

Shirley Price Aromatherapy Ltd

2010 Product Catalogue

Introduction

Shirley Price Aromatherapy Products Catalogue 2010

Shirley Price Aromatherapy Ltd ('Sp' to our friends) is dedicated to providing only the finest quality plant oils for aromatherapy for professional healthcare and personal use.

Sp Essential Oils and Essentia Skin Care branded products are widely used amongst Professional Aromatherapists in 40 countries around the world due to their quality and effectiveness. Sp Essential Oils are sourced directly from growers in the Mediterranean countries, England and all around the world. They have been mixed and blended in our clean rooms at our laboratory and warehouse in Hinckley, England since 1974, for 35 years.

Sp Essential Oils and Essentia Shirley Price products have an international reputation for quality and consistency of our oils and training. 80% of production is exported all over world through international distributors on a wholesale basis and over the internet on a retail basis. Because we buy by the drum directly from distillers you can be sure of quality and be able to see the chemistry and certification of your oils.

Kindly note our international distributorships are exclusive and we will refer enquiries to your local distributor. The business is professionally managed and many of the staff have over 20 years service. The passion and atmosphere of a family company dedicated to personal service remains.

Ever since its formation in by Shirley and Len Price the Sp Factory has supplied the public on a retail basis and those who are trained professional aromatherapists on a wholesale basis. Sp is a member of IFPA - itself originally formed by Shirley Price as the ISPC and now a Charitable Trust. IFPA is dedicated to representing Professional Aromatherapists all around the world and itself headquartered in Hinckley near our factory. We train aromatherapists for IFPA membership. Our training college, the Shirley Price International College of Aromatherapy 'SPICA' is recognised as providing the leading training in Professional Aromatherapy. Over 5000 students have taken Sp courses. Aromatherapy training is now provided by colleges all over the UK in accordance with National Educational Standards and an individual commitment to excellence.

The knowledge collected over many years of training, supporting and supplying Professional Aromatherapists means that anyone who deals with Shirley Price Aromatherapy can have the confidence that they will be supplied with only the highest quality products. Everyone who uses our products have access to the expertise and experience in supplying essential oils and other personal healthcare products gathered over many years.

Sp Essential Oils

Essential oils are extracted from plants by various processes; normally by distilling the plant matter and extracting all the volatile properties. Most essential oils are antiseptic; many also fight fungal infections such as athletes foot and others combat viruses such as the common cold and warts. Of particular importance is that all essential oils are normalizing.

True essential oils are complete in themselves—no part of them has been extracted and nothing has been added.

Aromatherapists believe that untouched wholeness is of paramount importance. It is this ‘wholeness’ of the oil which gives it its normalizing properties. It may be many of the desirable properties of essential oils are due to components present in only tiny quantities and some like chamazulene which are a product of the steam distillation process itself.

You will find below our product listings and descriptions of the individual products.

Organic Product listing

Sp’s reputation has been built on supplying 100% pure products with no synthetics added. In latter years our distillers have also sought Organic status as well. We supply both conventional and organic oils. We always offer a conventional alternative where we cannot obtain the organic product at a similar cost.

Organic Essential Oil Listing

Organic Aniseed
Organic Basil
Organic Benzoin
Organic Bergamot
Organic Cajuput
Organic Caraway
Organic Cardomon
Organic Cedarwood
Organic Chamomile German
Organic Chamomile Moroccan
Organic Chamomile Roman
Organic Cinnamon Leaf
Organic Cistus
Organic Citronella
Organic Clary Sage
Organic Dill
Organic Eucalyptus Citriodora
Organic Eucalyptus Globulus
Organic Eucalyptus Radiata
Organic Eucalyptus Smithii
Organic Fennel
Organic Fir
Organic Frankincense
Organic Geranium
Organic Geranium Bourbon
Organic Ginger
Organic Grapefruit
Organic Helichrysum
Organic Hyssop
Organic Inula
Organic Juniper
Organic Juniper Berry
Organic Lavender (Bulgarian)

Organic Lavender (France)
Organic Lavender Organic
Organic Lavender Officinalis
Organic Lavender High Altitude
Organic Lavender Spike
Organic Lavandin
Organic Lemon
Organic Lemon Tea Tree
Organic Lemongrass
Organic Lime
Organic Mandarin
Organic Marjoram Sweet
Organic May Chang
Organic Melissa(France)
Organic Melissa(South Africa)
Organic Myrtle Red
Organic Neroli
Organic Niaouli
Organic Nutmeg
Organic Orange Sweet
Organic Origanum
Organic Palmarosa
Organic Patchouli
Organic Pepper Black
Organic Peppermint
Organic Petitgrain
Organic Pine
Organic Ravensara
Organic Rosemary(France)
Organic Rosemary(Morocco)
Organic Sage
Organic Spikenard
Organic Tagetes
Organic Tarragon
Organic Tea Tree
Organic Thyme Red
Organic Vetiver
Organic Yarrow
Organic Ylang Ylang

