo	125
454	5025412004052	*	Soap	125
	*	*	Handmade Goatsmilk Soap	
455	5025412004069	*	Lavender	125
456	5025412004076	*	Frankincense & Myrrh	125
457	5025412004083	*	Tea Tree	125
458	5025412004090	*	Geranium	125
			SHIRLEY PRICE COLLECTION LABEL	
459	5025412004106	*	Skin Remedy Comfrey & Yarrow Cream	30
460	5025412004113	*	Special treatment Pretty Cleavage	30
461	5025412004120	*	Sensuality Massage Oil for him	100
462	5025412004137	*	Sensuality Massage Oil for her	100

PACKAGING AND SALON ACCESSORIES

A full list of packaging is on [www.ShirleyPrice.com](http://www.ShirleyPrice.com)

ELECTRICAL VAPORISERS, IONISERS and more

A full list of electrical vaporisers, ioners and beauty items are on [www.ShirleyPrice.com](http://www.ShirleyPrice.com)

	Barcode	Code	Botanical name	O/N	Size (ml)	Price (ex VAT £)
580			DIFFUSERS, IONISERS, VAPORISERS			
581	5060042524310	8005	Rio Aromastream vaporisers ARSM-UK-RET			18.00
582	5060042524327	8005E	Rio Aromastream vaporisers ARSM-EU-RET			18.00
583	5060042524181	8006	Rio Filter replacement (for Aromastream Vaporiser)			1.70
584	5060042524198	8008	Rio Aromastone - Blue ASTO-R-UK-RET			16.95
585	5060042524204	8009	Rio Aromastone-Oatmeal			16.95
586	5060042525287	8005US	Rio Aromastream - US Wiring			18.00
587	5060042524228	8011	Rio Breathe Easy			22.13
588	5060042524235	8012	Rio Mini Vaporiser ARMA-WH-UK-RET			12.76
589	5060042524242	8013	Rio Aromatherapy Nebuliser			42.51
590	5060042524259	8014	Rio Pyramid Ioniser White			16.95
591	5060042525300	8014B	Rio Pyramid Ioniser Black			16.95
592	5060042524266	8015	Rio Delta Ionizer White			16.95
593	5060042525294	8015B	Rio Delta Ioniser Black			16.95
594	5025412005554	8016	ZENBOW night light, 5 in 1 diffuser, BLUE			39.99
595	5025412005561	8017W	ENSO night light, 5 in 1 diffuser, WHITE			34.99
596	5025412005578	8017-B	ENSO night light, 5 in 1 diffuser, BLUE			34.99
597	5060042524280	8018-A	BLISS night light, 5 in 1 diffuser, AMBER			29.95
598	5025412005585	8018-R	BLISS night light, 5 in 1 diffuser, ROSE			29.95
599	5025412005592	8018-B	BLISS night light, 5 in 1 diffuser, AQUA			29.95
600	5060042524297	8019	In Car Electrical Diffuser			7.50
601	5060042524303	8020	Aromaready mobile therapist carry case			29.95
			BEAUTY CARE APPLIANCES			
602	5025412005608	*	Sonicleanse			
603	5025412005615	*	60 Second neck toner			
604	5025412005622	*	Crystal renew			
605	5025412005639	*	60 Second facelift			
606	5025412005646	*	Rio wrinkle filler			

GIFTS,

For a full list see [www.Shirleyprice.com](http://www.Shirleyprice.com)

