



Shirley Price
professional
AROMATHERAPY



NHS/Pharmacy Product description List

ABOUT SHIRLEY PRICE AROMATHERAPY

Since 1974 Shirley Price Aromatherapy has offered essential oils, vegetable oils, hydrolats sourced mainly from Mediterranean countries. It also makes beauty face-body skincare and supplies diffusers and air purifiers made in the UK and China. Numerous initiatives by the Company and the Company's partners make the company one of the most community and environmentally conscious in the UK including recyclable cartons, minimal packaging and community initiatives promoting education in how plant oils help us and tourism.

The Sp green leaf has come to be a symbol recognised by consumers in the US, EU and China as a sign of the finest available plant oils certified organic to Soil Association standards.

ABOUT SHIRLEY PRICE PRODUCTS

For 35 years Shirley Price Aromatherapy has set the standard in the sourcing and provision of conventional and organic plant oils which find a wide range of uses in aromatherapy, pharmacy, food and flavourings, natural perfumes, face-body beauty skincare and slimming

ABOUT SHIRLEY PRICE TRAINING

The products are marketed by graduates of the Company's training college which offers and accredited aromatherapy training and workshops. Over 6000 students have completed aromatherapy diploma training with Sp. Supply of these practicing professional aroma and beauty therapists by mail order and online provides the company with continual consumer feedback.

Environmental and trading policy

ORGANIC. Organic products are produced without the use of synthetic chemical pesticides or fertilisers. This reduces environmental damage and habitat degradation in the areas where organic crops are grown.

UK MADE AND FAIRLY TRADED. Products are manufactured in the UK using whenever possible EU materials, this reduces the transport of products, enhances traceability and benefits the local economy. Products are priced in relation to their reasonable costs supporting organic growers. Products are sourced from countries to which our UK made products are sent to mutual benefit.

SUSTAINABLE source all their materials whenever possible from sustainable sources, and all suppliers are selected due to their product quality and business ethos.

SHIRLEY PRICE 'SHORTLIST' OF EVERYDAY OILS FOR USE IN DIFFUSERS, BATH & BODYCARE AND MASSAGE

Below are descriptions of oils most commonly found in everyday use in the home and by therapists.

Essential oils are used in aromatherapy massage , the diffuser, the bath and of course in perfumes. Our sense of taste is more developed than our sense of smell. Essential oils find application in flavourings for food and drink. Because of their natural antibacterial, insecticidal and even antiviral properties essential oils are used as natural preservatives.

The aromas can be enjoyed everyday in low cost diffusers which also serve as night lights and alarm clocks. Diffusers are very suitable for diffusion of aromatherapy blends for specific care purposes.

Vegetable oils are made up of fatty acids. Fatty acids are weak organic acids. Fatty acids have many functions in maintaining healthy cells and provide an excellent massage carrier to dilute essential oils. They are extracted from the seeds of plants by pressing them against a plate to extract the oil they contain. Carrier oils have therapeutic properties in their own right. The properties of some like hypericum have been extensively researched.

Vegetable oils for use in massage and as carriers for essential oils are available in glass and plastic containers in 15ml (sample), 50ml, 100ml, 125ml, 150ml, 200ml, 250ml, 500ml, 1000ml, 5000ml.

Shirley Price Almond Sweet

Shirley Price Sweet Almond Oil (from *prunus amygdalus*) is a popular oil for any type of massage. Suitable for all skin types. Especially good for slightly dry or sensitive skin. Use on its own or as a carrier oil to mix with Shirley Price Essential Oils.

Shirley Price Apricot Kernel

Shirley Price Apricot Kernel (*prunus armeniaca*) Oil is a fine, moisturising oil that is readily absorbed into the skin. Shirley Price Apricot Kernel Oil is suitable for facial massage. Use on its own or as a carrier oil for Aromatherapy blends.

Shirley Price Avocado (Crude)

Shirley Price Avocado (Crude) Carrier/Base Oil (*persea gratissima*). The crude version of Avocado oil is a heavy, sticky oil that is very high in vitamins and minerals. It is particularly suited to weathered, dry or mature skin.

Shirley Price Avocado (Refined)

Shirley Price Avocado Refined Oil (*persea gratissima*). The refined version of Avocado oil is light and more versatile but less rich in nutrients when compared with the Crude version. Refined Avocado Oil is ideally suited for facial blends.

Shirley Price Borage

Shirley Price Borage Oil (*borago officinalis*) is extremely high in GLAs (gamma linolenic acids). This is an excellent oil for facial blends and is suitable for all skin types, but especially for mature skin.

Shirley Price Calendula

Shirley Price Calendula Carrier Oil (*calendula officinalis*), infuses wild marigolds in Sesame Oil to produce a gentle, soothing oil which is suitable for use on all the family and even those with sensitive skin or allergies.

Shirley Price Carrot

Shirley Price Carrot carrier oil (*daucus carota*) is macerated carrots in Sesame Oil to produce this orange-coloured oil which is very high in Vitamins A, B, C, D and E. Add Shirley Price Carrot oil to blends to prevent stretch marks and nourish skin

Shirley Price Light Coconut

Shirley Price Coconut carrier oil (*cocos nucifera*) is a light oil, pressed from the dried flesh of coconuts; non-greasy and readily absorbed by the skin, it is invaluable for skin and hair care.

Shirley Price Evening Primrose

Shirley Price Evening Primrose oil (*oenothera biennis*) is an well-known carrier oil with a rich GLA content. This fine oil is particularly useful for dry and mature skin, and can be used neat for facial massage or added to aromatherapy blends.

Shirley Price Grapeseed

Shirley Price Grapeseed carrier oil (*vitis vinifera*) is a popular massage base oil. This is a light easily absorbed oil with a non-sticky texture. Its moderate vitamin and mineral content can be boosted by adding other base oils.

Shirley Price Hazelnut Carrier Oil

Shirley Price Hazelnut carrier Oil (*corylus avellana*) is a slightly astringent, easily-absorbed oil that is particularly suited to facial massage or blends for oily or combination skin types.

Shirley Price Jojoba

Shirley Price Jojoba base oil (*simmondsia chinensis*) is actually a wax not an oil. Jojoba is liquid at room and skin temperature but can solidify in cold weather. This is perfectly natural. Jojoba Oil is very fine, high in vitamin E and resembles the skin's sebum in composition. Jojoba is perfect for Indian Head Massage.

Shirley Price Macadamia

Shirley Price Macadamia carrier oil (*macadamia integrifolia*) is a rich, highly moisturising oil with a distinguishable aroma. Useful for blending with other base oils to boost the essential Fatty Acid content.

Shirley Price Peach Kernel

Shirley Price Peach Kernel oil (*prunus persica*) is a fine, light, moisturising oil which is readily absorbed by the skin and is particularly suited for facial massage and aromatic blends. Peach Kernel oil is a very versatile oil.

Shirley Price RoseHip

Shirley Price RoseHip Oil (*rosa canina*) is a unique oil that is very high in anti-oxidant vitamins and GLAs. Rosehip is the best oil to add to blends for scar care, to prevent stretch marks and to boost other oils' vitamin content.

Shirley Price Sesame

Shirley Price Sesame oil (*sesamum indicum*) is the preferred massage oil of Ayurvedic practitioners. Sesame oil is particularly high in vitamin E and in calcium.

Shirley Price St John's Wort

Shirley Price St John's Wort oil (*hypericum perforatum*) infuses Hypericum flowers in Sesame Oil to produce a soothing oil with therapeutic properties.

Shirley Price Sunflower

Shirley Price Sunflower oil (*helianthus annuus*) is a light and economical oil that is very popular amongst massage therapists because it is practically allergy-proof. Sunflower is the preferred oil for baby massage. Sunflower is also available as an organic oil at low cost.

Shirley Price Wheatgerm

Shirley Price Wheatgerm oil (*triticum vulgare*) is a thick, sticky oil that is high in Vitamin E and very useful when added to blends for its anti-oxidant action. Use neat on small areas of extremely dry, weathered skin.

Blending essential oils together for specific purposes is part chemistry part perfumery. The result are blends which have been found effective for different moods and for care purposes. Overleaf are the more common Shirley Price Everyday blends.

Shirley Price Breatheasy

Shirley Price Breatheasy Essential Oil Blend 10ml, is a neat blend of pure essential oils. Add a few drops to an oil burner or 1-2 drops in a bowl of hot water for steam inhalation, additionally you can add a few drops into a base cream or carrier oil.