Organic Carrier Oil listing

Organic Almond Sweet
Organic Apricot
Organic Argan
Organic Arnica in Sunflower Oil
Organic Avocado
Organic Borage
Organic Calendula
Organic Calophyllum
Organic Carrot seed in Sunflower Oil
Organic Jojoba
Organic Macadamia
Organic Olive Oil
Organic Rosehip Oil
Organic Sesame
Organic Sunflower
Organic St Johns Wort in Sunflower Oil
Organic Wheatgerm

Organic Hydrolats listing

Organic Basil
Organic Chamomile Roman
Organic Cistus
Organic Cypress
Organic Juniper
Organic Geranium Bourbon
Organic Geranium
Organic Helicrysum
Organic Inula
Organic Laurel
Organic Spike Lavender
Organic Lavender Fine
Organic Lemon Balm
Organic Peppermint
Organic St Johns Wort
Organic Myrtle
Organic Neroli
Organic Pine
Organic Ravensara
Organic Rosemary
Organic Rosemary Verbenone
Organic Santoline
Organic Rosewater
Organic Savory
Organic Sage
Organic Clary Sage
Organic Thyme
Organic Thyme Thymol
Organic Vetiver

Conventional oils listings

Conventional carrier oils

Conventional oils of Almond, Apricot, Avocado, Calendula, Carrier oil mix (avocado, grapeseed and wheatgerm), Carrot, Evening Primrose, Grapeseed, Hazlenut, Hypericum, Jojoba, Lime Blossom, Macadamia, Melissa, Peachnut, Rosehip, Sunflower, Wheatgerm, White Lotion.

The individual essential oils

Basil

Latin name: Ocimum basilicum
Properties: Warming, toning, clarifying, uplifting, energising
Size: 10ml Code: 1010

Benzoin

Latin name: Styrax benzoin
Properties: Warming, uplifting, revitalising, elevating
Size: 10ml Code: 1015

Bergamot

Latin name: Citrus bergamia
Properties: Balancing
Size: 10ml Code: 1020

Cajuput

Latin name: Melaleuca leucadendron
Properties: Stimulating, purifying
Size: 10ml Code: 1025

Caraway

Latin name: Carum carvi
Properties: Warming, stimulating
Size: 10ml Code: 1035

Cedarwood

Latin name: Cedrus atlantica
Properties: Warming, uplifting, toning, comforting and reviving
Size: 10ml Code: 1045

Chamomile German

Latin name: Matricaria recutita
Properties: Relaxing, soothing, calming
Size: 3ml Code: 1050

Chamomile Roman

Latin name: Chamaemelum nobile
Properties: Relaxing, soothing, calming
Size: 3ml / 10ml Code: 1055 / 1056

Citronella

Latin name: Cymbopogon nardus
Properties: Refreshing, stimulating, balancing
Size: 10ml Code: 1065

Clary

Latin name: Salvia sclarea
Properties: Visualising, centering
Size: 10ml Code: 1070

Clove bud
Latin name: Syzgium aromaticum
Properties: Stimulating, revitalising, calming, purifying, energising
Size: 10ml Code: 1075

Coriander
Latin name: Coriandrum sativum
Properties: Warming, comforting, uplifting, strengthening
Size: 10ml Code: 1080

Cypress
Latin name: Cupressus sempervirens
Properties: Purifying, warming, reviving, soothing
Size: 10ml Code: 1085

Eucalyptus citriodora
Latin name: Eucalyptus citriodora
Properties: Cooling, refreshing, energising
Size: 10ml Code: 1090

Eucalyptus
Latin name: Eucalyptus globulus
Properties: Cooling, refreshing, energising
Size: 10ml Code: 1095

Eucalyptus smithii
Latin name: Eucalyptus smithii
Properties: Warming, uplifting, toning, comforting, reviving
Size: 10ml Code: 1100

Eucalyptus staigeriana
Latin name: Eucalyptus staigeriana
Properties: Warming, uplifting, toning, comforting, reviving
Size: 10ml Code: 1105

Frankincense
Latin name: Boswellia carterii
Properties: Visualising, centering, balancing, clearing, purifying, warming, uplifting, revitalising
Size: 10ml Code: 1140

Geranium
Latin name: Pelargonium graveolens
Properties: Warming, balancing, refreshing, uplifting
Size: 10ml Code: 1145

Ginger
Latin name: Zingiber officinale
Properties: Stimulating, warming
Size: 10ml Code: 1150

Grapefruit
Latin name: Citrus paradisi

Properties: Cleansing, satisfying, stimulating,
 refreshing, uplifting
 Size: 10ml Code: 1155

Jasmine
 Latin name: Jasminum officinale
 Properties: Relaxing, warming
 Size: 3ml Code: 1170

Juniper
 Latin name: Juniperus communis
 Properties: Refreshing, stimulating, relaxing
 Size: 10ml Code: 1175