BOOKS, DVDS

	Barcode	Code	Botanical name	O/N	Size (ml)	Price (ex VAT £)
			BOOKS/CHARTS			
607	5060042524792.00	B1	Shirley Price Aromatherapy Workbook			16.00
608	5060042524815.00	B2	Len Price Carrier Oils			12.00
609	5025412005653.00	B3	Shirley Price Aromatherapy for Health Professionals			33.00
610	5060042524785.00	B4	SP Everyday Aromatherapy			5.00
611	5060042524761.00	B5	SP reflexology classic wall chart			5.00
612	5060042524778.00	B6	SP aromatherapy classic cross reference wall chart			5.00
613	5060042524822.00	b7	Shirley Price Hydrolats			20.00
614	5060042524839.00	B8	Shirley Price Aromatherapy for the Emotions			20.00
615	5060042524853.00	B9	Battaglia Complete aromatherapy			38.60
616	5060042524990.00	B10	Jane Buckle, Clinical aromatherapy			26.00
617	*	B11	Julia Lawless The encyclopedia of essential oils			12.00
618	*	B12	Valerie Ann Worwood, The Fragrant Mind			12.00
619	5060042524976.00	B13	Schaunbelt Medical Aromatherapy			16.00
620	*	B14	Schaunbelt Advanced Aromatherapy			16.00
621	*	B15	SueClarke, Essential Oils for Aromatherapy			30.00
622	5060042524952.00	B16	Franchomme L'aromatherapie exactement			25.00
623	5060042524945.00	B17	Celia Johnstone How to succeed as a therapist			15.00
624	5060042524983.00	B18	Tisserand Essential Oil Safety			35.00
625	*	B19	Charles, Lyeth, Aromatherapy Lexicon,			
626	5060042524921.00	B20	Caddy card packs			12.00
627	5060042524938.00	B21	Caddy blending software			16.00
628	5060042524891.00	B22	Essential Aromatherapy study manual & cd			30.00
629	5060042524914.00	B23	Essential Anatomy & physiology study manual & cd			30.00
630	5060042524860.00	B24	Shirley Price Aromatherapy Massage DVD - Advanced			20.00
631	5060042524891.00	B25	Shirley Price Aromatherapy Massage DVD - Introductory			20.00
632	*	B26	Calmer by Nature DVD			15.75

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## Perfectly Complementary

### *Upcoming SPA Courses at Hinckley*

**Introduction to Aromatherapy**  
Wednesday, January 12, 2011

**Reflexology and Aromatherapy  
for the elderly**  
Thursday, January 13, 2011

**Module One Residential Aromatherapy  
Diploma with Tutor Jan Benham**  
Saturday, January 15 until Wednesday,  
January 19, 2011

**Aromatherapy Diploma module One**  
Saturday, February 19 until Wednesday,  
February 23, 2011

**Neck and Shoulder Release with  
Jan Benham**  
Saturday, February 26, 2011

**Cellulite and Detox**  
Sunday, February 27 until  
Monday, February 28, 2011



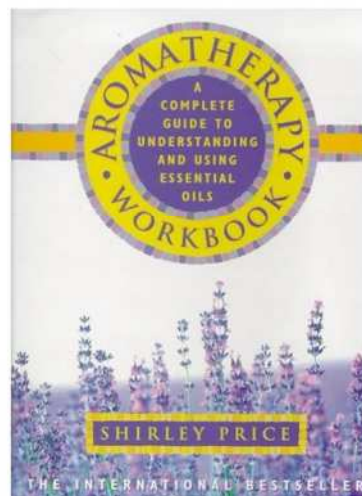
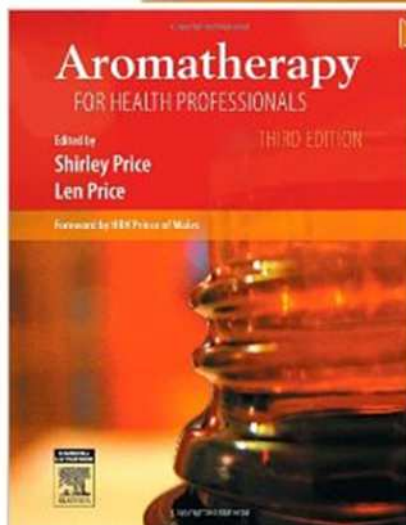
The first and best text on the use and properties of carrier oils, in an expanded 4th edition, by Len Price



**Shirley Price**  
*professional*  
AROMATHERAPY

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ESSENTIAL OILS – THERAPISTS LIST,