Shirley Price Daybreak

Shirley Price Daybreak Essential Oil Blend 10ml is a neat blend of pure essential oils to refresh and awaken mind, body and spirit.

Shirley Price De-Stress

Shirley Price De-Stress Essential Blend 10ml and 100ml for bath and massage offers a respite from daily tensions, stresses and strains. The De-Stress Essential Blend for bath and shower contains pure essential oils diluted in carrier/base oil.

Shirley Price Detox

Shirley Price Detox Essential Blend 10ml and 100ml, for bath and massage is a powerful aromatherapy blend to encourage elimination of toxins and help to reduce cellulite and encourage healthy skin.

Shirley Price Equilibrium

Shirley Price Equilibrium Essential Blend 10ml and 100ml for bath and massage, is a balancing blend of pure essential oils diluted in carrier oil that offers support and comfort in times of need and contains Bergamot Frankincense and Rose essential oils.

Shirley Price Expecting

Shirley Price Expecting Oil 10ml and 100ml, is a delicate blend of base oils that nourishes and supports the senses during pregnancy. This rich base of Jojoba, Apricot Kernel, Evening Primrose and Carrot makes this an ideal blend to use during late pregnancy.

Shirley Price Focus

Shirley Price Focus Essential Oil Blend 10ml, is a neat blend of pure essential oils to help focus and concentration. Add a few drops to an oil burner, or a bowl of hot water for steam inhalation.

Shirley Price Goodnight

Shirley Price Goodnight Essential Oil Blend 10ml, is a neat blend of pure essential oils known to have a relaxing, calming and sedative effect. This is a neat blend of essential oils that can be used in a burner, added to a bath, or diluted for massage.

Shirley Price Headaid

Shirley Price Headaid Essential Oil Blend 10ml, is a neat blend of pure essential oils to benefit and ease headaches and a stuffy head. Dilute into a base oil for massage, add a few drops to the bath or add to a burner to uplift the mind.

Shirley Price Mobility

Shirley Price Mobility Essential Blend 10ml and 100ml for bath and massage is a warming aromatherapy blend to help soothe sports or everyday aches and pains. The invigorating oils of Ginger, Rosemary, Camphor and Fennel create a warming aromatherapy blend.

Shirley Price Noel

Shirley Price Noel essential oil blend 10ml is a cheery festive blend for the Winter and Christmas season. But wonderful enough to use all year round.

Shirley Price Refresh

Shirley Price Refresh essential oil blend 10ml and 100ml is an uplifting pure essential oil blend to revitalise the body and uplift the senses. Refresh contains Sweet Orange and Fir Balsam with Spearmint and Lime to revitalise the body and elevate the senses.

Shirley Price Relaxation

Shirley Price Relaxation essential oil blend 10ml and 100ml is a deeply soothing aromatherapy blend to comfort the mind, body and soul. Relaxation contains Cardamom, Cedar Leaf, Chamomile and Vetiver to relax and comfort. Massage into feet and legs daily.

Shirley Price Romance

Shirley Price Romance essential oil blend 10ml and 100ml is a sensuous aromatherapy blend to soothe the mind and excite the senses. Ylang Ylang and Rose combine with the exotic aromas of White Champaka and Jasmine, to tantalise the mind and excite the senses.

Shirley Price Basil Linalol Type

Shirley Price Basil ct Linalol Pure Essential Oil (from *ocimum basilicum*), 10ml. Shirley Price's Basil ct Linalool is a steam distillation of leaves and flowering tops. It is clear, sweet, spicy and yellowish in colour.

Shirley Price Bay

Shirley Price Bay Pure Essential Oil (*pimenta racemosa*), 10ml. Shirley Price's Bay Essential Oil is extracted from the leaves. It is a warming, stimulating, and spicy essential oil with a greenish-yellow colour. It is great for use as a hair tonic.

Shirley Price Benzoin 50%

Shirley Price Benzoin 50% Pure Essential Oil (*styrax tonkinensis*), 10ml. Shirley Price's Benzoin Essential Oil is extracted from the Resin. It has a sweet, rich, vanilla-like, fragrance and is a warming dark amber like colour. It is great for weather-worn skin.

Shirley Price Bergamot

Shirley Price Bergamot Pure Essential Oil (*citrus bergamia*), 10ml. Shirley Price's Bergamot Essential Oil is a light citrus oil with a fruity aroma that is delicate and refreshing. It is clear in colour and can be used in a burner to cleanse and uplift the atmosphere.

Shirley Price Black Pepper

Shirley Price Black Pepper Pure Essential Oil (*piper nigrum*), 10ml. Shirley Price's Black Pepper Essential Oil is a sharp, fresh-spicy essential oil that is clear in colour. It is extremely useful for sports people and can be blended with Rosemary and Lemon for a relaxing massage

Shirley Price Cajeput

Shirley Price Cajeput Pure Essential Oil (*melaleuca cajeputi*), 10ml. Shirley Price's Cajeput Pure Essential Oil is clearing, camphoraceous, and penetrating with a pale yellow-green colour. It is a useful addition to steam inhalations to relieve symptoms of winter chills.

Shirley Price Camphor

Shirley Price Camphor Pure Essential Oil (*cinnamomum commiphora*), 10ml. Shirley Price's Camphor Essential Oil is a white almost colourless, pale yellow oil with a sharp, and pungent aroma. It is safe for bath use, but in massage should be used with caution and kept away from children and pets.

Shirley Price Cardomon

Shirley Price Cardomom Pure Essential Oil (*elettaria cardamomon*) 10ml. Shirley Price's Cardomon Essential Oil is produced from the ripe fruit (seeds) of the herb. It mixes well with other Essential Oils producing wonderfully warm, therapeutic aromatic blends.

Shirley Price Carrot Seed

Shirley Price Carrot Seed Pure Essential Oil (*daucas carota*), 10ml. Shirley Price's Carrot Seed Essential Oil is a warming and earthy essential oil with a rich amber colour. It blends well with citrus and spice oils as well as Geranium and Cedarwood.

Shirley Price Cedarwood Atlas

Shirley Price Cedarwood Atlas Pure Essential Oil (*cedrus atlantica*), 10ml. Shirley Price's Cedarwood Atlas is a sweet, but also dry and woody essential oil, with a yellowish to orange colour. It is popular in mens toiletries to help improve the condition of the skin and hair growth.

Shirley Price Chamomile Maroc

Shirley Price Chamomile Maroc Pure Essential Oil (*ormensis multicaulis*), 10ml. Shirley Price's Chamomile Maroc is light, sweet, and herbaceous with a pale yellow to brownish yellow colour. It is a gentle essential oil to use in massage or bath blends for babies and children.

Shirley Price Chamomile Roman

Shirley Price Chamomile Roman Pure Essential Oil (*chamaemelum nobile*), 5ml, 10ml. Shirley Price's Chamomile Roman Essential Oil is a sweet, fruity and warm essential oil that is pale blue/green in colour. It is extracted from the flowering tops and is useful to encourage relaxation and ease general aches and pains.

Shirley Price Cinnamon Leaf

Shirley Price Cinnamon Leaf Pure Essential Oil (*Cinnamomum zeylanicum*), 10ml,

Shirley Price Citronella

Shirley Price Citronella Pure Essential Oil (*cymbopogon nardus*), 10ml. Shirley Price's Citronella Essential Oil is steam distilled from the fresh, part dried or dried grass. It has a powerful lemony aroma and blends well with all citrus and woody oils .

Shirley Price Clary Sage

Shirley Price Clary Sage Pure Essential Oil (*salvia sclarea*), 10ml. Shirley Price's Clary Sage Essential Oil is a powerful, woody, and herbaceous essential oil that is colourless to almost pale yellow. It is a natural euphoric, has a strong uplifting and soothing effect on the mind.

Shirley Price Clove Bud

Shirley Price Clove Bud Pure Essential Oil (*eugenia caryophyllata*), 10ml. Shirley Price's Clove Bud Essential Oil has a sweet, spicy and fruity aroma with a pale yellow colour. It has been traditionally used to reduce the pain of toothache.

Shirley Price Coriander

Shirley Price Coriander Pure Essential Oil (*coriandrum sativum*), 10ml. Shirley Price's Coriander Essential Oil is a sweet spicy, peppery and herbaceous essential oil with a colourless to pale yellow colour. It is perfect in a blend to massage and soothe the abdomen.

Shirley Price Cypress

Shirley Price Cypress pure Essential Oil (*cypressus sempevirens*), 10ml. Shirley Price's Cypress Essential Oil has a pale yellowish to pale olive-green colour and a clearing, stimulating and fresh aroma. It is a strong anti-septic and astringent, and considered by the Chinese to benefit chest complaints.