Juniper berry
 Latin name: Juniperus communis
 Properties: Restoring, purifying, clearing
 Size: 10ml Code: 1180

Lavandin
 Latin name: Lavandula x intermedia 'Super'
 Properties: Balancing, relaxing, soothing
 Size: 10ml Code: 1182

Lavender
 Latin name: Lavandula angustifolia
 Properties: Balancing, relaxing, soothing
 Size: 10ml Code: 1185

Lemon
 Latin name: Citrus limon
 Properties: Refreshing, rejuvenating,
 clarifying
 Size: 10ml Code: 1195

Lime
 Latin name: Citrus aurantifolia
 Properties: Refreshing, rejuvenating,
 clarifying
 Size: 10ml Code: 1203

Mandarin
 Latin name: Citrus reticulata
 Properties: Refreshing, rejuvenating
 Size: 10ml Code: 1205

Marjoram sweet
 Latin name: Origanum majorana
 Properties: Warming, comforting, calming
 Size: 10ml Code: 1210

Melissa
 Latin name: Melissa officinalis
 Properties: Strengthening, revitalising,
 soothing, calming
 Size: 3ml Code: 1215

Myrrh
Latin name: Commiphora myrrha
Properties: Purifying, restorative, uplifting,
revitalising, soothing
Size: 10ml Code: 1225

Myrtle
Latin name: Myrtus communis
Properties: Refreshing, stimulating
Size: 10ml Code: 1230

Neroli
Latin name: Citrus aurantium var amara
Properties: Uplifting, energising
Size: 3ml Code: 1235

Niaouli
Latin name: Melaleuca viridiflora
Properties: Stimulating, purifying
Size: 10ml Code: 1240

Orange bitter
Latin name: Citrus aurantium var amara
Properties: Refreshing, rejuvenating, energising,
clarifying, comforting
Size: 10ml Code: 1250

Orange sweet
Latin name: Citrus aurantium var sinensis
Properties: Refreshing, rejuvenating, energising,
clarifying, comforting
Size: 10ml Code: 1255

Palmarosa
Latin name: Cymbopogon martinii
Properties: Refreshing, rejuvenating, comforting,
balancing
Size: 10ml Code: 1260

Patchouli
Latin name: Pogostemon cablin
Properties: Rejuvenating
Size: 10ml Code: 1265

Pepper black
Latin name: Piper nigrum
Properties: Warming, comforting, uplifting,
strengthening, inspiring
Size: 10ml Code: 1270

Peppermint
Latin name: Mentha x piperita
Properties: Refreshing, stimulating, energising
Size: 10ml Code: 1275

Petitgrain
Latin name: Citrus aurantium var amara
Properties: Calming, uplifting, energising

Size: 10ml Code: 1280

Petitgrain-over-flowers

Latin name: Citrus aurantium var amara
Properties: Calming, uplifting, energising
Size: 10ml Code: 1285

Pine

Latin name: Pinus sylvestris
Properties: Refreshing, invigorating, stimulating,
strengthening, reviving
Size: 10ml Code: 1290

Ravensara

Latin name: Ravensara aromatica
Properties: Stimulating, purifying
Size: 10ml Code: 1295

Rose absolute

Latin name: Rosa damascena
Properties: Balancing, relaxing, inspiring, comforting
Size: 3ml Code: 1300

Rose geranium mix

Latin name: Rosa centifolia and Pelargonium
graveolens
Properties: Warming, balancing, refreshing, uplifting
Size: 10ml Code: 1305

Rose otto

Latin name: Rosa centifolia
Properties: Balancing, relaxing, inspiring, comforting
Size: 3ml Code: 1310

Rosemary

Latin name: Rosmarinus officinalis
Properties: Stimulating, refreshing, clarifying
Size: 10ml Code: 1315

Rosewood

Latin name: Aniba roseaodora
Properties: Comforting, warming, soothing,
balancing
Size: 10ml Code: 1320

Sandalwood

Latin name: Santalum album
Properties: Relaxing, warming
Size: 10ml Code: 1330

Tea tree

Latin name: Melaleuca alternifolia
Properties: Stimulating, purifying
Size: 10ml Code: 1340

Thyme sweet

Latin name: Thymus vulgaris ct linalol
Properties: Uplifting, reviving
Size: 10ml Code: 1350

Vetiver

Latin name: Vetiveria zizanioides
Properties: Relaxing, comforting
Size: 10ml Code: 1355

Yarrow

Latin name: Achillea millefolium
Properties: Refreshing, revitalising, stimulating, warming
Size: 3ml Code: 1360

Ylang ylang

Latin name: Cananga odorata
Properties: Calming, balancing, relaxing
Size: 10ml Code: 1365

How to use the oils

Massage

This is the most effective method of using the oils, combining their properties with the therapeutic power of touch. The skin absorbs the oil over a large surface area. The oils should not be used undiluted, but should be combined with an odourless carrier oil such as peachnut, grapeseed or sweet almond. Generally a dilution of about 3% essential oil is recommended - approximately 6 drops in 2 teaspoons of carrier oil.