	Barcode	Code	Botanical name	O/N	Size (ml)
			ESSENTIAL OILS		
1	96011911	EO1003N	Angelica seed (Angelica archangelica)	N	3
2	96011928	EO1004	Angelica Root (angelica archangelica)	O	3
3	96011935	EO1004N	Angelica Root (angelica archangelica)	N	3
4	96011942	EO1005	Aniseed (Anisum pimpinella)	O	10
5	96011959	EO1010	Basil Sweet(Ocimum basilicum) linalool	O	10
6	96011966	EO1009	Basil Sweet (Ocimum basilicum) methylchavicol	O	10
7	96011973	EO1011N	Bay Laurel (laurus nobilis)	N	10
8	96011980	EO1015	Benzoin (Styrax benzoin) Resinoid	O	10
9	96012000	EO1020	Bergamot (Citrus bergamia)	O	10
10	96012017	EO1021N	Bergamot (Citrus bergamia Berg Free FCF)	N	10
11	96012024	EO1024	Birch White (betula lenta)	O	10
12	96012031	EO1025	Cajuput (Melaleuca leucadendron)	O	10
13	96012048	EO1030N	Camphor (Cinnamomum camphora)	N	10
14	96012055	EO1035	Caraway (Carum carvi)	O	10
15	96012062	EO1040	Cardomon (Eletaria Cardamomon)	O	10
16	96012086	EO1042N	Carrot Seed (Dacus Carota)	N	10
17	96012093	EO1045	Cedarwood Atlas (Cedrus atlantica)	O	10
18	96012109	EO1050	Chamomile German (Chamomilla recutita)	O	3
19	96012116	EO1050N	Chamomile German (Chamomilla recutita)	N	3
20	96012123	EO1053	Chamomile Moroccan (Ormenis mixta)	O	10
21	96012130	EO1055	Chamomile Roman (Chamaemelum nobile)	O	3
22	96012147	EO1055N	Chamomile Roman (Chamaemelum nobile)	N	3
24	96012147	EO1055N	Chamomile Roman (Chamaemelum nobile)	N	10
25	96012154	EO1059	Cinnamon Bark (Cinnamomum zeylanicum)	O	10
26	96012161	EO1060	Cinnamon leaf (Cinnamomum zeylanicum)	O	10
27	96012178	EO1062	Cistus (Cistus labdaniferus)	O	3
28	96012185	EO1065	Citronella Sri Lanka (Cymbopogon nardus)	O	10
29	96012192	EO1070	Clary (Salvia sclarea)	O	10
30	96012208	EO1070N	Clary (Salvia sclarea)	N	10
31	96012215	EO1075N	Clove bud (Sygium aromaticum)	N	10
32	96012222	EO1080	Coriander (Coriandrum sativum)	O	10
33	96012239	EO1085	Cypress (Cupressus sempervirens)	O	10
34	96012246	EO1086	Dill (Anethum graveolens)	N	10
35	96012253	EO1087N	Elemi (Canarium luzonicum)	N	10
36	96012260	EO1090	Eucalyptus Lemon (Eucalyptus Citriodora)	O	10
37	96012277	EO1093N	Eucalyptus Peppermint (Eucalyptus dives)	N	10
38	96012284	EO1095	Eucalyptus (Eucalyptus globulus)	O	10
39	96012291	EO1097	Eucalyptus Austaliana (Eucalyptus Radiata)	O	10
40	96012307	EO1100	Eucalyptus smithii (Eucalyptus smithii)	O	10
41	96012314	EO1105N	Eucalyptus Staigeriana (Euc.staigeriana)	N	10
42	96012321	EO1115	Fennel Sweet (Foeniculum vulgare)	O	10
43	96012338	EO1110N	Fir Silver (abies alba)	N	10