Shirley Price Eucalyptus Globulus

Shirley Price Eucalyptus Globulus Pure Essential Oil (*eucalyptus globulus*), 10ml. Shirley Price's Eucalyptus Globulus Essential Oil is a colourless oil with a clearing, camphoraceous and herbaceous aroma. It is very useful during the winter months and can be used in a steam inhalation.

Shirley Price Fennel Sweet

Shirley Price Fennel Sweet Pure Essential Oil (*foeniculum vulgare var.dulce*), 10ml. Shirley Price's Fennel Essential Oil is a colourless to pale yellow oil with a strong, sweet-spicy aniseed aroma. It has long been used to reduce bloating and improve digestion when drunk as a tea.

Shirley Price Frankincense

Shirley Price Frankincense Pure Essential Oil (*boswellia carterii*), 10ml. Shirley Price's Frankincense Essential Oil is a pale yellow oil with a spicy, woody, light lemony aroma. It is a safe essential oil that can be used for children.

Shirley Price Geranium Bourbon

Shirley Price Geranium Bourbon Pure Essential Oil (*pelargonium graveolens*), 10ml. Shirley Price's Geranium Bourbon Essential Oil is delightful, fresh, green, essential oil with a rose-like aroma, an excellent balancing oil for all-round use. It especially popular with women due to its rosey topnotes.

Shirley Price Geranium Egyptian

Shirley Price Geranium Egyptian Pure Essential Oil (*pelargonium graveolens*), 10ml. Shirley Price's Geranium Egyptian Essential Oil is delightful, fresh, and green, essential oil with a rose-like scent. It has a lighter and more subtle aroma than the Bourbon type.

Shirley Price Ginger

Shirley Price Ginger Pure Essential Oil (*zingiber officinalis*), 10ml is pale amber in colour and has a sweet-spicy, warming and earthy aroma. Shirley Price's Ginger Essential Oil is perfect to add to a warming bath to stimulate the circulation in cold weather.

Shirley Price Grapefruit

Shirley Price Grapefruit pure essential oil 10ml (*Citrus paradisi*) is yellow-green in colour and has a fresh, sweet, and clean citrus aroma. Grapefruit essential oil is wonderfully uplifting, cleansing and refreshing - the perfect pick me up.

Shirley Price Jasmine 5% In Light Coconut

Shirley Price Jasmine 5% in Light Coconut oil is adark to yellow-amber in colour and has a strong, floral, heady and sensual aroma. Jasmine is known as an absolute as it can only be extracted from the flowers using alcohol.

Shirley Price Jasmine Absolute

Shirley Price Pure Jasmine Absolute 2ml, (*Jasminum grandiflorum*) has a strong, floral, heady and sensualaroma and is dark yellow to amber in colour. Not recommended during pregnancy but excellent to use during childbirth.

Shirley Price Juniperberry

Shirley Price Juniperberry Pure Essential Oil (*Juniperus communis*), 10ml. Shirley Price's Juniperberry is a sweet, clear essential oil with a sharp astringent aroma. It is best known for cleansing and encouraging elimination of toxins.

Shirley Price Lavender (High Altitude)

Shirley Price Lavender (High Altitude) Pure Essential Oil (*Lavendula angustifolia*), 10ml. Shirley Price's Lavender Essential Oil is clear to pale yellow in colour and has a beautifully fresh, floral, light and sweet aroma. It is the most widely used essential oil in aromatherapy.

Shirley Price Lemon

Shirley Price Lemon Pure Essential Oil (*Citrus limonum*), 10ml. Shirley Price's Lemon Essential Oil has a light, sharp, but sweet aroma. Lemon Essential Oil is pale green-yellow in colour and is extracted from the lemon peel. Very effective when used in an oil burner and great on winter ills.

Shirley Price Lemongrass

Shirley Price Lemongrass essential oil 10ml, (*Cymbopogon citratus*) has a yellow to amber colour and a fresh, clean, citrus aroma. Combine with Cedarwood to repel insects in the Summer or add to a bowl of water with Geranium oil to soak tired feet.

Shirley Price Lime (Distilled)

Shirley Price Lime (distilled) essential oil 10ml (*Citrus reticulata*) has a sharp, bitter-sweet aroma and is a clear colourless liquid. Makes a perfect room fragrancing blend when combined with Lavender and Neroli, and is a wonderful revitalising oil.

Shirley Price Mandarin

Shirley Price Mandarin essential oil 10ml, (*Citrus reticulata*) is amber to orange in colour and has a sweet, gentle, but tangy aroma. Mandarin is a gentle oil making popular for use by pregnant women and children in low dilutions.

Shirley Price Marjoram Sweet

Shirley Price Marjoram Sweet pure essential oil 10ml (*Origanum marjorana*) is a sweet oil with a herbaceous aroma. Sweet Marjoram is perfect to combine with lavender for a warm bath before bedtime to aid sleep and relaxation.

Shirley Price May Chang (Litsea)

Shirley Price May Chang (Litsea) essential oil 10ml, (*Litsea Cubeba*) is a pure essential oil steam distillation of the pepper shaped fruits. May Chang is a good room deodoriser and insect repellent, and is also good for problem skin.

Shirley Price Melissa

Shirley Price Melissa pure essential oil 2ml, (*Melissa officinalis*) is pale yellow to clear in colour and carries a subtle, Sweet-Lemony, and herbaceous aroma. Traditionally infusions of Melissa leaves were taken to heal broken hearts and melancholy.

Shirley Price Melissa Type

Shirley Price Melissa Type essential oil blend 10ml, is a blend of pure essential oils with a strong, lemony-citrus aroma. It can be used in a burner to repel insects and is a perfect room fragrancener.

Shirley Price Myrrh

Shirley Price Myrrh essential oil 10ml (*Commiphora myrrha*) is pale yellow to amber in colour and has a sweet, smoky, and slightly musky aroma. Myrrh has acquired a reputation as a healing resin over the centuries and used in inhalations for winter ills.

Shirley Price Neroli

Shirley Price Neroli pure essential oil 2ml, also known as *Citrus aurantium* var *amara* is a subtle and sweet-floral essential oil. It is distilled from the orange blossoms and is wonderful to add to a bath to soak away stresses and strains of life.

Shirley Price Neroli 5% In Light Coconut Oil

Shirley Price Neroli 5% In Light Coconut Oil is a mix of pure neroli essential oil with coconut carrier oil. It is clear to pale yellow in colour and has a subtle, sweet-floral aroma.

Shirley Price Niaouli

Shirley Price Niaouli essential oil 10ml, also known as *Melaleuca viridiflora* has a powerful, clear, and slightly sweet aroma. Niaouli is a member of the Tea tree family and can be used in blends or a burner to help ease winter ills.

Shirley Price Nutmeg

Shirley Price Nutmeg essential oil 10ml, (also known as *Myristica fragrans*) has a sweet, spicy, and warming aroma and is pale yellow to clear in colour. Nutmeg is a very versatile oil and can be added to most blends.

Shirley Price Orange (Sweet)

Shirley Price Orange (Sweet) Essential Oil 10ml,(also known as *Citrus aurantium*) is sweet, and warm, with a refreshing citrus aroma. Sweet Orange Essential Oil is pale yellow to amber in colour and is an excellent addition to any winter evening.

Shirley Price Palmarosa

Shirley Price Palmarosa essential oil 10ml (also known as cymbopogon martinii), has a sweet, rosy like aroma and is pale yellow or pale olive in colour. Palmarosa is native to India and is one of the best natural sources of geraniol.

Shirley Price Patchouli

Shirley Price Patchouli essential oil 10ml (also known as pogostemon cablin) has a earthy-sweet and musky aroma. Patchouli essential oil is dark yellow to amber in colour and is distilled from the dried leaves of the bushy herb. Popular in perfumes.

Shirley Price Peppermint English

Shirley Price Peppermint (English) essential oil 10ml (also known as Mentha Piperita) is a light, refreshing, clear and minty essential oil. It is the ideal essential oil to be blended with sweet Almond oil as a tummy rub to ease aches and digestion.

Shirley Price Petitgrain

Shirley Price Petitgrain essential oil 10ml (also known as Citrus Aurantium var Amara) is clear to pale yellow in colour and has a subtle, sweet, orange, floral aroma. Petitgrain can be used in aromatherapy blends to soothe and uplift the senses.