Baths

Bathing is a simple, effective and pleasant way to use essential oils - water itself has therapeutic powers which enhance those of the oils. Add 5 - 7 drops of oil to a bath which has already been run and immerse yourself for up to 20 minutes. You can dilute the oils with a carrier if you wish. The heat of the water aids the absorption through the skin, whilst you also inhale the vapour. Use the same method for facial steaming. Do not use undiluted oils in baths for babies and young children. Take care with plastic baths - there are a few oils which may cause staining.

Vaporisation

All essential oils are antiseptic and evaporate easily, so they make very good air-fresheners. Different oils create different atmospheres, for example, relaxing sandalwood or clary sage are good for parties and peppermint clears your mind when you need to work. Put a few drops in a small bowl of water and place it on a source of warmth or use a nebulizer or aromastone – all designed to vaporize oils.

Perfumes

The oils may be used on their own or blended to make natural perfumes. Try experimenting with different combinations, and mix with a base vegetable oil or non-fragrant alcohol.

Essentia Shirley Price - Care for

The essence of aromatherapy is creating blends of essential oils for specific purposes. When two or more essential oils are combined the result is a synergistic blend, the beneficial effects of which can be far greater than those of the individual oils which make up the blend. To learn the art of synergistic blending requires years of dedication and experience.

The 'Care for' range is a unique concept developed by Shirley Price Aromatherapy, which enables you to care for yourself in your own home. Shirley Price Aromatherapy has created a range of unique blends of essential oils designed to address specific health needs.

The 'Care for' range of pure essential oils should NEVER be applied directly to the skin. The 'Care for' range can be used for massage by adding them to a carrier (15 drops to 50ml carrier oil/lotion) or alternatively you may wish to try the ready blended range of massage oils/lotions.

Pure essential oils mixes are available in a 10ml size whilst the ready mixed lotions or oils are available in a 125ml size.

After flight

An invigorating, energising blend of uplifting oils which can help reduce the effects of differing time zones.

Size: 10ml Code: 2005

Airways

Inhale this cleansing blend of oils or add a few drops to your bath daily. Use in a carrier lotion on the face, particularly on the nose and cheek bones, to free your nasal passages.

Size: 10ml / 125ml Code: 2080 / 2081 (lotion)

Cellulite

A blend of oils specially selected for their cleansing properties. Used regularly, this blend will reduce the unsightly dimples associated with cellulite.

Size: 10ml / 125ml Code: 2010 / 2014 (oil) / 2017 (lotion)

Circulation

A stimulating blend of oils to help maintain a healthy circulation and bring tone to the body and skin. Available as a pure essential oil mix to add to the bath or a ready mixed oil to be applied daily for best results.

Size: 10ml / 125ml Code: 2020 / 2024 (oil)

Clear head

This blend combines oils known for their clarifying properties. This natural preparation revives, refreshes and soothes the mind.

Size: 10ml / 125ml Code: 2035 / 2037 (lotion)

Fatigue

This blend will keep the mind alert and responsive even at the end of the day. Especially appropriate for use in the car.

Use in a vaporizer or inhale directly by placing a few drops of oil on a tissue.

Size: 10ml / 125ml Code: 2030 / 2030 (oil)

Joints

Available as a pure essential oil mix to add directly to the bath. Also available as a carrier oil or lotion to massage into appropriate areas twice daily.

Size: 10ml / 125ml Code: 2040 / 2044 (oil) / 2047 (lotion)

Muscles

This blend is ideal for tired and stiff muscles if used in the bath or in a ready mixed oil/lotion. It is effective for use before

and after sport, helping to prevent cramp and induce relaxation as well as for everyday aches and pains.

Size: 10ml / 125ml Code: 2060 / 2064 (oil) / 2067 (lotion)

Problem skin

To care for problem skins, this normalizing blend of essential oils in a lotion is ideal. Use daily as required on dry, flaky

or itchy skin.

Size: 125ml Code: 2075 (lotion)

Respiratory system

A tranquil, soothing blend. Inhale to help maintain healthy lungs. This blend is used for aiding effective respiration.

Size: 10ml Code: 2075

Rest

Known for their soothing and relaxing characteristics, these oils have been blended to help you rest naturally and

deeply during the night. A few drops on a tissue and placed either within your pillowcase or in the pocket of your

pyjamas is the most effective, or use 4—6 drops of the mix in a warm bath

Size: 10ml Code: 2085

Stresses and strains

This popular blend is an invaluable aid to relaxation during a busy or stressful day. It eases feelings of tiredness, leaves

you more relaxed, lessens tension and restores calmness

Size: 10ml / 125ml Code: 2090 / 2094 (oil) / 2097 (lotion)

Stretch marks

This carefully selected blend of essential oils, when used in the bath, will help keep skin supple and elastic.