44	96012345	EO1111N	Fir Siberian ( <i>Abies sibirica</i> L.)	N	10
45	96012352	EO1140	Frankincense ( <i>Boswellia carteri</i> )	O	10
46	96012369	EO1143N	Galbanum ( <i>Ferula galbaniflua</i> )	N	10
47	96012376	EO1144N	Garlic	N	10
48	96012383	EO1145N	Geranium ( <i>Pelargonium graveolens</i> )	N	10
49	96012390	EO1146	Geranium Bourbon ( <i>Pelargonium graveolens</i> )	O	10
50	96012406	EO1150	Ginger ( <i>Zingiber officinale</i> )	O	10
51	96012413	EO1150N	Ginger ( <i>Zingiber officinale</i> )	N	10
52	96012420	EO1155	Grapefruit ( <i>Citrus paradisi</i> )	O	10
53	96012437	EO1155N	Grapefruit ( <i>Citrus paradisi</i> )	N	10
54	96012444	EO1154	Green Seaweed ( <i>Fucus vesiculosus</i> )	O	10
55	96012451	EO1156	Everlasting ( <i>Helichrysum angustifolium</i> )	O	3
56	96012468	EO1157N	Ho Leaf ( <i>Cinnamomum camphora</i> )	N	10
57	96012475	EO1160	Hyssop ( <i>Hyssopus officinale</i> ) Egypt	O	3
58	96012482	EO1165	Hyssop ( <i>Hyssopus officinale</i> ) France	O	3
59	96012499	EO1166	Inula ( <i>Inula graveolens</i> )	O	3
60	96012505	EO1170N	Jasmine absolute ( <i>Jasminum officinale</i> )	N	3
61	96012512	EO1175	Juniper ( <i>Juniperus communis</i> )	O	10
62	96012529	EO1180N	Juniper Berry ( <i>Juniperus communis</i> )	N	10
63	96012536	EO1181	Laurel	O	10
64	96012543	EO1182	Lavandin ( <i>Lavandula x intermedia</i> 'Super')	O	10
65	96012956	EO1183	Lavender Fine ( <i>Lavandula angustifolia</i> ) France	O	10
66	96012581	EO1184	Lavender ( <i>Lavandula angustifolia</i> ) Tuscany	O	10
67	96012550	EO1185	Lavender ( <i>Lavandula angustifolia</i> ) France	O	10
68	96012567	EO1186N	Lavender ( <i>Lavandula angustifolia</i> ) UK	N	10
69	96012598	EO1188N	Lavender Fine ( <i>Lavandula angustifolia</i> ) France	N	10
70	96012574	EO1189N	Lavender ( <i>Lavandula angustifolia</i> ) Bulgaria	N	10
71	96012604	EO1190	Lavender Fine Wild ( <i>Lavandula angustifolia</i> ) France	O	10
72	96012611	EO1191	Lavender Officinalis ( <i>Lavender officinalis</i> ) France	O	10
73	96012628	EO1191N	Lavender Officinalis ( <i>Lavender officinalis</i> ) France	N	10
74	96012635	EO1192	Lavender Organic High Altitude ( <i>L. angustifolia</i> )	O	10
75	96012642	EO1193	Lavender Spike ( <i>Lavandula latifolia</i> )	O	10
76	96012659	EO1195	Lemon ( <i>Citrus limon</i> )	O	10
77	96012666	EO1196	Lemon tea tree ( <i>Leptospermum petersonii</i> )	O	10
78	96012673	EO1198N	Lemon Verbena ( <i>Lippia citriodora</i> )	N	10
79	96012680	EO1200	Lemongrass ( <i>Cymbopogon citratus</i> )	O	10
80	96012697	EO1202	Lime ( <i>Citrus aurantifolia</i> )	O	10
81	96012796	E)1201	Linaloe Wood	N	10
82	96012703	EO1203	Lovage ( <i>Levisticum officinale</i> )	O	3
83	96012710	EO1204	May Chang ( <i>Litsea Cubeba citrata</i> )	O	10
84	96012727	EO1205	Mandarin ( <i>Citrus reticulata</i> )	O	10
85	96012734	EO1209	Manuka ( <i>Leptospermum scoparium</i> )	O	10
86	96012741	EO1210	Marjoram Sweet ( <i>Origanum majorana</i> )	O	10
87	96012758	EO1210N	Marjoram Sweet ( <i>Origanum majorana</i> )	N	10
88	96012765	EO1211N	Marjoram Spanish ( <i>Thymus mastichina</i> )	N	10
89	96012772	EO1215	Melissa ( <i>Melissa officinalis</i> ) France	O	3
90	96012789	EO1216	Melissa ( <i>Melissa officinalis</i> ) South Africa	O	3
91	96012802	EO1225N	Myrrh ( <i>Commiphora myrra</i> ) Resinoid	N	10