Shirley Price Pine Scotch

Shirley Price Pine Scotch essential oil 10ml (also known as Pinus Sylvestris) is sharp, clearing, and slightly musky essential oil that is clear in colour. Distilled from the needles, twigs and cones, Pine is a good choice for winter steam inhalations.

Shirley Price Ravensara

Shirley Price Ravensara essential oil 10ml (also known as Ravensara Aromatica) has a clear, sharp, fresh aroma, and is pale yellow to colourless. Ravensara is well known for its anti-viral properties and is often used to stem off cold and flu symptoms.

Shirley Price Rose Absolute (Pure)

Shirley Price Rose Absolute 2ml (also known as Rosa Centifolia) has a rich, sweet, floral aroma and is dark yellow to amber in colour. Rose Absolute can be used in aromatherapy blends and is popular in skin care products.

Shirley Price Rose Absolute 5% In Coconut

Shirley Price Rose Absolute 5% in Coconut oil 10ml, has rich, sweet, floral aroma and is dark yellow to amber in colour. The dilution of Rose Absolute in coconut oil makes this oil convenient for aromatherapeutic use and is a light moisturising oil.

Shirley Price Rose Otto (Pure)

Shirley Price Rose Otto 2ml (also known as Rosa damascena) has a deep, rich-sweet, floral aroma and is dark yellow to amber in colour. Rose Otto is the purest form of Rose oil a

Shirley Price Rose Otto 5% In Light Coconut

Shirley Price Rose Otto 5% In Light Coconut oil 10ml, has a deep, rich-sweet and floral aroma and is dark yellow to amber in colour. Rose otto is the purest form of Rose oil and has been combined with coconut oil for your convenience.

And can be used in massage blends and skin care products.

Shirley Price Spearmint

Shirley Price Spearmint essential oil 10ml (also known as *Mentha Spicata*) has a sweet, smooth, clear aroma and is clear in colour. Steam distilled from the fresh flowering tops of the herb, Spearmint essential oil is an ideal room fragrance.

Shirley Price Spruce Black

Shirley Price Black Spruce essential oil 10ml.

Shirley Price Rosemary

Shirley Price Rosemary essential oil 10ml (also known as *Rosmarinus Officinalis*) has a clear, sharp, herbaceous aroma and is clear in colour. Rosemary is the classic get up and go essential oil and has many beneficial therapeutic uses.

Shirley Price Sandalwood

Shirley Price Sandalwood essential oil 5ml (also known as *Santalum Album*) has a smooth, exotic, spicy-wood aroma and is pale yellow to amber in colour. Sandalwood has long been used as a perfume by both men and women and is popularly used in blends.

Shirley Price Tea Tree

Shirley Price Tea Tree essential oil 10ml (also known as *Melaluca Alternifolia*) is highly anti-septic, anti-bacterial, anti-viral and anti-fungal. It is beyond measure as skin cleanser.

Shirley Price Thyme Sweet (Linalol)

Shirley Price Thyme Sweet (Linalol) 10ml (also known as *Thymus Vugaris*) is a sharp, and sweet essential oil with a clearing aroma that is clear in colour. Sweet Thyme essential oil (Linalol type) can be used in an oil burner to create a 'germ-free zone'

Shirley Price Vetiver

Shirley Price Vetiver essential oil 10ml (also known as *Vetiveria Zizanoides*) has a smoky, woody and earthy aroma and is amber to olive-brown in colour. Vetiver is extremely viscous and requires warming in the hands before use.

Shirley Price Ylang Ylang

Shirley Price Ylang Ylang essential oil 10ml(also known as *Cananga Odorata*) has a heady, floral, and sensual aroma and is clear in colour. Ylang Ylang can be used widely in sensual and soothing, luxury massage blends.

Shirley Price Organic Almond Sweet

Shirley Price Organic Sweet Alrmond carrier oil 100ml, (also known as *Prunus amygdalus*) is the most popular oil for massage. Shirley Price Organic Sweet Almond oil is suitable for all skin types but especially for slightly dry or sensitive skin.

Shirley Price Organic Apricot Kernel

Shirley Price Organic Apricot Kernel carrier oil 100ml, (also known as *Prunus armeniaca*) is a fine, moisturising massage oil which is readily absorbed by the skin and is particularly suited for facial massage and blends.

Shirley Price Organic Bergamot

Shirley Price Organic Bergamot pure essential oil 10ml, has a light citrus orange, delicate but refreshing aroma and is yellowish green colour. Extracted from the peel of the fruit Shirley Price Organic Bergamot essential oil is the perfect pick me up

Shirley Price Organic Cedarwood Atlas

Shirley Price Organic Cedarwood Atlas essential oil 10ml, (also known as *Cedrus atlantica*) is a sweet, dry but woody essential oil with a yellowish to orange colour. Shirley Price Organic Cedarwood essential oil is popular in blends to be used on men.

Shirley Price Organic Chamomile Roman

Shirley Price Organic Roman Chamomile essential oil 2ml, (also known as *Anthemis nobilis*) is pale in colour and is one of the few essential oils sourced from England. It is an all-round and soothing essential oil, suitable for use on babies and children

Shirley Price Organic Clary Sage

Shirley Price Organic Clary Sage essential oil 5ml, (also known as *salvia sclarea*) is a powerful, woody, and herbaceous essential oil that is colourless to pale yellow. Known as a natural euphoric it is a wonderfully uplifting essential oil.

Shirley Price Organic Eucalyptus Globulus

Shirley Price Organic Eucalyptus Globulus essential oil 10ml is clearing, camphoraceous and herbaceous. Eucalyptus globulus is a clear colourless essential oil that is very useful during the winter months.

Shirley Price Organic Geranium Egyptian

Shirley Price Organic Geranium (Egyptian) essential oil 10ml, (also known as Pelargonium graveolens) is a delightful, fresh and green, rose-like essential oil that is clear to light green in colour. This is a very rare organic essential oil.

Shirley Price Organic Grapefruit

Shirley Price Organic Grapefruit essential oil 10ml, (also known as Citrus paradisi) has a fresh, sweet, and clean citrus aroma with a yellow-greenish colour. Grapefruit has a wonderful and uplifting aroma, and is cleansing and refreshing.

Shirley Price Organic Juniperberry

Shirley Price Organic Juniperberry essential oil 5ml, (also known as Juniperus communis) is sweet, clear, sharp and astringent essential oil that is clear in colour. Juniperberry is best known for cleansing and encouraging elimination of toxins.

Shirley Price Organic Lavender (High-Altitude)

Shirley Price Organic Lavender (High - Altitude) essential oil 10ml, (also known as Lavandula officinalis) has a fresh, floral, light and sweet aroma and is clear to pale yellow in colour. Lavender is the most popular essential oil used in Aromatherapy.

Shirley Price Organic Lemon

Shirley Price Organic Lemon essential oil 10ml, (also known as Citrus limonum) is a light, sharp, and sweet essential oil that is pale greeny-yellow in colour. Lemon essential oil has a clearing effect and is especially useful for winter ills.

Shirley Price Organic Lemongrass

Shirley Price Organic Lemongrass 10ml (also known as Cymbopogon citratus) is a fresh, clean, essential oil with a citrus aroma, and is yellow to amber in colour. Lemongrass is very refreshing and blends well with Geranium essential oil.

Shirley Price Organic Mandarin

Shirley Price Organic Mandarin essential oil 10ml (also known as Citrus reticulata) has a sweet, gentle, but tangy aroma and is amber to orange in colour. Organic Mandarin essential oil is considered one of the more gentle essential oils.

Shirley Price Organic Orange (Sweet)

Shirley Price Organic Sweet Orange essential oil 10ml (also known as Citrus aurantium) is a sweet, warm, citrus oil with a pale yellow to amber colour. It is perfect for Christmas time when added to an oil burner with Frankincense essential oil.

Shirley Price Organic Patchouli

Shirley Price Organic Patchouli essential oil 10ml (also known as pogostemon cablin) has an earthy-sweet, musky aroma and is dark yellow to amber in colour.

Shirley Price Organic Peppermint

Shirley Price Organic Peppermint essential oil 10ml (also known as mentha piperita) has a light, refreshing, clear and minty aroma. Often used in after-dinner mints the essential oil of peppermint makes a comforting tummy rub.

Shirley Price Organic Rose Otto 5% Dilution In Jojoba

Shirley Price Organic Rose Otto (also known as Rosa damascena) as 5% Dilution in Jojoba oil has a deep, rich-sweet and floral aroma and is dark yellow to amber in colour. A wonderfully light moisturising oil with the unique therapeutic qualities of Rose.