Use 4 - 5

drops in a warm bath from the 4th month of pregnancy. It can also be applied, in a carrier oil, twice daily from the 4th

month of pregnancy or during weight loss to maintain skin tone.

Size: 10ml / 125ml Code: 2100 / 2104 (oil)

Visible veins

To care for your legs, we have prepared a blend of especially selected essential oils. Especially

Size: 10ml / 125ml useful where veins are visible in the calves and thighs.

Code: 2110 / 2114 (oil)

Women

This special blend is formulated with oils noted for their balancing and normalizing effects.

Size: 10ml / 125ml Code: 2120 / 2127 (oil)

Essentia - Carrier oils and lotions

All our carrier oils are produced by natural methods, without extreme heat, chemical interference or additives of any kind.

General instructions for use: add 15 drops of essential oil to 50ml of carrier oil or lotion.

Almond

Latin name: Prunus dulcis

Almond (sweet) is one of the most commonly used cold pressed carrier oils. It is known for its revitalizing and gently soothing properties.

Size: 125ml Code: 3005

Apricot

Latin name: Prunus armeniaca

Apricot is rich in vitamins. It is a natural moisturizer and helps to prevent itchy skin.

Size: 125ml Code: 3010

Avocado

Latin name: Persea gratissima

Avocado is a penetrating oil and invaluable when added to massage preparations for dry skin. It is rich in lecithin and

vitamins A, B and D and sometimes appears cloudy due to the oil not being refined.

Size: 125ml Code: 3015

Calendula

Latin name: Calendula officinalis

Calendula oil is produced by steeping marigold blossoms in sunflower oil. It is known for its gentle and soothing qualities

that aid the natural regenerative process.

Size: 125ml Code: 3020

Carrier oil mix

Latin name: Persea gratissima, Vitis vinifera and Triticum vulgare

This blend is formulated by Shirley Price Aromatherapy, consists of avocado, grapeseed and wheatgerm. It penetrates the skin easily, leaving it feeling smooth and soft. The added wheatgerm acts as a natural preservative and the avocado enriches the mix.

Size: 125ml Code: 3021

Carrot

Latin name: Daucus carota

True carrot oil is rich in beta-carotene and vitamins A, B, C, D, E and F. It makes an excellent skin tonic and is particularly good for delaying the ageing process.

Size: 50ml Code: 3025

Evening primrose

Latin name: Oenothera biennis

In aromatherapy evening primrose oil is used for its naturally soothing and regenerative properties on the skin.

Size: 50ml Code: 3030

Grapeseed

Latin name: Vitis vinifera

A fine, light oil it is not too greasy and is quickly absorbed into the skin, making it an excellent medium for massage

without leaving the skin feeling greasy.

Size: 125ml Code: 3035

Hazelnut

Latin name: Corylus avellana

Hazelnut is particularly beneficial to a combination or oily skin. It is astringent and stimulating to the circulation.

Size: 125ml Code: 3040

Hypericum

Latin name: Hypericum perforatum

Also known as St Johns Wort. It is produced by steeping the St John Wort flower in olive oil, with added plant properties.

Size: 125ml Code: 3045

Jojoba

Latin name: Simmondsia chinensis

Jojoba, in fact, is not an oil but a liquid wax. It is extracted from the seed of the plant and is noted for its protective barrier properties when rubbed onto the skin.

Size: 50ml Code: 3050

Lime blossom

Latin name: Tilia europaea

Lime blossom has been said to help wrinkles and can be used as an emollient.

Size: 50ml Code: 3055

Macadamia

Latin name: *Macadamia integrifolia*

Macadamia helps to replenish lost sebum in a dry skin and is highly emollient, making it essential for the older woman.

Size: 125ml Code: 3060

Melissa

Latin name: *Melissa officinalis*

Melissa is beneficial for use on dry and mature skins.

Size: 50ml Code: 3065

Peachnut

Latin name: *Prunus persica*

Peachnut oil comes from the kernel and is revitalizing and luxurious. It is a moisturizing oil, which will soften the skin.

Size: 125ml Code: 3070

Rosehip

Latin name: *Rosa canina*

Being a tissue regenerator, rosehip is ideal to use on the skin to help prevent premature ageing, minimize wrinkles and reduce scar tissue.

Size: 50ml Code: 3075

Sunflower

Latin name: *Helianthus annuus*

Sunflower oil is ideally suited for its use in aromatherapy for a normal to dry skin. It gives a smooth satin finish and is rich in vitamin E.

Size: 125ml Code: 3080

Wheatgerm

Latin name: *Triticum vulgare*

Wheatgerm is a rich oil and is excellent for dry, mature skin. It contains proteins and vitamins, including vitamin E. It can be too heavy to use on its own, being easier to use if a small amount is added to a lighter oil such as grapeseed. Wheatgerm is a natural preservative.