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92	96012819	EO1230	Myrtle red (Myrtus communis)	O	10
93	96012826	EO1235	Neroli (Citrus aurantium var. amara)	O	3
94	96012833	EO1240	Niaouli (Melaleuca viridiflora)	O	10
95	96012840	EO1245	Nutmeg (Myristica fragrans)	O	10
96	96012857	EO1250	Orange bitter (Citrus aurantium var. amara)	O	10
97	96012864	EO1255	Orange Sweet (Citrus aurantium var. sinensis)	O	10
98	96012871	EO1256	Origanum Common (Origanum vulgare)	O	10
99	96012888	EO1260	Palmarosa (Cymbopogon martinii)	O	10
100	96012895	EO1261	Parsley	O	10
101	96012901	EO1265	Patchouli (Pogostemon patchouli)	O	10
102	96012918	EO1270	Pepper Black (Piper nigrum)	O	10
103	96012925	EO1276	Peppermint (Mentha x pipertia) france	O	10
104	96012932	EO1276N	Peppermint (Mentha x pipertia) UK	N	10
105	96012949	EO1280	Petitgrain (Citrus aurantium var. amara)	O	10
106	96012963	EO1290N	Pine Scotch (Pinus sylvestris)	N	10
107	96012970	EO1290	Pine Scotch (Pinus sylvestris)	O	10
108	96012987	EO1295	Ravensara (Ravensara aromatica)	O	10
109	96013007	EO1300	Rose absolute (Rose damascena)	O	3
110	96013014	EO1305	Rose otto (Rosa damascena) Morocco	O	3
111	96013021	EO1311	Rose otto (Rosa damascena) Bulgaria	O	3
112	96013038	EO1315	Rosemary Morocco (Rosmarinus officinalis)Cineole	O	10
113	96013045	EO1316N	Rosemary (Rosmarinus officinalis) Camphor	N	10
114	96013052	EO1317	Rosemary (Rosmarinus officinalis) Verbenone	O	10
115	96013076	EO1321	Rosewood Tomar (Zanthoxylum armatum)	O	10
116	96013083	EO1325	Sage (Salvia officinalis)	O	10
117	96013090	EO1329N	Sandalwood New caledonia (Santalum album)	N	3
118	96013106	EO1330N	Sandalwood New caledonia (Santalum album)	N	10
119	96013113	EO1331N	Savory Summer (Satureja Montana)	N	10
120	96013120	EO1332	Spearmint (Mentha spicata)	O	10
121	96013137	EO1333	Spikenard (Nardostachys jatamansi)	O	10
122	96013144	EO1334	Star Anise (Illicium verum hook)	O	10
123	96013151	EO1335	Tagetes (Tagetes minuta)	O	10
124	96013175	EO1336N	Tarragon (Artemisia dracunculus)	N	10
125	96013182	EO1340	Tea tree (Melaleuca alternifolia)	O	10
126	96013199	EO1345N	Thyme Red (Thymus vulgaris ct thymol)	N	10
127	96013205	EO1350	Thyme Sweet (Thymus vulgaris ct linalool)	O	10
128	96013212	EO1351	Valerian (Valeriana Officinalis)	O	10
129	96013229	EO1352?	Vanilla (Vanilla fragrans)	O	10
130	96013236	EO1355	Vetiver (Vetiveria zizanoides)	O	10
131	96013243	EO1356	Wintergreen (Gaultheria fragrantissima)	O	10
132	96013250	EO1360N	Yarrow (Achillea millefolium)	N	3
133	96013267	EO1364	Ylang ylang Extra (Cananga odorate)	O	10
134	96013274	EO1365	Ylang ylang complete (Cananga odorate)	O	10
135	96013281	EO1365a	Ylang ylang 1 (Cananga odorate)	O	10
136	96013298	EO1365b	Ylang ylang 2 (Cananga odorate)	O	10
137	96013304	EO1365c	Ylang ylang 3 (Cananga odorate)	O	10

138			THERAPIST SIZES		
139	5025412002577	1096	Eucalyptus (eucalyptus globulus)	O	32
140	5025412002584	1145	Geranium	O	32
141	5025412002591	1186	Lavender (lavendula angustifolia)	O	32
142	5025412002607	1191	Lavender (lavendula officinalis)	N	32
143	5025412002614	1196	Lemon (citrus limon)	O	32
144	5025412002621	1201	Lemongrass	O	32
145	5025412002638	1341	Tea tree (melaleuca alternifolia)	O	32
146	5025412002645	1096E	Eucalyptus (eucalyptus globulus)	O	100
147	5025412002652	1187	Lavender (lavendula angustifolia)	O	100
148	5025412002669	1197	Lemon (citrus limon)	O	100
149	5025412002676	1342	Tea tree (melaleuca alternifolia)	O	100
			ESSENTIAL OIL BLENDS		
150	96014912	1220	Melissa mix (citronella & citrus oils)		10
151	96014929	1285	Pettigrain-o-flowers		10
152	96014936	1305	Rose geranium mix		10
			PREMIUM OIL BLENDS IN JOJOBA		
153	96014943	LB3	Jasmine 5% in jojoba		10
154	96014950	LB5	Melissa 5% in jojoba		10
155	96014967	LB7	Neroli 5% in jojoba		10
156	96014974	LB9	Rose Otto 5% in jojoba		10
157	96014981	LB10	Rose absolute 5% in jojoba		10
158	96015001	LB11	Sandalwood 5% in jojoba		10
159	96015018	LB20	Jasmine 25% in jojoba		10
160	96015025	LB21	Melissa 25% in jojoba		10
161	96015032	LB22	Neroli 25% in jojoba		10
162	96015049	LB23	Rose Otto 25% in jojoba		10
163	96015056	LB24	Rose absolute 25% in jojoba		10
164	96015063	LB25	Sandalwood 25% in jojoba		10