Shirley Price Organic Rosemary

Shirley Price Organic Rosemary essential oil (also known as Rosmarinus officinalis) has a clear, sharp and herbaceous aroma and is clear in colour. Rosemary essential oil can be used in a burner to aid concentration and exam revision.

Shirley Price Organic Sesame

Shirley Price Organic Sesame carrier/base oil (also known as sesamum indicum) is the preferred massage oil of Ayurvedic practitioners. Sesame oil is particularly high in vitamin E and calcium, and is a useful addition to facial massage blends.

Shirley Price Organic Sunflower

Shirley Price Organic Sunflower oil (also known as *helianthus annuus*) is a light and economical oil that is very popular amongst massage therapists because it is practically allergy-proof. Sunflower oil is the preferred oil for baby massage.

Shirley Price Organic Tea Tree

Shirley Price Organic Tea Tree essential oil 10ml (also known as *melaleuca alternifolia*) is highly anti-septic, anti-bacterial, anti-viral and anti-fungal. Tea Tree essential oil is the most popular oil for the treatment of skin infections.

Shirley Price Organic Ylang Ylang Complete

Shirley Price Organic Ylang Ylang Complete essential oil 10ml, (also known as *Cananga odorata*) has a heady, floral, and sensual aroma, and is clear in colour. Ylang Ylang can be blended with Sandalwood and Sweet Almond Oil for a sensual massage blend.

Shirley Price Almond Sweet

Shirley Price Sweet Almond Oil (*Prunus amygdalus*) is a popular oil for any type of massage. Suitable for all skin types. Especially good for slightly dry or sensitive skin. Use on its own or as a carrier oil to mix with Shirley Price Essential Oils.

Product Description:

Shirley Price Sweet Almond Oil (*Prunus amygdalus*) 150ml, is a popular massage oil suitable for any type of massage. Shirley Price Almond Oil is suitable for all skin types but is especially good for slightly dry or sensitive skin. Absolute Aroma's Sweet Almond Oil provides a medium massage slip and has good vitamin and mineral content including vitamins A, B and E. Use on its own or as a carrier oil for Aromatherapy and mix with a few drops of Shirley Price Essential Oils.

Specific Safety Advice:

May not be suitable for those with nut allergies.

Shirley Price Apricot Kernel

Shirley Price Apricot Kernel (*Prunus armeniaca*) Oil 150ml is a fine, moisturising oil that is readily absorbed into the skin. Shirley Price Apricot Kernel Oil is suitable for facial massage. Use on its own or as a carrier oil for Aromatherapy blends.

Product Description:

Shirley Price Apricot Kernel (*Prunus armeniaca*) Oil 150ml. A fine, moisturising oil that is readily absorbed into the skin. Shirley Price Apricot Kernel Oil is suitable for facial massage. Use on its own or as a carrier oil for Aromatherapy blends.

Try blending with Shirley Price Avocado Oil, Shirley Price Borage Oil or Shirley Price Wheatgerm Oil to boost the vitamin content of the blend. Add a few of your favourite essential oils for a therapeutic aromatherapy massage.

Shirley Price Apricot Kernel Oil is especially good as a massage oil for Indian Head Massage as it is light and not heavy on the skin, but has excellent moisturising and replenishing properties. Shirley Price Apricot Kernel Oil suits all skin types especially dry, mature or delicate skin.

Specific Safety Advice:

May not be suitable for those with nut allergies.

Shirley Price Avocado (Crude)

Shirley Price Avocado (Crude) Carrier/Base Oil (also known as *Persea americana*). The crude version of Avocado oil is a heavy, sticky oil that is very high in vitamins and minerals. It is particularly suited to weathered, dry or mature skin.

Product Description:

Shirley Price Avocado (Crude) Carrier/Base Oil (also known as *Persea americana*).

The crude version of Avocado oil is a heavy, sticky oil that is very high in vitamins and minerals. It is particularly suited to weathered or mature skin.

The refined version is lighter and more versatile but less rich in nutrients. They are both ideally suited for use in facial blends or for adding to blends to boost the vitamin content.

Shirley Price Avocado (Refined)

Shirley Price Avocado Refined Oil (also known as *Persea americana*). The refined version of Avocado oil is light and more versatile but less rich in nutrients when compared with the Crude version. Refined Avocado Oil is ideally suited for facial blends.

Shirley Price Borage

Shirley Price Borage Oil (also known as *Borago officinalis*) is extremely high in GLAs (gamma linolenic acids). This is an excellent oil for facial blends and is suitable for all skin types, but especially for mature skin.

Shirley Price Coconut

Shirley Price Coconut carrier oil (also known as *Cocos nucifera*) is a light oil, pressed from the dried flesh of coconuts; non-greasy and readily absorbed by the skin, it is invaluable for skin and hair care.

Shirley Price Calendula

Shirley Price Calendula Carrier Oil (also known as *Calendula officinalis*), infuses wild marigolds in Sesame Oil to produce a gentle, soothing oil which is suitable for use on all the family and even those with sensitive skin or allergies.

Shirley Price Carrot

Shirley Price Carrot carrier oil (*Daucus carota*) is macerated carrots in Sesame Oil to produce this orange-coloured oil which is very high in Vitamins A, B, C, D and E. Add Shirley Price Carrot oil to blends to prevent stretch marks and nourish skin

Shirley Price Evening Primrose

Shirley Price Evening Primrose Oil 150ml, (*Oenothera biennis*) is an well-known carrier oil with a rich GLA content. This fine oil is particularly useful for dry and mature skin, and can be used neat for facial massage or added to aromatherapy blends.

Shirley Price Grapeseed

Shirley Price Grapeseed carrier oil 500ml, (*Vitis vinifera*) is the second most popular massage base oil. This is a light oil with a non-sticky texture and high slip. Its moderate vitamin and mineral content can be boosted by adding other base oils.

Shirley Price Hazelnut Carrier Oil

Shirley Price Hazelnut Carrier Oil 150ml, (*Corylus avellana*) is a slightly astringent, easily-absorbed oil that is particularly suited to facial massage or blends for oily or combination skin types.

Shirley Price Jojoba

Shirley Price Jojoba base oil 150ml, (*Simmondsia chinensis*) is actually a wax not an oil and can solidify in cold weather. Jojoba Oil is very fine, high in vitamin E and resembles the skin's sebum in composition, its perfect for Indian Head Massage.

Shirley Price Macadamia

Shirley Price Macadamia carrier oil 150ml (*Macadamia integrifolia*) is a rich, highly moisturising oil with a distinguishable aroma. Useful for blending with other base oils to boost the Essential Fatty Acid content.

Shirley Price Peach Kernel

Shirley Price Peach Kernel oil 150ml (*Prunus persica*) is a fine, light, moisturising oil which is readily absorbed by the skin and is particularly suited for facial massage and aromatic blends. Peach Kernel oil is a very versatile oil.

Shirley Price RoseHip

Shirley Price RoseHip Oil 50ml (*Rosa Mosqueta/Rosa canina*) is a unique oil that is very high in anti-oxidant vitamins and GLAs. Rosehip is the best oil to add to blends to prevent stretch marks and to boost other oils' vitamin content.

Shirley Price Sesame

Shirley Price Sesame oil 150ml (also known as *Sesamum indicum*) is the preferred massage oil of Ayurvedic practitioners. Sesame oil is particularly high in vitamin E and in calcium.

Shirley Price St John's Wort

Shirley Price St John's Wort oil 150ml (also known as *Hypericum perforatum*) infuses *Hypericum* flowers in Sesame Oil to produce a soothing oil with therapeutic properties.

Shirley Price Sunflower

Shirley Price Sunflower oil 150ml (also known as *Helianthus annuus*) is a light and economical oil that is very popular amongst massage therapists because it is practically allergy-proof. Sunflower is the preferred oil for baby massage.

Shirley Price Wheatgerm

Shirley Price Wheatgerm oil 150ml (also known as *Triticum vulgare*) is a thick, sticky oil that is high in Vitamin E and very useful when added to blends for its anti-oxidant action. Use neat on small areas of extremely dry, weathered skin.

Shirley Price Breatheasy

Shirley Price Breatheasy Essential Oil Blend 10ml, is a neat blend of pure essential oils. Add a few drops to an oil burner or 1-2 drops in a bowl of hot water for steam inhalation, additionally you can add a few drops into a base cream or carrier oil.

Shirley Price Daybreak

Shirley Price Daybreak Essential Oil Blend 10ml is a neat blend of pure essential oils to refresh and awaken mind, body and spirit.