Size: 125ml Code: 3085

White lotion

This is a unique blend made up entirely of vegetable products and has been especially formulated by Shirley Price Aromatherapy. It is a perfect carrier for essential oils, being non-greasy and easy to apply. White lotion is easily absorbed into the skin, leaving it smooth and grease free.

Size: 125ml Code: 3090

Essentia Shirley Price skin care

Essentia skin care combines the essential beauty and power of plants and flowers into a range of specific, effective products. Essentia products do not contain synthetic perfumes, animal products or lanolin and are not tested on animals.

Essentia Shirley Price Traditional range

Essentia classic beautifully compliments the Shirley Price essential oils range by blending natural skin care bases with true essential oils.

The Essentia classic range offers a solution to all skin care requirements with the added value of aromatherapy oils to enhance and refresh the skin.

Cleansing cream
Normal to dry skin

With geranium, lavender and rosemary essential oils, this light and fluffy cream will cleanse without drying. It maintains the natural pH balance of the skin and leaves the skin feeling clean and soft.

Size: 50ml Code: 5501

Cleansing milk
Normal to oily skin

A natural plant based milk blended with essential oils of geranium, lavender and rosemary to gently lift impurities and make-up. Cleansing milk will thoroughly cleanse the skin whilst maintaining its correct pH balance.

Size: 200ml Code: 5502

Toning lotion
All skin types

A highly effective natural toner with essential oils of geranium and lavender to freshen, tone and revitalize the skin.

Completes the cleansing process without drying. Refreshes and cools the skin and tones the facial muscles.

Size: 200ml Code: 5503

Moisture lotion
Normal to oily skin

This fine, light lotion blended with essential oils of geranium, juniper and lavender will help to keep the skin supple and moist and preserve its natural elasticity. Moisture lotion protects the skin from harmful environmental conditions and regular use will normalize an oily skin.

Size: 125ml Code: 5507

Moisturising cream
Normal to dry skin

A beautiful blend of natural moisturizing ingredients, including carrot oil, which helps to maintain the skin's natural moisture balance and elasticity. Contains specially selected essential oils of frankincense, lavender and rose absolute to normalize a dry skin. Regular use will gently deter fine lines and wrinkles.

Size: 50ml Code: 5508

Rejuvenating night cream
All skin types

This smooth, regenerative cream softens and nourishes the skin and helps prevent signs of premature ageing and wrinkling. If it is used every night it restores suppleness and rejuvenates the appearance of the skin.

Contains essential oils of frankincense, lavender, patchouli and sandalwood.

Size: 50ml Code: 5509

Hand and body lotion
All skin types

This rich blend of benzoin, cypress, lavender and patchouli in a light moisturising lotion is absorbed quickly into the skin, instantly softening and protecting. Gently massage into the skin as often as required, particularly after washing or bathing for truly beautiful hands.

Size: 125ml Code: 5511

Lip balm

Chamomile, geranium, lavender and tea tree essential oils are blended into beeswax base to produce this uniquely

natural, nourishing and restoring lip balm. The lip balm includes a factor 12 sunscreen.

Size: 15ml Code: 5512

Tea tree soap

All skin types

Essential oil of tea tree provides the natural fragrance and antiseptic qualities of this vegetable based soap. It is

suitable for all skin types but is especially valuable for helping an oily skin.

Size: 100ml Code: 5513

Essentia plus

This range has been designed as a cosmetic skincare based on the original Essentia classic range but taking it one step further by using Neroli hydrolat and / or Aloe Vera instead of water therefore giving the product higher therapeutic properties. As with all Shirley Price products they are not tested on animals and do not contain any animal product.

Pretty serum

All skin types

Contains essential oils of frankincense and neroli and rose otto. This easily absorbed serum contains essential oils that

give the skin a silky smooth feel, increasing softness and elasticity. Normalising and revitalising.

Size: 30ml Code: 5704

Cypress exfoliating cream

Normal to dry skin

This creamy mask, containing bergamot, cypress and lavender, cleanses, smoothes and invigorates. Its exfoliating

action eliminates impurities, refines pores and helps to maintain a clear and healthy complexion.

Size: 50ml Code: 5705

Detox mud masque

Normal to oily/problem skin

This masque includes essential oils of cypress, grapefruit and juniper. It is cleansing, oxygenating and soothing and

leaves the skin feeling smooth and purified. Helps to normalise an oily, dull or problem skin.

Size: 50ml Code: 5707

All over flower serum

All skin types

A light moisturising serum, especially blended with selected oils of lavender, neroli and rose otto for their calming and

healing properties. Useful for any type of skin redness or dryness, soothes skin after exposure to sun and other

irritations.

Size: 200ml Code: 5713

Clear & pure make-up eliminating liquid

All skin types

A natural, plant based product blended with essential oils of clary sage, lavender and lemon to gently lift impurities and

make-up.