## PRODUCT SAFETY INFORMATION LEAFLET

### SHIRLEY PRICE 100% NATURAL 100% ORGANIC

#### USING ESSENTIAL OILS

Use for massage, bathing, vapourisation or inhalation. Both thousands of years of experience and modern research on essential oils shows they can be used therapeutically to enhance wellbeing or purely for pleasure or emotional release.

**MASSAGE** Favoured by the ancient Greeks and Romans there is nothing quite like a massage to make you feel soothed or energised. Pure essential oils should not be applied directly to the skin, they need to be diluted first. To do this, mix up to 5 drops of pure essential oil, or blend of oils, per 10mls (one tablespoon) of jojoba, coconut or vegetable carrier oil or SP white lotion blending base.

**BATHING** Bathing with pure essential oils is one of the easiest and most enjoyable forms of therapy. Just before getting into a full bath, add 3-5 drops of essential oil, or blend of oils, then agitate the water to disperse. While you relax in the bath, a small amount of oil is absorbed by the skin and the rest is slowly evaporated by the heat of the water.

**VAPORISATION** The evaporative properties of pure essential oils make them ideal for use in a vaporiser. To create the ambience of your choice, simply add 6-12 drops of essential oil to your favourite Shirley Price vaporiser, burner, aromstone, aromastream or mini vaporiser - perfect for the home or workplace.

**INHALATION** Some pure essential oils, such as eucalyptus with its wonderful clearing properties, are ideal for inhalation. Add 3-5 drops of pure essential oil to a bowl of very hot water (not boiling) and inhale the vapour for 5-10 minutes. If this method is not convenient, simply add 1-2 drops of essential oil to a tissue and inhale ideal if you are out and about.

To achieve the results described in the textbooks it is necessary to use true whole oils as they may depend for their action on constituents present in minute proportions in the oils rather than the headline constituents. Shirley Price essential oils are true undiluted essences extracted directly from a variety of herbs, spices, flowers, trees and resins. Sometimes hundreds of flowers are needed to produce just one drop of essential oil. Being highly concentrated, it is important not to exceed the number of recommended drops.

Essential oils should never be taken internally without seeking the advice of a professional practitioner. With all essential oils, even when diluted, contact with sensitive areas such as the eyes should be avoided. If however oil does get into the eyes, wash them immediately with plenty of water and seek medical attention. Of the pure essential oils detailed in this leaflet, bergamot should not be used

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before exposure to the sun or a sunbed. Lemongrass and tea-tree should not be used on children under two years old or on sensitive skin.

#### BABIES AND YOUNG CHILDREN

Aromatherapy can be applied to young children, who respond very well to massage. However, not all pure essential oils are suitable, so it is important to check first. When massaging children under 6 years old, no more than 2 drops of essential oil per 10mls (one tablespoon) of vegetable oil or lotion blending base should be used, and no more than 2 drops of essential oil should be added to their bath or vaporiser. Essential oils, even when diluted, should be used with caution on children under two years old. All pure essential oils should be kept out of reach of children. If a child accidentally swallows any essential oil, seek urgent medical attention.

Our pure oil of Jojoba sourced directly from Argentine plantations is ideal for baby massage and daily care of baby, sensitive and older skin for its moisturising and anti-inflammatory properties.

If you have a skin condition, are pregnant, have epilepsy or asthma, are on a course of treatment with prescribed medication, or are in any doubt about any condition you may have, it is important that you seek the advice of a doctor or suitable practitioner before using pure essential oils. The Shirley Price International College of Aromatherapy has trained more professional aromatherapists for membership of the International Federation of Professional Aromatherapists than any other IFPA accredited college.