Shirley Price De-Stress

Shirley Price De-Stress Essential Blend 100ml for bath and massage offers a respite from daily tensions, stresses and strains. The De-Stress Essential Blend for bath and shower contains pure essential oils diluted in carrier/base oil.

Shirley Price Detox

Shirley Price Detox Essential Blend 100ml, for bath and massage is a powerful aromatherapy blend to encourage elimination of toxins and help to reduce cellulite and encourage healthy skin.

Shirley Price Equilibrium

Shirley Price Equilibrium Essential Blend 100ml for bath and massage, is a balancing blend of pure essential oils diluted in carrier oil that offers support and comfort in times of need and contains Bergamot Frankincense and Rose essential oils.

Shirley Price Expecting

Shirley Price Expecting Oil 100ml, is a delicate blend of base oils that nourishes and supports the senses during pregnancy. This rich base of Jojoba, Apricot Kernel, Evening Primrose and Carrot makes this an ideal blend to use during late pregnancy.

Shirley Price Focus

Shirley Price Focus Essential Oil Blend 10ml, is a neat blend of pure essential oils to help focus and concentration. Add a few drops to an oil burner, or a bowl of hot water for steam inhalation.

Shirley Price Goodnight

Shirley Price Goodnight Essential Oil Blend 10ml, is a neat blend of pure essential oils known to have a relaxing, calming and sedative effect. This is a neat blend of essential oils that can be used in a burner, added to a bath, or diluted for massage.

Shirley Price Headaid

Shirley Price Headaid Essential Oil Blend 10ml, is a neat blend of pure essential oils to benefit and ease headaches and a stuffy head. Dilute into a base oil for massage, add a few drops to the bath or add to a burner to uplift the mind.

Shirley Price Mobility

Shirley Price Mobility Essential Blend 100ml for bath and massage is a warming aromatherapy blend to help soothe sports or everyday aches and pains. The invigorating oils of Ginger, Rosemary, Camphor and Fennel create a warming aromatherapy blend.

Shirley Price Noel

Shirley Price Noel essential oil blend 10ml is a cheery festive blend for the Winter and Christmas season. But wonderful enough to use all year round.

Shirley Price Refresh

Shirley Price Refresh essential oil blend 100ml is an uplifting pure essential oil blend to revitalise the body and uplift the senses. Refresh contains Sweet Orange and Fir Balsam with Spearmint and Lime to revitalise the body and elevate the senses.

Shirley Price Relaxation

Shirley Price Relaxation essential oil blend 100ml is a deeply soothing aromatherapy blend to comfort the mind, body and soul. Relaxation contains Cardamom, Cedar Leaf, Chamomile and Vetiver to relax and comfort. Massage into feet and legs daily.

Shirley Price Romance

Shirley Price Romance essential oil blend 100ml is a sensuous aromatherapy blend to soothe the mind and excite the senses. Ylang Ylang and Rose combine with the exotic aromas of White Champaka and Jasmine, to tantalise the mind and excite the senses.

Shirley Price Basil Linalol Type

Shirley Price Basil Linalol (*Ocimum Basilicum*) Pure Essential Oil, 10ml. This wonderful essential oil is a steam distillation of leaves and flowering tops. Shirley Price Basil Linalol essential oil is clear, sweet, spicy and yellowish in colour.

Shirley Price Bay

Shirley Price Bay Essential Oil (also known as *Pimenta racemosa*). Absolute Aroma's Bay essential oil is extracted from the leaves, it is a warming, stimulating, and spicy essential oil with a greenish-yellow colour. It is great for use as a hair tonic.

Shirley Price Benzoin 40%

Shirley Price Benzoin 40% Essential Oil (also known as *Styrax tonkinensis*) is extracted from the Resin. Benzoin has a sweet, rich, vanilla-like, fragrance and is a warming dark amber like colour. It is great for weather-worn skin.

Shirley Price Bergamot

Shirley Price Bergamot Essential Oil (also known as *Citrus bergamia*) is a light citrus oil with a fruity aroma that is delicate and refreshing. It is clear in colour and can be used in a burner to cleanse and uplift the atmosphere.

Shirley Price Black Pepper

Shirley Price Black Pepper essential oil 10ml (also known as *piper nigrum*) is a sharp, fresh-spicy essential oil that is clear in colour. Black Peper is extremely useful for sports people and can be blended with Rosemary and Lemon for a relaxing massage

Shirley Price Cajeput

Shirley Price Cajeput Essential Oil (also known as *Melaleuca cajeputi*) is a clearing, camphoraceous, and penetrating, essential oil with a pale yellow-green colour. Cajeput is a useful addition to steam inhalations to relieve symptoms of winter chills.

Shirley Price Camphor

Shirley Price Camphor essential oil 10ml, is a white almost colourless, pale yellow oil with a sharp, and pungent aroma. Shirley Price Camphor is safe for Aromatherapeutic use, but should be used with caution and kept away from children and pets.

Shirley Price Cardomom

Shirley Price Cardomom Essential Oil 10ml, (also known as *Elettaria cardamomum*) is produced from the ripe fruit (seeds) of the herb. Shirley Price Cardomom mixes well with other Essential Oils producing wonderfully warm, therapeutic aromatic blends.

Shirley Price Carrot Seed

Shirley Price Carrot Seed essential oil (also known as *Daucus carota*) is a warming and earthy essential oil with a rich amber colour. Carrot Seed essential oil blends well with citrus and spice oils as well as Geranium and Cedarwood.

Shirley Price Cedarwood Atlas

Shirley Price Cedarwood Atlas Essential Oil 10ml (also known as *Cedrus atlantica*) is a sweet, but also dry and woody essential oil, with a yellowish to orange colour. Popular in mens toiletries to help improve the condition of the skin and hair growth.

Shirley Price Chamomile Maroc

Shirley Price Chamomile Maroc (also known as *Ormenis multicaulis*) is light, sweet, and herbaceous with a pale yellow to brownish yellow colour. Chamomile Maroc is a gentle essential oil to use in massage or bath blends for babies and children.

Shirley Price Chamomile Roman

Shirley Price Chamomile Roman is a sweet, fruity and warm essential oil that is pale blue/green in colour. Roman Chamomile is extracted from the flowering tops and is useful to encourage relaxation and ease general aches and pains.

Shirley Price Cinnamon Leaf

Absolute Aroma's Cinnamon Leaf Essential Oil, 10ml

Shirley Price Citronella

Shirley Price Citronella Essential Oil 10ml, (also known as *Cymbopogon nardus*) is steam distilled from the fresh, part dried or dried grass. Citronella has a powerful lemony aroma and blends well with all citrus and woody oils .

Shirley Price Clary Sage

Shirley Price Clary Sage Essential Oil 10ml, (also known as *Salvia sclarea*) is a powerful, woody, and herbaceous essential oil that is colourless to almost pale yellow. A natural euphoric, Clary Sage has a strong uplifting, soothing effect on the mind.

Shirley Price Clove Bud

Shirley Price Clove Bud Essential Oil 10ml. (also known as *Eugenia caryophyllata*) has a sweet, spicy and fruity aroma with a pale yellow colour. Clove Bud Essential Oil has been traditionally used to reduce the pain of toothache.

Shirley Price Coriander

Shirley Price Coriander Essential Oil (*Coriandrum sativum*) is a sweet spicy, peppery and herbaceous essential oil with a colourless to pale yellow colour. Coriander Essential Oil is perfect in a blend to massage and soothe the abdomen.

Shirley Price Cypress

Shirley Price Cypress (*Cypressus sempevirens*) has a pale yellowish to pale olive-green colour and a clearing, stimulating and fresh aroma. Cypress is a strong anti-septic and astringent, and considered by the Chinese to benefit chest complaints.

Shirley Price Eucalyptus Globulus

Shirley Price Eucalyptus Globulus pure essential oil 10ml, is a colourless oil with a clearing, camphoraceous and herbaceous aroma. Eucalyptus Globulus is very useful during the winter months and can be used in a steam inhalation.

Shirley Price Fennel Sweet

Shirley Price Fennel Sweet 10ml pure essential oil (*Foeniculum vulgare var.dulce*), is a colourless to pale yellow oil with a strong, sweet-spicy aniseed aroma. Fennel has long been used to reduce bloating and improve digestion when drunk as a tea.

Shirley Price Frankincense

Shirley Price Frankincense essential oil 10ml, (also known as *Boswellia carterii*) or *Olibanum* also) is a pale yellow oil with a spicy, woody, light lemony aroma. Frankincense is a safe essential oil that can be used on children.