Size: 200ml Code: 5715

Face off masque

All skin types

This masque, with its soothing, regenerating and invigorating actions will activate blood circulation, revitalise and

promote a glowing, healthy skin. With regular use it will brighten the skin. Includes essential oils of grapefruit, lavender

and rosemary. Use before applying make-up.

Size: 50ml Code: 5717

Vegetable balancing tonic

All skin types

A highly effective natural toner with essential oils of geranium, peppermint and tea tree to balance, refresh and

regenerate a tired skin. Completes the cleansing process without drying.

Size: 200ml Code: 5719

Detoxifying seaweed day cream

Normal to oily skin

Contains essential oils of fennel, grapefruit and juniper. This fine cream, blended with essential oils of fennel, grapefruit

and juniper is detoxifying, cleansing and toning. As it soothes the skin it aids tissue repair.

Size: 50ml Code: 5722

Sleeping beauty cream

All skin types

Containing essential oils of jasmine, lavender and rose otto, this regenerating cream softens, soothes and tones the

skin. With a nourishing and anti-oxidant action, this cream helps prevent the signs of ageing and wrinkles.

If used every

night it restores suppleness and rejuvenates the appearance of the skin.

Size: 50ml Code: 5725

Essentia Shirley Price Body & hair care / Special products

Clear skin moisture cream

For blemished skin

Formulated specifically for an oily or blemished type skin. This cream includes essential oils of cedarwood, geranium, juniper and lemon and helps to normalize the oil producing glands in the skin, giving a clear appearance to the complexion.

Size: 30ml Code: 5019

Special E moisture cream

All problem skin

This natural moisturizer, based on avocado oil, is blended with essential oils of bergamot, geranium, juniper, lavender and sandalwood to normalize a blotchy skin with dry patches, thus helping to clear problematic skin.

Size: 30ml / 50ml Code: 5020 / 5021

Jasmine aromatic body oil

Jasmine aromatic body oil, with its exotic aroma is useful for relaxing a stressed skin, minimizing fine lines and tense muscles, helping the skin to appear smoother and healthier.

Size: 30ml Code: 6001

Neroli aromatic body oil

Neroli aromatic body oil is nourishing for dry and flaky skin. Because it is so deeply moisturizing, the skin appears younger, healthier and fresher.

Size: 30ml Code: 6002

Rose aromatic body oil

Rose aromatic body oil is rejuvenating, calming, nourishing and helps the delicate skin in the chest, face and neck area to appear smoother and younger.

Size: 30ml Code: 6003

Facial treat rejuvenator

This luxurious blend contains essential oils of fennel, frankincense, lavender and lemon in a base of grapeseed and wheatgerm. The facial treat blend reduces the appearance of wrinkles and scarring. This special mixture is also effective for reducing puffiness around the eye area, and maintains skin tone and sebum production.

Size: 30ml Code: 6004

After bath lotion

This light, non-greasy lotion is ideal for moisturizing your whole body after a bath or shower. A luxurious blend of special essential oils enhance the youthful appearance of the skin.

Size: 125ml Code: 6007

Sun milk

A soothing milk designed to moisturize and nourish the skin when exposed to the sun. Sun milk is specially formulated

to care for the skin while tanning and should be applied regularly. It does not contain a sun filter.

Size: 200ml Code: 6008

Peppermint balm

A light, moisturizing balm blended with essential oils renowned for their cooling properties. This balm is useful for

soothing and cooling the skin.

Size: 125ml Code: 6010

After shave balm

Prepared for the man whose skin is dry or irritable after shaving, this light, moisturizing balm is blended with lavender, peppermint and sandalwood to soothe and cool the skin.

Size: 125ml Code: 6011

Scalp tonic

The invigorating and restorative properties of cedarwood, juniper, lavender and rosemary are combined in orange

flower water to produce our special formula to care for thinning and impoverished hair. Used regularly in conjunction

with scalp massage, this tonic can improve the appearance of fine, thinning hair.

Size: 30ml Code: 6012

Shampoo

Our highly effective, specially formulated shampoos are enriched with essential oils to help dry, greasy, normal hair or

hair infested with headlice. The gentle cleansing action nourishes the hair while maintaining a natural pH balance,

leaving hair feeling extra clean and manageable.

Size: 125ml Code: 6013 (dry) / 6014 (greasy) / 6015 (normal) / 6023 (head lice)

Hair conditioner

A unique conditioner especially formulated with essential oils to help maintain healthy hair and scalp. The hair is left

feeling soft and silky as the conditioner imparts a healthy shine to the hair while nourishing the scalp.

Size: 125ml Code: 6016 / 6024 (head lice)

Foot reflex cream

A rich, thick massage cream containing essential oils of juniper, lavender and rosemary. Reflex cream was initially

designed to nourish the hard areas of skin on the feet. However, it is effective for elbows and knees too and can be

used as a massage cream for other areas of the body where the skin is dry.

Size: 30ml Code: 6017

Post epilation moisture cream

Formulated specifically for use immediately after hair removal, this soothing cream includes essential oils of lavender,

peppermint and sandalwood.