Avoid essential oils coming into contact with polished, painted or plastic surfaces. As essential oils are flammable, care should be taken with naked flames. Essential oils are best stored away from heat or light (fridge storage will help to prolong the life of your oils). They should be used within 1 year of opening.

#### ORGANIC

Where possible SP oils, creams and lotions are made with ingredients approved by the Soil Association (UK) and Ecocert (France). Certified organic essential oils are derived from plants that have been grown without the use of man-made fertilisers, herbicides or pesticides - instead using ecosystem management methods to maintain the health of both plant and soil. The SP leaf is recognised by consumers in 40 countries worldwide as a sign of Essential Oil, Carriers, Care For aromatherapy products and Hydrolats of the highest quality. All our 115 oils that can be are organic standard and equally importantly are freshly distilled by trusted and certified distiller/growers. We offer 7 conventionally grown oils as alternatives.

With organic agriculture there are no inputs such as genetic modification or

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irradiation. The benefits of organic agriculture include no pollution of the local air or groundwater and no toxic chemicals in the plant or its essential oil, meanwhile maintaining the viability of the local environment and wildlife.

#### WILD CRAFTED

Wild crafted essential oils are derived from plants that are not cultivated, but are gathered from their natural, wild habitat. Although they are not organic, they will not have been contaminated by synthetic chemicals (pesticides, fertilisers etc.) and will be growing in conditions favourable to the health of the plant. When wildcrafting is done sustainably, a plan for harvesting must show that the harvest will sustain the wild crop.

#### ETHICALLY HARVESTED

This denotes sustainable cultivation. An ethically harvested essential oil is derived from a herb, shrub or tree that is not harvested so aggressively that the species becomes depleted. As far as aromatic plants are concerned, species depletion is only rarely a problem with herbs (which are mostly easy to grow in quantity) but tends to be more of an issue with slow-growing trees.

#### ABOUT US

SP have been experts in aromatherapy since 1974. Shirley Price Aromatherapy Ltd was founded by Shirley Price in Hinckley in 1974. The Shirley Price International College of Aromatherapy was founded in 1978. Shirley Price also co founded IFPA, also Hinckley based, the IFA and Aromatherapy Trades Council. Shirley and Len Price retired in 1998. The business went on under new ownership to expand considerably. Today SP is one of the four leading international aromatherapy manufacturers. From its Hinckley, England base the company supplies therapists worldwide with mail order supplies and distributors supplying SP products to high quality retail outlets and spas and salons alongside leading skincare brands like Priori and Decleor. Today the Director, Training is Dr Manjit Singh Jaspal MB BS. Training Manager and college principal is Louise Carta. Managing Director is P.I. Brealey BSc(Econ) FCA. General Manager is Jo-Ann Merrick who has 20 years service with SP, 4 years as general Manager. UK training venues are country hotels and hospices located near Sunderland, Manchester, Birmingham and London. The scope of the SPICA diploma includes the introductory Module One Foundation Week which equips the attendee for home and beauty salon use of aromatherapy, massage and reflexology.

#### PURE ESSENTIAL OILS AND CARE PRODUCTS

Whether from the foothills of the Pyrenees or the citrus groves of Sicily, if a plant and its growing conditions are healthy, the oil extracted from it will be better for you. Where possible our essential oils are derived from plants that are grown free from man-made fertilisers, herbicides or pesticides, gathered from their natural wild habitat or cultivated in a sustainable way to avoid depletion. Drawing upon our

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years of experience and expertise, we source only the finest oils from known botanical species, fully researching and ensuring purity, quality and integrity. Our close contacts with distiller/growers worldwide mean what you buy is fresh and certified. Shirley Price essential oils are 100% pure and unadulterated in any way.

## PRÉCAUTIONS D'EMPLOI

Les huiles essentielles pures SP sont de véritables essences non diluées extraites directement d'une variété d'herbes, d'épices, de fleurs, d'arbres et de résines. Parfois des centaines de fleurs sont utilisées pour produire juste une goutte d'huile essentielle! Comme elles sont très concentrées, il est important de ne pas dépasser le nombre de gouttes recommandé.

Ne jamais prendre d'huiles essentielles par voie interne sans demander l'avis préalable d'un médecin qualifié. Avec toutes les huiles essentielles, même diluées, éviter tout contact avec les muqueuses ou les yeux. En cas de contact accidentel avec les yeux, rincer abondamment à l'eau claire et consulter un médecin.