Shirley Price Geranium Bourbon

Shirley Price Geranium Bourbon pure essential oil 10ml, (*Pelargonium graveolens*) is delightful, fresh, green, essential oil with a rose-like aroma, an excellent balancing oil for all-round use and especially popular with women due to its rosey topnotes.

Shirley Price Geranium Egyptian

Shirley Price Geranium Egyptian (known as *Pelargonium graveolens*) is delightful, fresh, and green, essential oil with a rose-like scent. Egyptian Geranium has a lighter and more subtle aroma than the Bourbon type.

Shirley Price Ginger

Shirley Price Ginger pure essential oil 10ml, (*Zingiber officinalis*) is pale amber in colour and has a sweet-spicy, warming and earthy aroma. Ginger essential oil is perfect to add to a warming bath to stimulate the circulation in cold weather.

Shirley Price Grapefruit

Shirley Price Grapefruit pure essential oil 10ml (*Citrus paradisi*) is yellow-green in colour and has a fresh, sweet, and clean citrus aroma. Grapefruit essential oil is wonderfully uplifting, cleansing and refreshing - the perfect pick me up.

Shirley Price Jasmine 5% In Light Coconut

Shirley Price Jasmine 5% in Light Coconut oil is a dark to yellow-amber in colour and has a strong, floral, heady and sensual aroma. Jasmine is known as an absolute as it can only be extracted from the flowers using alcohol.

Shirley Price Jasmine Absolute

Shirley Price Pure Jasmine Absolute 2ml, (*Jasminum grandiflorum*) has a strong, floral, heady and sensual aroma and is dark yellow to amber in colour. Not recommended during pregnancy but excellent to use during childbirth.

Shirley Price Juniperberry

Shirley Price Juniperberry essential oil 10ml, also known as *Juniperus communis*, is a sweet, clear essential oil with a sharp astringent aroma. Juniperberry essential oil is best known for cleansing and encouraging elimination of toxins.

Shirley Price Lavender (High Altitude)

Shirley Price Lavender (High Altitude) essential oil 10ml, is clear to pale yellow in colour and has a beautifully fresh, floral, light and sweet aroma. Lavender is the most widely used essential oil in aromatherapy.

Shirley Price Lemon

Shirley Price Lemon Essential Oil 10ml, (*Citrus limonum*) has a light, sharp, but sweet aroma. Lemon Essential Oil is pale green-yellow in colour and is extracted from the lemon peel. Very effective when used in an oil burner and great on winter ills.

Shirley Price Lemongrass

Shirley Price Lemongrass essential oil 10ml, (*Cymbopogon citratus*) has a yellow to amber colour and a fresh, clean, citrus aroma. Combine with Cedarwood to repel insects in the Summer or add to a bowl of water with Geranium oil to soak tired feet.

Shirley Price Lime (Distilled)

Shirley Price Lime (distilled) essential oil 10ml (*Citrus reticulata*) has a sharp, bitter-sweet aroma and is a clear colourless liquid. Makes a perfect room fragrancing blend when combined with Lavender and Neroli, and is a wonderful revitalising oil.

Shirley Price Mandarin

Shirley Price Mandarin essential oil 10ml, (*Citrus reticulata*) is amber to orange in colour and has a sweet, gentle, but tangy aroma. Mandarin is a gentle oil making popular for use by pregnant women and children in low dilutions.

Shirley Price Marjoram Sweet

Shirley Price Marjoram Sweet pure essential oil 10ml (*Origanum marjorana*) is a sweet oil with a herbaceous aroma. Sweet Marjoram is perfect to combine with lavender for a warm bath before bedtime to aid sleep and relaxation.

Shirley Price May Chang (Litsea)

Shirley Price May Chang (Litsea) essential oil 10ml, (*Litsea Cubeba*) is a pure essential oil steam distillation of the pepper shaped fruits. May Chang is a good room deodoriser and insect repellent, and is also good for problem skin.

Shirley Price Melissa

Shirley Price Melissa pure essential oil 2ml, (*Melissa officinalis*) is pale yellow to clear in colour and carries a subtle, Sweet-Lemony, and herbaceous aroma. Traditionally infusions of Melissa leaves were taken to heal broken hearts and melancholy.

Shirley Price Melissa Type

Shirley Price Melissa Type essential oil blend 10ml, is a blend of pure essential oils with a strong, lemony-citrus aroma. It can be used in a burner to repel insects and is a perfect room fragrancener.

Shirley Price Myrrh

Shirley Price Myrrh essential oil 10ml (*Commiphora myrrha*) is pale yellow to amber in colour and has a sweet, smoky, and slightly musky aroma. Myrrh has acquired a reputation as a healing resin over the centuries and used in inhalations for winter ills.

Shirley Price Neroli

Shirley Price Neroli pure essential oil 2ml, also known as *Citrus aurantium var amara* is a subtle and sweet-floral essential oil. It is distilled from the orange blossoms and is wonderful to add to a bath to soak away stresses and strains of life.

Shirley Price Neroli 5% In Light Coconut Oil

Shirley Price Neroli 5% In Light Coconut Oil is a mix of pure neroli essential oil with coconut carrier oil. It is clear to pale yellow in colour and has a subtle, sweet-floral aroma.

Shirley Price Niaouli

Shirley Price Niaouli essential oil 10ml, also known as *Melaleuca viridiflora* has a powerful, clear, and slightly sweet aroma. Niaouli is a member of the Tea tree family and can be used in blends or a burner to help ease winter ills.

Shirley Price Nutmeg

Shirley Price Nutmeg essential oil 10ml, (also known as *Myristica fragrans*) has a sweet, spicy, and warming aroma and is pale yellow to clear in colour. Nutmeg is a very versatile oil and can be added to most blends.

Shirley Price Orange (Sweet)

Shirley Price Orange (Sweet) Essential Oil 10ml,(also known as *Citrus aurantium*) is sweet, and warm, with a refreshing citrus aroma. Sweet Orange Essential Oil is pale yellow to amber in colour and is an excellent addition to any winter evening.

Shirley Price Palmarosa

Shirley Price Palmarosa essential oil 10ml (also known as *cymbopogon martinii*), has a sweet, rosy like aroma and is pale yellow or pale olive in colour. Palmarosa is native to India and is one of the best natural sources of geraniol.

Shirley Price Patchouli

Shirley Price Patchouli essential oil 10ml (also known as *pogostemon cablin*) has a earthy-sweet and musky aroma. Patchouli essential oil is dark yellow to amber in colour and is distilled from the dried leaves of the bushy herb. Popular in perfumes.

Shirley Price Peppermint English

Shirley Price Peppermint (English) essential oil 10ml (also known as Mentha Piperita) is a light, refreshing, clear and minty essential oil. It is the ideal essential oil to be blended with sweet Almond oil as a tummy rub to ease aches and digestion.

Shirley Price Petitgrain

Shirley Price Petitgrain essential oil 10ml (also known as Citrus Aurantium var Amara) is clear to pale yellow in colour and has a subtle, sweet, orange, floral aroma. Petitgrain can be used in aromatherapy blends to soothe and uplift the senses.

Shirley Price Pine Scotch

Shirley Price Pine Scotch essential oil 10ml (also known as Pinus Sylvestris) is sharp, clearing, and slightly musky essential oil that is clear in colour. Distilled from the needles, twigs and cones, Pine is a good choice for winter steam inhalations.

Shirley Price Ravensara

Shirley Price Ravensara essential oil 10ml (also known as Ravensara Aromatica) has a clear, sharp, fresh aroma, and is pale yellow to colourless. Ravensara is well known for its anti-viral properties and is often used to stem off cold and flu symptoms.

Shirley Price Rose Absolute (Pure)

Shirley Price Rose Absolute 2ml (also known as Rosa Centifolia) has a rich, sweet, floral aroma and is dark yellow to amber in colour. Rose Absolute can be used in aromatherapy blends and is popular in skin care products.

Shirley Price Rose Absolute 5% In Coconut

Shirley Price Rose Absolute 5% in Coconut oil 10ml, has rich, sweet, floral aroma and is dark yellow to amber in colour. The dilution of Rose Absolute in coconut oil makes this oil convenient for aromatherapeutic use and is a light moisturising oil.

Shirley Price Rose Otto (Pure)

Shirley Price Rose Otto 2ml (also known as Rosa damascena) has a deep, rich-sweet, floral aroma and is dark yellow to amber in colour. Rose Otto is the purest form of Rose oil a

Shirley Price Rose Otto 5% In Light Coconut

Shirley Price Rose Otto 5% In Light Coconut oil 10ml, has a deep, rich-sweet and floral aroma and is dark yellow to amber in colour. Rose otto is the purest form of Rose oil and has been combined with coconut oil for your convenience.