Size: 30ml Code: 6018

Scar care moisture cream

Formulated specifically for scarred and pitted skin, this nourishing cream includes the feeding and regenerative

essential oils of frankincense, lavender and myrrh. Used over a period of time the scar care moisture cream will give a

smoother appearance to the complexion.

Size: 30ml Code: 6019

Airways moisture cream

A superb, moisturizing cream with the addition of basil, eucalyptus, lavender and peppermint to maintain smooth and effective respiration.

Size: 30ml Code: 6020

Visible veins moisture cream

Specifically formulated for 'rosy cheeks' that become hot and uncomfortable, or are sensitive. This soothing, cooling cream includes essential oils of cypress, lemon and orange sweet which help to give a clear appearance to the complexion.

Size: 30ml Code: 6021

Chamomile eye drops

A gentle product that helps to relieve tired, dry or gritty eyes. Ideal to use before and after working at the computer and during the summer season to relieve itching and irritation of the eyes and eyelids.

Size: 10ml Code: 6022

Essentia Shirley Price Hydrolats

Melissa hydrolat

Melissa can be used to lift despondency and despair. It can be used on its own or in a mix as a skin clarifier.

Size: 200ml Code: 7007

Lavender hydrolat

Lavender makes this hydrolat ideal for all skin types. Its gentle nature also makes it safe to use on children, calming them and temper tantrums. Lavender hydrolat also makes a refreshing room spray.

Size: 200ml Code: 7008

Rose hydrolat

Added to the bath, rose hydrolat aids relaxation. Its mildly antiseptic and cooling properties make it useful for many applications. In fact, if rose is used in conjunction with the hydrolats of lavender and chamomile, you will be able to promote good general health.

Size: 200ml Code: 7009

Neroli hydrolat

Being astringent makes neroli the ideal treatment for delicate, sensitive and oily skins. It can be used as a toner.

Size: 200ml Code: 7010

Chamomile Roman hydrolat

One of the best all-round hydrolats. Its gentle nature makes it ideal for use on young babies and children. Chamomile Roman's astringent properties make it the best all-in-one make-up remover, cleanser and toner.

Size: 200ml Code: 7011

Essentia Shirley Price Vaporisers / Wooden boxes

Aromastream

Essential oils are added to an absorbent pad and then a fan diffuses the aroma into the room. The aromastream has the advantage of being safe as there is no naked flame. It is also possible to use different pads for different aromas (extra pads sold separately).

Code: 8005 Replacement pads Code: 8006

Car freshener

This porous diffuser can be used in the car, office and anywhere at home to diffuse essential oils. Select the oil you need for deodorizing, invigorating or for relaxing and drop them into the diffuser. This comes supplied with a self-adhesive sticker so that it can be securely fixed where it needs to give benefit.

Code: 8008

Aromastone

The aromastone is an electrically heated, glazed ceramic stone, supplied boxed with a plug and instructions.

Code: L8008

Wooden storage box

Made from alderwood, this sturdy box holds up to 24 essential oils and is ideal for storing your oils away neatly.

Available in a satin finish with a light wood colouring.

Dimensions: 200mm x 140mm x 80mm

Code: 9006

Miscellaneous Essentia Shirley Price

Starter kit

A carefully selected range of essential oils (including lavender and tea tree), 'Care for range' (including fatigue, rest and stresses & strains) are included in this kit. The kit also comes with 2 carrier oils and an informative booklet about aromatherapy.

Code: 9008

Hot pack

All who use the hot packs are instantly converted to them. For any friends who have recurring aches and pains this is a very welcome gift.

Code: 9014

Beddy-Bear

A fun alternative to the hot-pak, this soft cuddly bear contains wheat grains scented with a hint of lavender.

Available in brown, blue, purple, honey & pink

Code: 9011

Henry Warmheart

Henry Warmheart is an adorable furry bear standing 14" high, weighing just under 1 kilo. When heated for a couple of minutes Henry will provide gentle warmth and comfort for several hours.

(Contains flax seed and dried lavender flowers.)

Code: 9012

Beddy-Bear Buddies

These contain treated wheat grains and dried lavender flowers. They are fully microwavable and stand approximately 12" tall. Choose from bunnies, ducks or puppies.

Slippies

Slippies are a wonderful new product which can be enjoyed by all ages. These microwaveable foot warmers, containing flax seed and dried lavender flowers, offer warmth and comfort whilst releasing a wonderfully relaxing aroma. (Not suitable for diabetics). Available in 2 sizes: Medium (red & blue) and Large (blue & navy)

Code: 9013

Squishy

The Squishy is the ultimate cushion. The super stretchy outer material can be stretched to over twice its original size. It is great for use in the car, home, office, etc. Squeeze it, squish it, stretch it - you will not find a more comfortable cushion! (Not Microwavable)

Code: 9032

Books and Music

Kindly see separate list

Relax with Essentia Books and Music