Sur les dix huiles essentielles mentionnées dans ce dépliant, la bergamote ne doit pas être utilisée avant exposition au soleil ou avant bronzage en cabine. Le lemon-grass et le tea tree ne doivent pas être appliqués sur des enfants de moins de deux ans ou sur une peau sensible.

L'aromathérapie peut être appliquée sur de jeunes enfants, qui réagissent bien au massage. Cependant, toutes les huiles essentielles pures ne conviennent pas, il est donc important de lire ce dépliant avant de les utiliser. Quand on masse des enfants de moins de 6 ans, on ne doit pas utiliser plus de 2 gouttes d'huile essentielle pour 10 ml d'une lotion de base ou d'huile végétale. Pas plus de 2 gouttes d'huile essentielle ne doivent être ajoutées à leur bain ou au diffuseur. Les huiles essentielles, même diluées, doivent être utilisées avec précaution sur les enfants de moins de 2 ans. Toutes les huiles essentielles pures doivent être gardées hors de portée des enfants. Si un enfant avale de l'huile essentielle par accident, consultez d'urgence un médecin.

Si vous souffrez d'une maladie de la peau, si vous êtes enceinte, si vous souffrez d'épilepsie ou d'asthme, si vous êtes sous traitement médical ou si vous n'êtes pas sûr de quoi vous souffrez, il est important que vous consultiez un médecin ou un praticien qualifié avant d'utiliser les huiles essentielles pures. Éviter que les huiles essentielles entrent en contact avec les surfaces polies, peintes ou en plastique. Les huiles essentielles étant inflammables, ne pas les utiliser ou les entreposer à proximité d'une flamme nue.

Les huiles essentielles doivent être conservées au frais et à l'abri de la lumière (Conserver au réfrigérateur pour prolonger la vie de vos huiles). Elles doivent être utilisées dans l'année qui suit leur ouverture.

## INFORMACIÓN SOBRE SEGURIDAD

Los aceites esenciales SP son esencias puras no diluidas extraídas directamente de una variedad de hierbas aromáticas, especias, flores, árboles y resinas. A veces es necesario utilizar cientos de flores para producir tan sólo una gota de aceite esencial. Puesto que están muy concentrados, es importante no utilizar más gotas de aceite que las recomendadas.

Los aceites esenciales nunca deben ingerirse sin consultar primero con un profesional habilitado. Debe procurarse que los aceites esenciales, incluso cuando están diluidos, no entren en contacto con áreas sensibles del cuerpo como los ojos. Sin embargo, si el aceite entra en contacto con los ojos, lávese los ojos inmediatamente con abundante agua y busque atención médica.

De los aceites esenciales puros que se describen en este prospecto, el aceite de bergamota no debe utilizarse antes de la exposición al sol. El aceite de lemongrass y el de árbol de té no deben utilizarse en niños menores de dos años ni sobre piel delicada.

Los niños pequeños también pueden beneficiarse de la aromaterapia y por lo general esto no presenta ningún problema. Sin embargo, no todos los aceites esenciales son aptos, por lo que es importante leer primero el prospecto. Cuando se usen en niños menores de 6 años, no debe utilizarse más de 2 gotas de aceite esencial por cada 10 ml (una cucharada sopera) de aceite vegetal o loción base, y nunca deben añadirse más de 2 gotas de aceite esencial al baño o vaporizador de los niños. Los aceites esenciales, incluso cuando están diluidos, deben utilizarse con precaución en los niños menores de 2 años. Todos los aceites esenciales puros deben mantenerse lejos del alcance de los niños. Si un niño traga accidentalmente cualquier aceite esencial puro, busque atención médica de urgencias.

Si padece alguna condición de la piel, está embarazada, sufre de epilepsia o asma, está tomando algún medicamento prescrito o tiene cualquier duda sobre alguna condición que padezca, es importante que consulte con su médico o profesional habilitado antes de utilizar aceites esenciales puros.

Evite que los aceites esenciales entren en contacto con superficies pulidas, pintadas o plásticas. Todos los aceites esenciales son inflamables; tenga cuidado con las llamas expuestas al aire. .

La mejor forma de conservar los aceites esenciales es mantenerlos lejos del calor y la luz (guardarlos en el frigorífico prolongará la vida útil de los aceites). Deben usarse en el plazo de 1 año después de abiertos.