And can be used in massage blends and skin care products.

Shirley Price Spearmint

Shirley Price Spearmint essential oil 10ml (also known as Mentha Spicata) has a sweet, smooth, clear aroma and is clear in colour. Steam distilled from the fresh flowering tops of the herb, Spearmint essential oil is an ideal room fragrance.

Shirley Price Spruce Black

Shirley Price Black Spruce essential oil 10ml.

Shirley Price Rosemary

Shirley Price Rosemary essential oil 10ml (also known as Rosmarinus Officinalis) has a clear, sharp, herbaceous aroma and is clear in colour. Rosemary is the classic get up and go essential oil and has many beneficial therapeutic uses.

Shirley Price Sandalwood

Shirley Price Sandalwood essential oil 5ml (also known as Santalum Album) has a smooth, exotic, spicy-wood aroma and is pale yellow to amber in colour. Sandalwood has long been used as a perfume by both men and women and is popularly used in blends.

Shirley Price Tea Tree

Shirley Price Tea Tree essential oil 10ml (also known as Melaluca Alternifolia) is highly anti-septic, anti-bacterial, anti-viral and anti-fungal. It is beyond measure as skin cleanser.

Shirley Price Thyme Sweet (Linalol)

Shirley Price Thyme Sweet (Linalol) 10ml (also known as Thymus Vugaris) is a sharp, and sweet essential oil with a clearing aroma that is clear in colour. Sweet Thyme essential oil (Linalol type) can be used in an oil burner to create a 'germ-free zone'

Shirley Price Vetiver

Shirley Price Vetiver essential oil 10ml (also known as Vetiveria Zizanoides) has a smoky, woody and earthy aroma and is amber to olive-brown in colour. Vetiver is extremely viscous and requires warming in the hands before use.

Shirley Price Ylang Ylang

Shirley Price Ylang Ylang essential oil 10ml(also known as Cananga Odorata) has a heady, floral, and sensual aroma and is clear in colour. Ylang Ylang can be used widely in sensual and soothing, luxury massage blends.

Shirley Price Organic Almond Sweet

Shirley Price Organic Sweet Alrmond carrier oil 100ml, (also known as Prunus amygdalus) is the most popular oil for massage. Shirley Price Organic Sweet Almond oil is suitable for all skin types but especially for slightly dry or sensitive skin.

Shirley Price Organic Apricot Kernel

Shirley Price Organic Apricot Kernel carrier oil 100ml, (also known as Prunus armeniaca) is a fine, moisturising massage oil which is readily absorbed by the skin and is particularly suited for facial massage and blends.

Shirley Price Organic Bergamot

Shirley Price Organic Bergamot pure essential oil 10ml, has a light citrus orange, delicate but refreshing aroma and is yellowish green colour. Extracted from the peel of the fruit Shirley Price Organic Bergamot essential oil is the perfect pick me up

Shirley Price Organic Cedarwood Atlas

Shirley Price Organic Cedarwood Atlas essential oil 10ml, (also known as *Cedrus atlantica*) is a sweet, dry but woody essential oil with a yellowish to orange colour. Shirley Price Organic Cedarwood essential oil is popular in blends to be used on men.

Shirley Price Organic Chamomile Roman

Shirley Price Organic Roman Chamomile essential oil 2ml, (also known as *Anthemis nobilis*) is pale in colour and is one of the few essential oils sourced from England. It is an all-round and soothing essential oil, suitable for use on babies and children

Shirley Price Organic Clary Sage

Shirley Price Organic Clary Sage essential oil 5ml, (also known as *salvia sclarea*) is a powerful, woody, and herbaceous essential oil that is colourless to pale yellow. Known as a natural euphoric it is a wonderfully uplifting essential oil.

Shirley Price Organic Eucalyptus Globulus

Shirley Price Organic Eucalyptus Globulus essential oil 10ml is clearing, camphoraceous and herbaceous. Eucalyptus globulus is a clear colourless essential oil that is very useful during the winter months.

Shirley Price Organic Geranium Egyptian

Shirley Price Organic Geranium (Egyptian) essential oil 10ml, (also known as *Pelargonium graveolens*) is a delightful, fresh and green, rose-like essential oil that is clear to light green in colour. This is a very rare organic essential oil.

Shirley Price Organic Grapefruit

Shirley Price Organic Grapefruit essential oil 10ml, (also known as *Citrus paradisi*) has a fresh, sweet, and clean citrus aroma with a yellow-greenish colour. Grapefruit has a wonderful and uplifting aroma, and is cleansing and refreshing.

Shirley Price Organic Juniperberry

Shirley Price Organic Juniperberry essential oil 5ml, (also known as *Juniperus communis*) is sweet, clear, sharp and astringent essential oil that is clear in colour. Juniperberry is best known for cleansing and encouraging elimination of toxins.

Shirley Price Organic Lavender (High-Altitude)

Shirley Price Organic Lavender (High - Altitude) essential oil 10ml, (also known as *Lavandula officinalis*) has a fresh, floral, light and sweet aroma and is clear to pale yellow in colour. Lavender is the most popular essential oil used in Aromatherapy.

Shirley Price Organic Lemon

Shirley Price Organic Lemon essential oil 10ml, (also known as *Citrus limonum*) is a light, sharp, and sweet essential oil that is pale greeny-yellow in colour. Lemon essential oil has a clearing effect and is especially useful for winter ills.

Shirley Price Organic Lemongrass

Shirley Price Organic Lemongrass 10ml (also known as *Cymbopogon citratus*) is a fresh, clean, essential oil with a citrus aroma, and is yellow to amber in colour. Lemongrass is very refreshing and blends well with Geranium essential oil.

Shirley Price Organic Mandarin

Shirley Price Organic Mandarin essential oil 10ml (also known as *Citrus reticulata*) has a sweet, gentle, but tangy aroma and is amber to orange in colour. Organic Mandarin essential oil is considered one of the more gentle essential oils.

Shirley Price Organic Orange (Sweet)

Shirley Price Organic Sweet Orange essential oil 10ml (also known as *Citrus aurantium*) is a sweet, warm, citrus oil with a pale yellow to amber colour. It is perfect for Christmas time when added to an oil burner with Frankincense essential oil.

Shirley Price Organic Patchouli

Shirley Price Organic Patchouli essential oil 10ml (also known as *pogostemon cablin*) has an earthy-sweet, musky aroma and is dark yellow to amber in colour.

Shirley Price Organic Peppermint

Shirley Price Organic Peppermint essential oil 10ml (also known as *mentha piperita*) has a light, refreshing, clear and minty aroma. Often used in after-dinner mints the essential oil of peppermint makes a comforting tummy rub.

Shirley Price Organic Rose Otto 5% Dilution In Jojoba

Shirley Price Organic Rose Otto (also known as *Rosa damascena*) as 5% Dilution in Jojoba oil has a deep, rich-sweet and floral aroma and is dark yellow to amber in colour. A wonderfully light moisturising oil with the unique therapeutic qualities of Rose.

Shirley Price Organic Rosemary

Shirley Price Organic Rosemary essential oil (also known as *Rosmarinus officinalis*) has a clear, sharp and herbaceous aroma and is clear in colour. Rosemary essential oil can be used in a burner to aid concentration and exam revision.

Shirley Price Organic Sesame

Shirley Price Organic Sesame carrier/base oil (also known as *sesamum indicum*) is the preferred massage oil of Ayurvedic practitioners. Sesame oil is particularly high in vitamin E and calcium, and is a useful addition to facial massage blends.

Shirley Price Organic Sunflower

Shirley Price Organic Sunflower oil (also known as *helianthus annuus*) is a light and economical oil that is very popular amongst massage therapists because it is practically allergy-proof. Sunflower oil is the preferred oil for baby massage.

Shirley Price Organic Tea Tree

Shirley Price Organic Tea Tree essential oil 10ml (also known as *melaleuca alternifolia*) is highly anti-septic, anti-bacterial, anti-viral and anti-fungal. Tea Tree essential oil is the most popular oil for the treatment of skin infections.

Shirley Price Organic Ylang Ylang Complete

Shirley Price Organic Ylang Ylang Complete essential oil 10ml, (also known as *Cananga odorata*) has a heady, floral, and sensual aroma, and is clear in colour. Ylang Ylang can be blended with Sandalwood and Sweet Almond Oil for a sensual massage blend.